

CRSC MEETING NOTES

November 20th 2016

OPEN WITH NA SERVICE PRAYER: 10:06 a.m.

1. Clean Time Anniversaries none
2. Approval of minutes no-will be sent out and most likely approved with next minutes.
3. Agree to meeting etiquette – Please stay on topic, don't reiterate what has been said, respect one another, and respect yourselves. If there is something you don't understand please ask for help.
4. Roll Call:
5. Reports

RCMs

- Boulder Area (RCM 1 & 2) Vanessa R. present-email report-new years dance flyer attached to it
- BFE Area (RCM 1 & 2) no report, no presence
- Mile High Area (RCM 1 & 2) Robbie R. present emailed report
- Mountains West Area (RCM 1 & 2) no report, no presence
- Off The Wall Area (RCM 1 & 2) Daniel F. no report-John K. emailed report attached
- Pikes Peak Area (RCM 1 & 2) Denise W. present email report attached
- Serenity Unlimited Area (RCM 1 & 2) Michael H. & Jake J. email report attached
- Southern Area (RCM 1 & 2) Dan B. reports area disbanding due to lack of service and attendance members. Will donate remaining 7th to PPANA.
- Ute Pass Area (RCM 1 & 2) Edgar S. present- will email report

Admin

- Chair Ray L. present no report
- Vice Chair Chuck C. present no report
- Secretary Tink L. present published only the reports emailed from sept assembly, no actual notes, but will post motions ratified
- Treasurer present Greg G.
- RD Tawni C. present email report attached
- RDA Aaron F. present reported open to input for literature projects meditation book and ip pertaining to medications.

CRCNA XXXI

- Chair Jim . several committee chair positions remain open, see flyer or attend CRCNA meetings listed on regional calendar. Nov 3-5
- At Crown Plaza near DIA.
- Vice Chair open
- Treasurer open
- Carl K. has brought to region to allow NAR-ANON to have space at every CRCNA and rent their space from us at the convention, space allowing. The clarity paragraph would be included in the CRCNA program. That paragraph attached via email. Proposal being written and we need this to go back to areas for a feel on the issue and request.

CRRMCO V

- DONE-elections today for incoming committee for CRRMCO VI

Subcommittees

- PR Chair Dan B. present –meeting attendance from various areas is good and business is getting done. Email report attached.
- H&I Chair Gene S. present-email report attached
- PI Chair open
- Web Chair Pat H. present-needs direction on what to do regarding Southern Area meeting list information. Email report attached.
- CNAC Board Chuck C. reporting-taxes are done. Difficulty finding accountant with strong experience in non-profit organizations. Have proposals from Crown Plaza for next two years with minimal increases each year. This would be the first of the multiple year contracts. 2018 and 2019 would be the first weekend of November date for convention.

6. Old Business. none
7. New Business. Proposal #1 pertaining to Learning Days-passed
Proposal #2 pertaining to Women's Retreat becoming an Annual Regional Event, having become large enough and having their own seed money to move forward. –passed
Proposal #3 pertaining to NAR-ANON leasing space at our CRCNA-to be taken back to Areas/Groups and will be in old business next Region.

BREAK FOR LUNCH

8. Elections-CRRMCO CHAIR-Derek W. nominated and qualified Derek W. elected
VI- CHAIR-Jeff S. nominated and declined
SECRETARY-no nominations
TREASURER- Jeff S. nominated and declined

Elections-CRCNA

- CRCNA V. CHAIR-Patrick G. & Joann D. both nominated and qualified-Patrick G. elected
- CRCNA TREAS-Darren M. nominated and qualified-clean time requirement not met, waived by CRSC Darren M. elected
- CRCNA V. TREAS-Daniel F. self-nominated and qualified Daniel F. elected
- CRCNA SECRETARY- Josh M. nominated and qualified Josh M. elected
- CRCNA H&H-Nellie H. nominated and qualified Nellie H. elected

ELECTIONS-REGION

- PI CHAIR-Russ E. nominated and qualified Russ E. elected

9. OPEN Discussion-ideas shared about GSR attendance to assemblies as brought by OTW Area RCM regarding comments at that area about being told what to do by Region. Refer to page #35 in NA GUIDE TO LOCAL SERVICES
10. Closing Treasury Report Greg G. present –Donations/Money Incoming \$1888. Expenses totaled \$1563 this cycle. Regional insurance paid this cycle and is \$1400. Ending Balance=\$1246.75

Next Meeting is January 22nd 2017 @ 1212 Mariposa Denver CO 10am.

Motion to Close Meeting Closed at 1:44 p.m.

UPANA REPORT

Good Morning! I am an addict named Edgar. The following is the Ute Pass Area report for Region.

- All Area service positions have been filled. Our ASC meets regularly on the first Friday of each month at 9pm at 1101 Rampart Range Road, Woodland Park.
- PI/PR has met with the local newspaper, The Ute Pass Courier, and an article has been published detailing the presence of Narcotics Anonymous in this area, and the specifics of our meeting schedule.
- Our three Groups and 4 Meetings are well-supported, and are meeting their 7th Tradition responsibilities. All Groups are following Traditions and Concepts. Each Group has a monthly business meeting and performs a Group Inventory.
- H & I is pending background checks for alternate members to be granted access for meeting in the Teller County Jail in Divide.
- ASC has purchased literature rack and IPs for Teller County Jail.
- Activities has held two events, a horseback ride on Cheyenne Mountain, and a meetup at a comedy show.
- We created a display of our Area for the history room at CRCNA XXX.
- Our Area participated in attending CRCNA XXX. This was a first NA Convention for some of our newest members. It was very exciting to receive the heartfelt and warm welcome during the Saturday Night event!

Thank you for this opportunity to serve.

In Loving Service,

Edgar S

WEB REPORT

NA Colorado Meeting Update Log and Web Servant Report, November 27, 2016
CRSC Meeting; November 20, 2016. Web Servant Report.

It has been a fairly quiet time for new or updated meetings in the Colorado Region. The biggest volume has been meetings that are no longer occurring; of which there have been 10 in the last 2 months. The other impact on the Printable Meeting List is the inactivation of the Southern Area due to lack of participation. The southern Area meetings that are not listed on the Pikes Peak Area meeting list; are still listed as Southern Area meetings for now. The chance of actually getting these groups involved with another area may, or may not, be good; but we will see how it goes.

The current Colorado Region Printable Meeting List is dated: November 27, 2016.

Meeting Updates:

Boulder Area:

Sunday

New Meeting - 7:00 PM - Ready to Work - O,D - Read to Work, 4747 Table Mesa Drive, Boulder

Monday

New Time 12/5/16 - 8:00 PM Start Your Week Off Right - O,D,WA - 1117 Kimbark Street, Longmont (This meeting was starting at 8:30)

Removed meeting from list - 7:00 PM - New Beginnings, O, D, (Teens Inc.) 151 East St. Nederland, CO

Mile High Area

Wednesday

Removed meeting from list - Noon - Freedom Group - O,D - 9998 Havekost Rd, Conifer (Church)

Removed meeting from list - Noon - TAT 2 - O,D - 126 W 2nd Ave, Denver

New Meeting – Noon - Not Alone at Noon - O,D - 10451 Huron St, Northglenn (#203, Side door by park'g lot)

Friday

Removed meeting from list - Noon - TAT 2 - O,D - 126 W 2nd Ave, Denver

New Meeting – Noon - Not Alone at Noon - O,D - 10451 Huron St, Northglenn (#203, Side door by park'g lot)

Off The Wall Area

The Greeley NA Nooner Group is now called the Solutions Group

Sunday

Removed meeting from list - 10:30 AM - Fort Collins - Fun Addicts - O,D - Park at 2201 S. Shields, At the covered bench's (October 23 is the last outdoor meeting of the season).

Monday

New Time - 7:00 PM - Greeley - Stairway to Recovery - O,D - 614 8th Avenue, (was previously 6:30pm)

Wednesday

New Time - 6:30 PM - Fort Collins - 2 X Genes - Woman's, LS - 1709 W Elizabeth St (was previously 6:00pm)

Saturday

Removed meeting from list - 7:30 PM - Fort Collins - O,D,WA - When at the End of the Road - 301 E. Stuart St.

Pikes Peak Area

All Clean & Serene meetings, in Pueblo, are listed under and considered part of the Pikes Peak Area. They have been removed from the southern Area meeting list.

All New Solution meetings, in Trinidad are listed under and considered part of the Pikes Peak Area. They have been removed from the southern Area meeting list.

Other Changes:

Sunday

Removed meeting from list - 6:00 PM - Stew Pot - O,RF,WA,Men - 58 Club Manor Dr., Pueblo, CO

Tuesday

Removed meeting from list - 7:30 PM - Rocky Mountain Rejects - C,D - 1140 I St., Salida,

Removed meeting from list - 7:30 PM - New Solution - O,D,WA - 120 W. Kansas Ave. Trinidad, CO (The meeting is not listed on the Pike Peak meeting list)

Wednesday

New time - 7:30 PM - Downtown Anonymity - O,RF - 420 N. Nevada, Room #235 (was previously 8:00 pm)

Thursday

New meeting - 7:00 PM - Ladies Night - WA,W - 1825 Dominion Way (Through church to trailer)

Removed meeting from list - 7:30 PM - New Solution - O,D,WA - 120 W. Kansas Ave. Trinidad, CO (The meeting is not listed on the Pike Peak meeting list)

As the Southern Area is no longer active: all "Southern Area" meetings that are not listed on the Pikes Peak Area meeting list, will be listed on the Colorado Regional Printable Meeting List under the Southern Area for now. I suspect that they should be listed as "un-affiliated NA groups in Southern Colorado" or something like that, if they do not join any Area. I will be talking to Dan B. and Pikes Peak to get a better perspective.

Pat H.

Greeley, CO

CRCNA 30 FINAL REPORT

CRSC CRCNA Chair's report Nov 20, 2016

My name is Bruce I'm an addict. CRCNA 30 is in the books. We will have all payments and deposits made by January and will provide final reports at that time. Joyce will report where we are to date. For me this has been a two year commitment and although a lot of work I want to take a minute to give the credit where the credit is due. Our Committee was absolutely outstanding. All I had to do was facilitate and every person on our committee met their deadlines and timeline without much supervision from me. Although I am the one here giving the report any and all credit belongs to the committee. Thank you very much to.

Jim M

Joyce P

Jenn M

Ty P

Maggie D

Tina W

Josh M

Jeff S

Amber B

Adam C

Vanessa R

Carl K
Russel H
Bill L
Sherri S

You guys are absolute Rock Stars and I want you to know I will never forget the year we spent together planning CRCNA 30. I have been on a few service committees and seen some craziness. I know we didn't always agree but what I am most proud of is we always respected each other and we had no nasty blow ups.

As far as the convention I received a lot of feedback from people that really enjoyed the convention and had a great time. I also received some feedback from people that did not like everything. Keep coming back or sign up for CRCNA 31. We as a team did most things very well but we did make some mistakes and we have discussed preparing a lessons learned list to pass on to the next convention team.

The moment for me was Saturday night after the main speaker an addict caught me in the lobby and asked if we had any more books. I said yes and walked him back to the main ballroom where a few of us gave him a book with our phone numbers in the book. Then we had a few more newcomers approach us and tell us how they heard the message and were ready to change their lives. The seed was planted.

I have with me today some pre registration items that were never picked up so if you are looking for your items please get with me. After today I will be placing these items in the storage unit. I also have Leonards CD set is there someone here from the Boulder area to pick it up for him? Let me know.

ILS

BruceB

PR REPORT

Public Relations Committee Report ~ November 20, 2016 ~ Dan B.

I'm happy to report that the Regional PR Committee is coming together very nicely. We have been experiencing growth in attendance at our monthly meetings. We met at the Village Inn in Castle Rock early in October. This served the purpose of including the Mile High Area and getting the meetings scheduled to accommodate them in the future. We have been having regular attendance by the Mile High area, Pikes Peak Area, DOC Coordinator, H&I chair, Web Servant, and one addict sitting in from Pueblo.

CRCNA 30's Workshop was a success! I believe we came away with a clear picture of some ideas on how we can improve our efforts in the coming year. We met Saturday morning prior to the workshop in the hospitality room to iron out some final details. However, we still ran into some complications at the beginning of the workshop. But in the long run we covered everything we wanted to. I had to purchase items for our round table discussions.

CRCNA 30 Workshop Review, these were the top 3 topics voted on to add color to H&I:
§ Flyers with service positions had 10 votes
§ Webinars for meetings and trainings had 7 votes
§ Training at the area and group level had 7 votes
These topics will be discussed at the next PR Subcommittee meeting.

An addict present at the workshop is interested in asking this committee if we can pipe speakers into the Fort Lyon Homeless Shelter: The shelter has a strong NA presence and currently holds meetings. These meetings need support. There was a discussion about speakers coming to share, and Kurt will be going to a meeting to speak in the near future. Dan and Gene also offered to speak via Skype or Google Hangouts.

We need to follow up on the professional contacts collected at the Colorado State Fair. Sage B has expressed an interest in helping with this task. The committee has given her the OK to make the initial contact and find out what help they are seeking.

I have to report that the Southern Area has disbanded, and I will be going to Pikes Peak area to ask how they can help, if they can absorb the phoneline, etc. Pat will get updates on some meeting changes for one group that was in the Southern Area (South Side Survivors in Pueblo), he'll remove Stewpot Mon. 6:30pm meeting in Pueblo (it no longer exists), and he will wait to hear more updates before making any other changes to the Southern Area meeting list.

DOC Coordinator Report (Terry C):

12 people attended the DOC training at CRCNA, they will be doing tours at the facilities. There are 75 volunteers in Colorado at this time, and panel coordinators for facilities are helping her plug them in to H&I DOC meetings.

She'll be working on writing down an outline of what her duties are, and organizing. She also talked about the request from Las Animas, and will wait to see if she hears from the individual who brought it up.

Russ E has volunteered to step up and serve as the PI Chair for this body. The PR committee has accepted his nomination and we will be nominating him today for election.

We had 2 budgeted expenditures since I last reported to this committee. I purchased supplies for our CRCNA 30 roundtable workshop. \$25.47 from the H&I Budget and \$36.79 PR Admin Budget. I will be requesting reimbursement for these today. I don't have exact numbers to report for our current budget today. We ran out of time at our last committee meeting. I can assure you that we are operating well within our budget.

Please feel free to join us for the next PR Subcommittee Meeting on December 11 at 12:00 pm at the Phillip S Miller Library 100 S Wilcox, Castle Rock, CO.

Thank you for letting me be of service!

Dan B

RD/RDA REPORT

RD/RDA Report

11-20-16

Greetings Colorado!

Aaron and I attend a virtual Zonal Forum Meeting on 11-3-16 where we continued the discussion about what more could our Zone do. As from Jayme's report in September it stated:

"RMZF met in Powell Wyoming in July. We discussed if we could do more as a Zone in the area of PR and Fellowship Development and we believe that we can. Next July the RMZF meets in Colorado and we agreed that the Regions that are part of our Zone would ask their Regions if they are willing to put forth a bit of cash to fund a half day PR event in Colorado next year. So far the response is positive from Montana. The hope for this type of activity would be to see if the Zone can provide services alongside our Zonal Forum meeting and to provide valuable PR support to cities and areas that could use help in their local community."

In our virtual meeting it was stated that 3 out of 5 Regions in the Zone have committed to giving up to \$100 to support this effort. I will be writing a proposal today to ask Colorado to contribute \$100.00 to the effort.

I would also like to ask this body if the idea of having a ½ day Professional symposium on the Friday before the Zonal forum to inform professionals and to use it as a learning tool for anyone involved in PR in our region as well as for the delegates from the other regions in our Zone, is a good way for our Zone to help with PR and Fellowship development in our Region and in our Zone.

The Zonal forum will take place somewhere in the Denver Metro Area (TBD) on July 21st and 22nd.

Here is the latest update from NAWS:

Guiding Principles: NA's new book, Guiding Principles: The Spirit of Our Traditions is available for purchase for \$11 in hardcover (item 1201) or softcover (item 1202). You can order the book through our online shopping cart <http://www.na.org/?ID=OrderLiteratureOnline-content>. We are working on a special edition and will send more details about that in November. Literature Projects: We have also posted questions that will help us frame project plans for two pieces of literature—an IP on recovery and mental health/mental illness <http://www.na.org/mhmi> and a meditation book www.na.org/meditationbook. Interested members can log on and share their thoughts any time before 1 June 2017.

PR Pamphlet: We have just published a pamphlet for use in public relations service work titled Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment. This pamphlet is intended for professionals who prescribe medication to treat drug addiction. We have posted it online at www.na.org/pr and, by the end of November, copies will be available for order from NA World Services as well.

Issue Discussion Topics: The Issue Discussion Topics for the cycle are:

Introduction to Guiding Principles,
Atmosphere of Recovery in Service, and
Applying Our Principles to Technology and Social Media.

Workshop outlines, PowerPoints, and handouts for the IDTs are all posted at www.na.org/idt. If you put on a workshop locally, don't forget to send us the input. The input helps us better understand local needs and concerns. We summarize what we've heard in the Conference Report each cycle. If any Area is interested in the RD team presenting the IDT's at a learning day or event please feel free to contact us.

In loving service,

Tawni C

Aaron F.

MILE HI AREA REPORT

After a few months of testing out our new GSF & LSC Service Structure, we are beginning the writing process for Guidelines. It seems opposite of what would normally happen, but this sequence has assured more transparency and group buy-in. Additionally, our guidelines rewrite process can be viewed live by any member of NA at the following link:

https://docs.google.com/document/d/15GICC3fYISDsSbEakZSMd_pNlegmZigPs2Mt2Wl8po/edit?usp=doclist_api

Our meeting structure is currently based around an entire Area business meeting to ratify proposals and set budget every quarter with GSF & LSC meetings monthly in between. This more or less reflects Colorado region and has been an exciting endeavor for all!

There are also a couple of different options for New Year's Eve activities;

New Year's Eve Ball Sat 12/31/16, 7390 W. Hampden Ave, starts at 6:30, there is a banquet, speaker, and a dance.

New Year's Eve marathon meetings 3315 Gilpin St from 9:00 PM on New Year's Eve til 4:30 PM New Year's Day, basic refreshments will be provided, feel free to bring your own food.

Thank You for letting me serve

Robbie R MHASC RCM

ARTICLE -- 1

NAME

The name of this committee is The Mile High Area Service Committee of Narcotics Anonymous (hereafter referred to as MHASC).

ARTICLE -- 2

PURPOSE

The purpose of the MHASC is to support its groups in fulfilling their primary purpose by providing services deemed necessary by the groups. In all its proceedings, the MHASC shall adhere to The Twelve Traditions, Twelve Concepts of Service of NA and the resources of the Guide to Local Services.

ARTICLE -- 3

MEETINGS

The regular meeting of the MHASC is held on the first Sunday of each month from 2:00pm to 5pm. It will be the MHASC responsibility to identify, consider and resolve conflicts in the next month's MHASC meeting date due to holidays. All MHASC meetings are non--smoking.

The Budget Planning Meeting will be held during the regular MHASC meeting at 2:00pm, every December, March, June, and September.

The MHASC Chairperson or any MHASC Group Service Representative (GSR), with the written request of six (6) other MHASC GSR's, may call special meetings. The purpose of this meeting shall be stated in the request and will be disclosed to all GSR's at least ten (10) days prior to the special meeting. No other business than that for which the meeting was called may be conducted. The MHASC secretary or a delegated person will notify all GSR's, administrative committee members and subcommittee chairs of any such meeting.

Fifty percent (50%) of the average number of GSR's attending over the past three (3) month period constitutes a quorum for the purpose of holding each MHASC meeting.

ARTICLE -- 4

MEMBER GROUPS

An NA Group is any meeting that meets regularly at the same time and place and follows the guidelines set forth by the World Service Conference of Narcotics Anonymous. For a new group to be eligible for inclusion in the MHASC, they must attend the monthly area meetings. Any GSR present may participate in the voting process.

ARTICLE -- 5

MEMBERS

The MHASC shall follow the guidelines set forth in the Twelve Concepts for NA Service and A Guide to Local Service, including, but not limited to, the guidelines for what constitutes a voting and a non--voting member.

The MHASC is comprised of the Administrative Committee, Subcommittee Chairs, GSR's and GSR Alternates. The MHASC has two (2) types of members: Decision Makers and Participating Members.

Decision Makers

A Decision Maker shall be one (1) GSR per group, Chairs of Subcommittees and the Administrative Committee.

Participating Members

A Participating Member would include any NA member attending the MHASC meeting.

MHASC TRUSTED SERVANTS

The MHASC Administrative Committee Trusted Servants are the Chairperson, Vice Chairperson, Secretary, Treasurer, Assistant Treasurer and the two (2) Regional Committee members (hereafter referred to as RCM's) and a Colorado Regional Convention of Narcotics Anonymous (CRCNA) Liaison (hereafter referred to as CRCNA Liaison).

All trusted servants, administrative committee and subcommittee chairs, serve for one year (RCM's serve two (2) years) and are elected by the GSR's present. No trusted servant shall be eligible to serve more than two (2) full year consecutive terms in the same position unless approved by a 2/3--majority vote of the present GSR's. The extended term shall be no more than one (1) year in length and shall be used to find a qualified candidate for the position. No administrative committee trusted servant should hold more than one area service level position at a time.

All Administrative Committee and Subcommittee chairs shall provide a written and a verbal report (email reports, if possible, to MHASC Secretary within 7 days after MHASC) to the MHASC meeting in

order to further Concept Eight, "Our service structure depends on the integrity and effectiveness of our communications."

Any MHASC elected trusted servant may be removed from their position for non-compliance including, but not limited to:

1. Loss of continuous clean time.
2. Non-fulfillment of the duties of their position.
3. Absence at two (2) consecutive meetings (unless otherwise represented by member of the subcommittee or administrative committee) or excessive absenteeism.

Any Trusted Servant or Subcommittee Chair may resign by providing written notice to the MHASC Chairperson thirty (30) days in advance of vacating a position.

Trusted Servants Duties -- Administrative Chairperson

It is suggested that the MHASC Chairperson have a minimum of five (5) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service, and presents a history of completed NA service positions.

Chairperson's Responsibilities:

1. Arranges agenda, including opening treasurer's report.
2. Opens and presides over the monthly MHASC meeting and presents proposals to MHASC.
3. Co--signs the MHASC bank account.
4. Holds a key to the PO Box.
5. Ensures that procedures are consistent with the adopted guidelines of the MHASC.
6. Appoints Ad--Hoc Committee Chairpersons. Ad--Hoc committees are appointed by the Chair for a specific purpose, are disbanded once the purpose is achieved and a final report is submitted to the MHASC. (Ad--Hoc Chairs do not have a vote at the MHASC.)
7. Submits a verbal and written report of monthly activities.
8. Recognizes members or observers who are entitled to the floor.
9. Votes in case of a tie in elections.
10. Reviews and approves the monthly balancing of the checking account provided by the MHASC Treasurer.
11. Attends quarterly budget planning meeting with Administrative Committee quarterly budget request.
12. Submits a quarterly budget of the Administrative Committee for approval by the MHASC.
13. Directs consensus based decision making process.

Some qualities to consider when electing a Chairperson are: impartiality, leadership, communication skills, organization skills, and a calm spirit. (See 4th Concept)

Vice--Chairperson

It is suggested that the MHASC Vice--Chairperson have a minimum of four (4) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service, and presents a history of completed NA service positions.

Vice--Chairperson's Responsibilities:

1. Serves as the Chairperson in the absence of the MHASC Chairperson.
2. Co--signs the MHASC bank account.
3. Contacts the standing subcommittees and coordinates their functions. In the event of a vacancy of an elected position, the vice--chair is to act as standing chair of that position and report to area until such time that the position is filled.
4. Submits a verbal and written report of monthly activities.
5. Assists the Chairperson in any duties as may be mutually agreed upon, learning from the Chairperson those duties inherent in the Chairperson's position.
6. Responds to all inquiries of members relating to policy and procedure.
7. Attends quarterly budget planning meeting.
8. Responsible for determining meeting schedule for MHASC on a Semi-Annual basis to account for and consider holidays.
9. Responsible for informing the facility where MHASC meets on schedule
10. Confirming payment schedule with the facility where MHASC meets on a Semi--Annual basis and reporting payment schedule to the Treasurer.

Some qualities to consider when electing a Vice--Chairperson are: willingness to serve, ability to learn, communication skills, and integrity. (See 4th Concept)

Secretary

It is suggested that the MHASC Secretary have a minimum of two (2) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service, and presents a history of completed NA service positions.

Secretary's Responsibilities:

1. Keeps accurate minutes of the MHASC.
2. Types and distributes copies of the minutes to each MHASC member no later than ten (10) days following the MHASC meeting.
3. Holds a key to the PO Box. Notifies and distributes to recipients of mail accordingly.
4. Performs the roll call at all MHASC meetings.
5. With permission of members, annually updates newly elected administrative committee members and subcommittee chairs with the World Service Office of Narcotics Anonymous.
6. Has on hand at each meeting a list of MHASC members to include their name, position, phone number, address or e--mail. To be used solely for the purpose of distributing minutes.
7. Maintains the area archives. Annually inventories, archives and stores appropriate materials.
8. Notifies MHASC members of special meetings.
9. Attends quarterly budget planning meeting.

Some qualities to consider when electing a Secretary are: communication and organizational skills, word processing skills, accuracy and punctuality. (See 4th Concept)

Treasurer:

It is suggested that the MHASC Treasurer have a minimum of five (5) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

Treasurer's Responsibilities:

1. Acts as the custodian of all MHASC funds.
2. Accepts contributions from groups and subcommittees, deposits all contributions within five (5) business days and disburses funds as directed by the MHASC.
3. Keeps a record of all contributions and disbursements.
4. Keeps a record of all group payments for literature. This record should also include expenses incurred by the literature committee.
5. Within five (5) days following Area, the treasurer sends the Area, Literature, and Budget spreadsheets to the Secretary to be included in the minutes.
6. Transfers approved funds between the Area and Literature sub--accounts.
7. Acts as the primary signer for the MHASC bank account. The Treasurer will have either the Chair or the Vice Chair sign all checks on the memo line.
8. Balances the MHASC checking account monthly and notifies the Chairperson immediately if there is any discrepancy.
9. Follows the guidelines set forth under ARTICLE 10: Disbursements.
10. Prepares the budget on a quarterly basis, to be approved by the Chairperson prior to the budgetary planning meeting. In doing so, the Treasurer follows the guidelines set forth in ARTICLE 10: BUDGETS.

An effective Treasurer will be: accountable, trustworthy, organized, "good at managing their own finances, and inspire trust of the committee. Experience in business, accounting, bookkeeping, or as a successful group treasurer is helpful" (GLS). Good Excel skills are highly advantageous in this position. (See 4th Concept)

Bounced Check Policy: When any check written to the MHASC is returned for insufficient funds, the Treasurer informs the writer of the check at the next Area meeting. The amount of the returned check needs to be reimbursed to the Area either in cash or with a money order. Until this is taken care of, Area will not accept any further donations or literature orders from that individual. In addition, the MHASC will no longer be able to accept checks from that person.

Treasurer's Assistant:

It is suggested that the MHASC Treasurer's Assistant have a minimum of four (4) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

Treasurer's Assistant's Responsibilities:

1. Verify that literature orders are correctly added up and verify the funds paid. This involves noting any "overages" from groups which are to be donated to the Area.
2. Work side by side with the Treasurer, learning the above--stated responsibilities in order to be prepared to take on the position of Treasurer in July, if elected.

An effective Treasurer's Assistant will be: accountable, trustworthy, organized, willing to learn, "good at managing their own finances, and inspire trust of the committee. Experience in business, accounting, bookkeeping, or as a successful group treasurer is helpful" (GLS). Good Excel skills are highly advantageous in this position. (See 4th Concept)

MHASC PR Coordinator

It is suggested that the PR Coordinator have a minimum of 5 years clean time, has demonstrated a working knowledge of the Twelve Steps and Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

PR Coordinator Responsibilities:

1. Sets up monthly agenda for roundtable discussion of each subcommittee involved in PR
2. Facilitates roundtable discussion using Consensus Based Decision making to help committees work together toward furthering NA's primary purpose
3. Coordinates communication between subcommittee's between monthly meetings to help subcommittees complete tasks and projects completely and in a timely manner
4. Creates and maintains a service pool list of service members that are willing to serve in any capacity
5. Utilize service pool when subcommittees are in need of additional trusted servants Communicates and posts all available service positions to the website working in conjunction with the website subcommittee to create a viable forum in which this information can be communicated

Regional Committee Member

It is suggested that the MHASC RCM have a minimum of four (4) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

Regional Committee Member's Responsibilities:

1. Attend all MHASC meetings, Colorado Regional Service Committee (CRSC) meetings and CRSC Assemblies.
2. The longest serving Regional Committee Member serves as the MHASC Chair in the absence of the MHASC Chair and MHASC Vice Chair.
3. Represents the interests of the MHASC at the CRSC and carries the MHASC's groups' consciences.
4. Submits a written report of monthly activities and a copy of information submitted to the CRSC at each MHASC meeting. Also submits a written report to the CRSC of MHASC activities.
5. Attends quarterly budget planning meeting.

Some qualities to consider when electing a RCM are: consistency, effective communication skills, decision--making skills and open--mindedness. (See 4th Concept)

Colorado Regional Convention of Narcotics Anonymous (CRCNA) Liaison

It is suggested that the MHASC CRCNA Liaison have a minimum of two (2) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

CRCNA Liaison's Responsibilities:

1. Attend all MHASC meetings and CRCNA committee meetings.
2. Represents the interests of the MHASC at the CRCNA committee and carries the MHASC's groups' consciences.
3. Submits a written report of monthly activities and a copy of information submitted to the CRCNA committee at each MHASC meeting. Also submits a written report to the CRCNA committee of MHASC activities.
4. Attends quarterly budget planning meeting.

Some qualities to consider when electing a CRCNA Liaison are: consistency, effective communication skills, decision--making skills and open mindedness. (See 4th Concept)

ARTICLE -- 7

ELECTIONS

Annual elected positions except the CRCNA Liaison and one RCM will be announced in May with nominations and elections for the positions in June. The CRCNA Liaison position will be announced in December with nomination and elections for the position in January. One RCM position becomes available per year in order to stagger the experience.

Only GSR's present will vote at all MHASC elections.

An election to fill a vacancy of an elected position is to be announced upon vacancy of that position with the nomination and election for the position at the next MHASC meeting.

Nominations

Any member of NA can be nominated but the nomination must be seconded by a Decision Maker of the MHASC. All nominees must be present at both the meeting at which they are nominated and the meeting in which the vote is taken to fill the position. Participants will be given the opportunity to ask questions and/or voice their objections (if any) concerning any nominee, while the nominee is present.

Elections

1. A vote will be taken for all elected positions regardless of the number of nominees.
2. If there is only one nominee for a position after nominations have been closed, the election is known as a vote of acclamation and will be indicated as such by the Chairperson. The nominee must then receive 2/3rds of the participating votes to be elected. If the nominee fails to receive 2/3rds then nominations will be reopened.
3. While the voting process is taking place, the nominees should leave the room.
4. The Chairperson will ask who is in favor of the first candidate nominated, then the second, and so on. All votes for a candidate will be counted before moving on to the next one.
5. There are no votes "against" a candidate. The only votes that will be tallied are those in favor of the candidate and those abstaining from the vote.
6. The nominee who receives the most votes will win the election of the position.
7. The Chairperson will vote only when a vote total is tied.
8. The final vote totals will NOT be reflected in the minutes.

ARTICLE -- 8

VOTING PROCEDURES ON PROPOSALS:

Quorum is comprised of 50% of the average number of GSR's attending the MHASC over the past three months.

All proposals are decided through Consensus--Based Decision Making.

Any NA member is welcome to attend the MHASC, introduce proposals and participate in discussion.

Consensus--Based Decision Making

The use of Consensus--Based Decision Making admittedly takes longer to achieve an outcome to an issue, called a proposal. But the results are understood by all in attendance at a more significant level of comprehension. In addition, any proposal can be easily changed or modified as discussion progresses.

Making a motion, requiring a second and so forth are no longer needed. Decision Makers become a single point of accountability to those that they represent (see 12 Concepts of NA Service).

Consensus--Based Decision Making Process

1. Bring proposals to the MHASC. Formulate clear proposals in advance with as much communication and collaboration as possible to facilitate the consensus decision process.
2. Maker of the proposal speaks first to the intent.
3. Open up the floor first for clarifying questions about the proposal (not a debate on the merits but a brief session to be sure everyone understands the proposal).
4. Facilitator asks whether anyone has reservations about the proposal. These are heard and they may be answered or the proposal may be modified.
5. Once all reservations have been heard and answered in this way, Facilitator asks, "Do we have consensus?" Participants respond in one of four ways:

a. Assent. This means that the Decision Maker supports the proposal, all things considered. It may not mean that the Decision Maker is in agreement with every aspect, but that the Decision Maker has heard the discussion and has had a chance to participate in the process of finalizing the proposal, and is prepared to support the final proposal. Assent is signified by remaining silent.

b. Assent with Reservations. This option is not materially different from the Assent option but is included as a way of giving Decision Makers a place to stand when they do not want to object more strongly, but they do want to note that they have reservations. Assent with Reservations is done by the Decision Maker raising their hand and simply saying when the facilitator calls on them, "Assent with Reservations." The assumption is that the reservations have been heard already, and the Decision Maker is simply noting that they can support the proposal and continue to have these reservations.

c. Stand Aside. A common misconception about the Stand Aside option is that it is similar to an abstention. It is not. It is more accurate to say it is similar to a "no" vote. It is a statement that the Decision Maker does not support the proposal, but the Decision Maker's objection is not of the nature or the severity to warrant a block. Should the number of Decision Makers opting to be Stand Asides reach 15% or more, this will indicate a consensus too weak to adopt the proposal. The proposal is then either dropped or delegated to the maker of the proposal or an Ad Hoc Committee for reworking.

d. Block. This option is also commonly misunderstood. Given that a proposal can be defeated by a sufficient number of Stand Asides, the Block should be an extremely rare step taken only when a participant honestly believes that one of the Traditions or Concepts is directly violated by this proposal. A Decision Maker who blocks must be able to articulate which Tradition or Concept or Spiritual principle fundamental to NA is violated by the specific proposal.

ARTICLE -- 9

SUBCOMMITTEES

The Subcommittees of the MHASC are Activities, Training Coordinator, Hospitals and Institutions (H & I), Literature Supplies, Outreach, Phonenumber, Public Information (PI) and Web Servant.

All Subcommittee Chairs are elected by the MHASC. It is suggested that the MHASC Subcommittee Chairs have a minimum of two (2) years continuous clean time, have demonstrated a working knowledge of the Twelve

Traditions of Narcotics Anonymous and Twelve Concepts for NA Service, and presents a history of completed NA service positions.

It is the duty of each Subcommittee Chair or Representative to:

1. Attend and provide written reports, within seven (7) days to the area secretary, of all monthly activities at each MHASC meeting.
2. Announce and hold regularly scheduled Subcommittee meetings.
3. Attend quarterly budget planning meeting.
4. Submit quarterly itemized budgets for approval to the MHASC.
5. Elect or appoint other committee members as necessary.
6. Channel all funds received to the Treasurer (in absence of treasurer, to the assistant treasurer) of the MHASC within 7 days following any event that has generated funds.
7. MHASC Subcommittee Guidelines are submitted in writing and approved by the MHASC. Updates, amendments or changes to guidelines are also presented and approved by the MHASC.
8. Function within the principles of any World Service handbook, guideline or guide unless stated in writing by the Subcommittee or MHASC as a group.
9. Ensure all meetings are non--smoking.

Activities

The purpose of the Activities Subcommittee is to provide the fellowship in the MHASC with recovery-- oriented events, activities and merchandise. The funds generated through the Activities Subcommittee belong to the MHASC and are to be used to further our primary purpose.

Hospitals and Institutions

The purpose of the Hospitals and Institutions Subcommittee (H&I) is to conduct panels and meetings that carry the message of NA to addicts who often have no other way of hearing our message.

Literature Supply

The purpose of the Literature Subcommittee is to provide NA approved literature for purchase by the MHASC members and individual Decision Makers attending the MHASC. This is accomplished by purchasing in bulk from the Narcotics Anonymous World Services (NAWS) in order to keep an inventory available for resale. Each order is charged ten percent (10%) in order to help cover shipping costs and to continue to restock the literature supply on hand. All money generated is reconciled between the Chair of the Literature Subcommittee and the MHASC Treasurer by the close of each MHASC meeting. When the balance for Physical Inventory and Cash Flow in excess of 4000.00\$, Cash Flow shall be transferred to Area to create a balance of 4000.00\$.

The Literature Subcommittee may also have the opportunity to participate in the review and input of NA literature seeking conference approval. The Literature Subcommittee can also develop original materials to be submitted to NAWS. All such material must be presented to the MHASC before being sent to NAWS.

Outreach

The purpose of the Outreach Subcommittee is to provide assistance in overcoming the isolation that can hinder the growth of any addict seeking recovery. The focus and goal is to help NA groups or individuals feel a part of the larger NA community. Communication between Outreach, H&I, and PI is suggested in order to avoid duplication of efforts.

Phone Line

The purpose of the Phone Line Subcommittee is to maintain the information/help line for the MHASC known as "303--832--DRUG". It is the responsibility of this committee to consistently update the information on the information/help line, coordinate schedules for volunteers to man the help line and provide training for our volunteers in accordance with A Guide to Phoneline Service.

Public Information

The purpose of the Public Information Subcommittee (PI) is to provide conference approved NA literature, speakers and information to the public. The Public Information Subcommittee serves as a resource about NA in the area that the MHASC serves.

Training Coordinator

The purpose of the Training Subcommittee is to provide education primarily to the MHASC GSR's and GSRA's about the responsibilities of their position, general descriptions of other positions held at the MHASC and any training for the MHASC members deemed necessary by the MHASC.

Website

The purpose of the Website Subcommittee is to maintain the website www.nacolorado.org/denver and provide meeting lists to the fellowship. It is the responsibility of this committee to consistently update MHASC activities, MHASC Meeting List and perform maintenance as needed on the website.

ARTICLE -- 10

FISCAL RESPONSIBILITY

DISBURSEMENTS

The priority of disbursements of the MHASC is to be as follows:

1. Contractual obligations are automatic and do not require a vote of the MHASC
2. MHASC budgeted items are to be paid automatically and do not require a vote but must be prioritized in the event of a shortfall.
 - A. Contractual Expenses
 - B. Subcommittees
 - C. Pass excess along the service structure
3. Non--contractual, non--budgeted expenditures require a vote of the MHASC and must be prioritized. Expenditures that cannot be met at that month's meeting must be given highest priority at the next MHASC.

All disbursements must be receipted.

Non--receipted disbursements must be accompanied by a written estimate of planned expenses. Once the expense is completed, all receipts and funds must be turned into the MHASC Treasurer for reconciliation by the next MHASC meeting.

In order to prevent our members from spending personal funds it is suggested that disbursement checks be written to a specific supplier of goods and services.

As a last resort, a member may spend personal funds and must submit a receipt in order to request a reimbursement from the MHASC.

BUDGETS

1. Contractual obligations are defined as any contract between MHASC and any outside entity. These include but are not limited to: phone services, advertising, meeting space rent, storage space rent.
 - a. Provisions are to be made to reserve funds for expenditures that are annual and biannual.
 - b. Budgeted contractual obligations must be adjusted quarterly. Budgeted contractual obligations are defined as one quarter (1/4) of the annual contractual obligations. Careful consideration is suggested when voting to disburse from the budgeted contractual obligations. Once disbursed, the budgeted contractual obligations would need to be replenished as soon as possible in order to meet contractual obligations for the fiscal year.
 - c. The Chair will appoint an Ad--Hoc committee to research, review, and/or renegotiate all contracted expenses on an as--needed basis. This Ad--Hoc committee will make recommendations based on their findings to the MHASC. Addition or removal of a contractual obligation must be approved by the MHASC.
2. Quarterly Budgets
 - a. Each subcommittee chair will provide sufficient copies for GSR review of detailed proposed budget.
 - b. A quarterly budget cannot exceed the average income of the three previous full quarters minus funds necessary to cover our contractual obligations for the next 3 months.
 - c. Subcommittee budgets are to be determined at the quarterly budget planning meeting.
 - d. Quarterly budgets will be approved by the MHASC.
 - e. At the end of each quarter, all monies in excess of \$600.00, after expenses and budgeted contractual obligations, will be considered for disbursement down the service structure at 40% to World and 60% to Region.

Fiscal year for the MHASC begins July 1 and ends June 30.

Quarters are as follows: Budget Planning Meeting Held

1 st Quarter	July through September	June
2 nd Quarter	October through December	September
3 rd Quarter	January through March	December
4 th Quarter	April through June	March

Approved May 2, 2010, revised March 2012

BOULDER AREA REPORT

Good Morning

Boulder is alive and clean!

2 key notes:

1. Tri-Area New Year dance. Flyer below.

2. Boulder Area activities Chair as set a email account for all area activities Chair to participate in. With the idea to work in unity and always stay connected.

TJ Boulder Activities Chair would appreciate if the RCM would pass this information to there activities chairs. Activities new email account is NAColoradoActivities@gmail.com

password is drugsarebadmmkay

Thank you for letting me of service.
Vanessa R.

H & I REPORT

Regional Meeting November 20, 2016

H&I Chair Report

Thank you to the CRCNA sub-committee for you hard work. CRCNA was an amazing fun and productive experience.

Broadcast Facility Input:

While overall experience was overwhelmingly positive and we have received an expression of gratitude from the facilities present during the call, we have also received some constructive feedback. Rifle and Delta Correctional facilities have expressed difficulties with hearing the speaker. They have requested improvement in the technology for the next year and possibly including a video streaming of the speaker to the facilities.

CRCNA Workshop:

We had a productive workshop at CRCNA. We received valuable feedback from the fellowship on how to improve H&I structure and communication. The fellowship came up with a number of suggestions. Three of the suggestions that received the most votes from the fellowship will be the focus of the H&I subcommittee for this year. These three suggestions are:

- Create flyers with available service positions in H&I and distribute to areas and individual meetings
- Provide Webinars for H&I subcommittee meetings and facility trainings
- Provide H&I training at areas and at individual meetings

Facility Information:

- New meeting was started in Fort Lyon Homeless shelter (SE corner of the state)
- New meeting was started at the Salvation Army in the Serenity Unlimited Area
- Federal Correctional Institution (FCI) facility on Kipling and Quincy still has its meetings on hold due to lack of volunteer coordinator at the facility.
- We have received a request from members to start a meeting at the Bent County Correctional Facility in Las Animas, CO. Five members who live in the area have stepped forward and volunteered to form a panel for the facility. We have initiated the process of application and approval.
- However, H&I subcommittee has decided to hold on starting new meetings for now until we can get more organized and carry a consistent NA message and establish a clear line of accountability. Therefore, these members have been notified of this situation and are willing to help in other facilities once approved until we are ready to start new meetings.

DOC Literature Requests:

Our line of communication and accountability is improving and we are receiving reports from DOC facilities. We have received reports from five out of ten DOC facilities. We have received the kite information from the following facilities:

- Sterling East Side – 19 kites
- Sterling West Side – 10 kites
- LaVista – 7 kites for Basic Texts plus a request for pamphlets

H&I has received a donation of 35 Basic Tests. We have decided to provide 7 basic texts to LaVista. Due to the extraordinarily high requests for literature from Sterling Correctional facilities we have decided to implement a 2-kite guideline at Sterling. This is geared to improve our prudence as a subcommittee and provide literature to the inmates who are truly committed.

Regional H&I Guidelines:

The Regional H&I Subcommittee Guidelines previously approved by the regional body are in the process of being posted at <http://nacolorado.org/members/region-guidelines-pdf/>

Regional H&I Subcommittee has on its agenda for this year to make amendments to these guidelines. Some of the areas that we are looking at are:

- Rotation of Service
- Responsibility of Subcommittee Members
- Splitting the position of DOC coordinator into multiple positions with fewer responsibilities
- Literature Request Guidelines

The detailed proposal of changes will be presented to this body once available.

Suggestions from the fellowship are welcome and can be sent to crscnahandi@gmail.com

Funds:

\$25.47 was spent on supplies for CRCNA workshop. This is a budgeted item under "print/postage". We are requesting reimbursement for this amount.

H&I Subcommittee meetings have been incorporated into PR subcommittee meetings under one umbrella. They take place the first Sunday of the month at 12:30 pm at Philip S. Miller library in Castle Rock. All are welcome to attend.

Thanks for letting me be of service,

Gene S.

CRCNA XXX V CHAIR FINAL REPORT
November Regional Assembly

CRCNA XXX Vice Chair Report/CRCNA XXXI Chair Report

As Vice Chair for CRCNA XXX I want to first thank the fellowship of the Colorado Region of NA who were able to attend CRCNA XXX. It was an honor to have the opportunity to serve on this convention committee. Each and every committee chair stepped up to the plate and hit a home run. The dedication and willingness to serve this Region never ceases to amaze me. If I am honest, the most touching event of the weekend for me is always the clean time countdown, having the opportunity to pass out books and hug newcomers always brings me to tears. I always say I will never be the same after a convention and this year has proven no difference.

Thank you for entrusting me to serve the Colorado Regional Convention of NA XXX! As Chair for CRCNA XXXI I would again like to thank you for allowing me to serve this next convention cycle. We are off to a slow start in having addicts step up to serve the committee.

At our October CRCNA meeting we filled two of the committee chair positions. Sarah Z from Mile High is the Print and Display Chair. TJ M from the Boulder Area is the H&I Chair. This leaves the following chair positions open, Hotels, Registration, Programs, Convention Web & Info, F&E and Merchandise. I have printed 100 fliers announcing what is still needed. RCMS could you please take back to your respective Areas and make the announcements of the positions needing to be filled. We will have our next meeting at the Englewood Public Library on January 14, 2017, at 11:00-1:00 in the Perrin Room. Just a reminder that these conventions do not put on themselves and require a committed group of trusted servants to step up and serve. In keeping in the spirit of transparency I just want to report that the Englewood Public Library has begun charging \$10.00 an hour to use their meeting spaces. I have reserved the Perrin Room for our meeting space for the year so therefore we will need to add a new administrative line item in the budget. Because of this we have cut the meeting times from 3 hours to 2 hours so that we may be prudent with our money. The meetings will continue to take place the 2 nd Saturday of each month with the exception of June due to the regional campout, we will meet the 3 rd Saturday in June. The August meeting will take place at the host hotel. These meetings have already been added to the Regional Calendar on the web site.

CRCNA XXXI will take place on November 3-5, 2017 at the Crowne Plaza DIA in Denver. We are aware that many Areas have their Area meetings the first weekend of the month and CRCNA will conflict with these meetings.

ILS

Jim M

PPANA REPORT
RCM REPORT
PIKES PEAK AREA
November, 2016
Donation: \$100.00

Upcoming Events:

- Thank-A- Thon, 11/24, from 10am-7pm at the ASO

ASC:

- Elections for admin positions and subcommittee chair positions will be held in

December.

- Our PR subcommittee is looking into the idea of putting a donation button on the Area website—any experience with this by other Areas in the Region? The major concern of course is our 10 th Tradition.

CRCNA:

A special thanks to the CRCNA committee for a great convention! Many of you were operating with NO sleep and were still firing on all cylinders. Area feedback about the convention was strictly positive!

SEPTEMBER ASSEMBLY

First, a huge thanks to the CRSC administrative committee for running the Assembly in such an efficient manner; there were so many issues at hand, but you kept us moving through while at the same time listening to the voices of the members who were in attendance. Also, I would like to ask our Regional Secretary to check the emailing list—some of the CRSC members received the September Assembly minutes, but others of us did not. Thank you.

Grateful to Serve,

Denise W., RCM-E