

Colorado Regional Service Committee of Narcotics Anonymous
Minutes Denver, CO
November 22, 2009

ANNOUNCEMENTS:

1. The CAR will be out for purchase on November 25, 2009 @ a price of \$8.00. You can go on line and purchase one @ <http://www.na.org/?ID=OrderLiteratureOnline-content>. Alternately, you can download directly, however it will be 80 to 100 pages.
2. The NAWS membership survey continues through December 31, 2009
3. Pikes Peak needs help getting volunteers to man the booth at the symposium, Jan. 24-29, 2010.
4. Five "Members at Large" (MAL) will be nominated at the first Incorporation meeting held Jan. 23, 2010. Watch for the announcement of time and location.
5. The Mountains West online meeting needs support, log on Sunday night, 6:30 PM, www.namwest.org.
6. RCMs, or anyone, can download bid packets for CRCNA XXV from the website.

ACTION ITEMS:

1. Secretary to create a letter head for PR.
2. PR subcommittee will resubmit a Tier I budget.
3. Update the P.O. Box contact information.

OPEN W/ SERVICE PRAYER – about 10:42 a.m. – there were location problems

ROLL CALL:

Chair (Denise W)- present
Vice Chair and Budget (Carlos)- present
Treasurer (Don T) – present
Secretary (Teresa) - present
RD (Brenda) - present
RDA (Chuck C)– present
Webservant (Don T)- present
CRCNA Chair (Tina W) - present
CRCNA Vice Chair (Tiffany S) - present
CRCNA Treasurer (Joyce) - present
PI – (Tawni C) - present
H&I – (Terry C) - present
PR Chair (Linda L) - present
Incorporation (Chuck C.) - present
RCM Boulder (August) – present
RCM Bringing Freedom East (Rich, Jared) – present
RCM Mile High (Brian, Mandy) – present
RCM Mountain High – (John, Chris G)
RCM Mountains West – (Alan H)
RCM Off The Wall (Newt, Shawn) – present
RCM Pikes Peak (Steven, Kathleen) – present
RCM Serenity Unlimited (Michael) - present
RCM Southern- absent

Approved minutes for September, 2009

REPORT FROM THE CHAIR: by Denise

TO: Colorado Regional Service Committee Members

FROM: Denise W., Chair

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DATE: November 22, 2009

First and foremost, thank you to our incredible CRCNA XXIII committee for a great convention. Many positive remarks were made to me by members of our fellowship praising all aspects—from registration to program to the hotel accommodations.

In connection with CRCNA XXIII, on October 8 I received an email from Gilbert L., a fellowship member, concerning the recording contract for the convention. He expressed his intent to file a grievance, pursuant to the 10th Concept, because he did not receive the recording contract. After a few email exchanges, our program subcommittee chair and Gilbert were able to reach agreement and work towards a solution that worked best for the convention and promoted unity within the fellowship.

With regard to CRCNA XXIV, I have been contacted by email and by telephone with concerns about various hotel and hospitality matters. My responses have been that we really are only certain of three things right now: (1) CRCNA XXIV will be in Grand Junction, in accordance with the direction and vote at the September Assembly; (2) when elected, the CRCNA XXIV Chair and the CRCNA XXIV committee will undertake the mission of determining which hotel in Grand Junction would best suit the needs of the convention; and (3) the Region is not committed at this point to any specific hotel in Grand Junction.

And last, but certainly not least, Chris. G., one of our members who has recently moved into the Mountain High Area, contacted me concerning assistance in restoring an actual ASC in Mountain High and about some financial assistance from the Region. I directed Chris to our PR and PI Chairs, our RD and RDA, Alan H. in Mountains West due to his recent experience with this and Don T. for website and virtual meeting information. I also asked Chris to show up at Region today and present proposals for any monetary needs that Mountain High may have for a phone line and PI items. Thanks to all of you for getting with Chris and lending your experience, strength and hope.

Thank you again for this opportunity to serve.

REPORT FROM THE VICE CHAIR – no report

REPORT FROM SECRETARY – no report

REPORT FROM TREASURER: by Don T

CRSCNA TREASURER'S REPORT

September 19, 2009 to November 21, 2009

	<u>CURRENT REPORT PERIOD</u>	<u>CURRENT YEAR TO DATE (2009)</u>
OPENING BALANCE - January 1, 2009		\$1,497.48
OPENING BALANCE - September 19, 2009	<u>\$3,706.15</u>	

INCOME:		-
Area Donations		
Boulder Area	\$37.01	\$1,460.09
Bringing Freedom East	\$0.00	\$5.00
Mile High Area	\$249.94	\$934.72
Mountain High Area	\$0.00	\$0.00
Mountains West Area	\$0.00	\$0.00

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Off The Wall Area	\$1,000.00	\$2,000.00
Pikes Peak Area	\$120.00	\$840.00
Serenity Unlimited Area	\$0.00	\$10.00
Southern Area	\$0.00	\$0.00
Group Donations		
Crestone Group	\$0.00	\$40.00
Flattop Addicts Group	\$0.00	\$0.00
Golden Group	\$24.12	\$70.12
Keep It Serenly Simple Group	\$0.00	\$0.00
Northside Young in Recovery Group	\$0.00	\$0.00
True Blue Group	\$47.22	\$257.37
Together We Can	\$0.00	\$0.00
Clean And Serene	\$0.00	\$0.00
Hayden Group	\$0.00	\$0.00
Vail Valley Group	\$0.00	\$75.00
At Home in Na Group	\$20.90	\$43.90
Surrender and Recovery Group	\$0.00	\$10.00
Craig Group	\$50.00	\$50.00
Other Income		
CRCNA XXII donation	\$0.00	\$10,727.38
Voided Checks	\$3,300.00	\$3,550.00
TOTAL INCOME	\$4,849.19	\$20,073.58

EXPENDITURES:

		<u>Check #</u>	
Prior Report Period YTD Expenditures	XXXX		\$12,972.32
SUASC	\$100.30	352	\$100.30
Michael Horwitz	\$143.00	353	\$143.00
Reese Fisher	\$46.50	354	\$46.50
Teresa Krisman	\$19.39	355	\$19.39
Terry Craig	\$400.00	356	\$400.00
NAWS	\$2,341.08	357	\$2,341.08
Melanie Fowler	\$100.00	358	\$100.00
TOTAL EXPENDITURES	\$3,150.27		\$16,122.59

(NET) ENDING BALANCE - November 21, 2009	\$5,405.07	\$5,448.47
OPENING BALANCE -November 22, 2009	\$5,405.07	\$5,448.47

BANK ACCOUNT-CHECKBOOK RECONCILIATION as of September 19, 2009

Latest Bank Statement Date - October 31, 2009

Balance Shown on Latest Bank Statement:		\$5,676.06
Adjustments to Bank Statement -		Net Adjustment: (\$270.99)
Outstanding Deposits:	\$129.01	Adj Bank Balance: \$5,405.07
Outstanding Checks & Charges:	\$400.00	Checkbook alance: \$5,405.07
Net Adjustment:	(\$270.99)	VARIANCE: \$0.00

Since the close of the last CRSCNA meeting on September 19, 2009, donations have been received from 3 Groups (True Blue, At Home in NA, and Craig Group) for \$118.12 and two Areas (BASC, Mile High) for \$286.95 totaling \$405.07. All of the donations received during the current report period are listed on the previous page. There have been no expenditures, and there are 1 check outstanding for a total of \$400.00 resulting in an opening balance of: \$5407.05.

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The Regional checkbook and the latest US Bank statement have been reconciled with one deposit and one check outstanding and no variance.

In Loving Service,

Don T – CRSCNA Treasurer

REPORT FROM WEB SERVANT: by Don T

Web Servant Report for Sept Assembly

Since July

- Regional Meeting list last updated: **September 13, 2009**
- Website Stats

To do:

- Write suggested guidelines for gotoMeeting application

Month	Unique Visitors	Number of Visits
July 2008	2004	3519
August 2008	1882	3571
September 2008	1378	2404
October 2008	2180	3861
November 2008	2012	3462
December 2008	1994	3476
January 2009	2265	3768
February 2009	2119	3624
March 2009	2548	4062
April 2009	2425	3822
May 2009	2350	3935
June 2009	2159	3512
July 2009	2456	3943
August 2009	2522	4084
September 2009 (to date)	1576	2472
Daily Averages 09/2009	87.56	137.33

Submitted in Loving Service,
Don T

REPORT FROM RD: by Brenda

**Regional Delegate Report
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Hello Regional Members,

I'm sorry to have missed the Regional Assembly, but heard lots of great things happened.

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I hope you also enjoyed CRCNA if you had the opportunity to attend. Thanks to the committee who worked hard to put on our recovery celebration!

Chuck and I will be going to the Rocky Mountain Zonal Forum in Cheyenne, Wyoming on December 5th. We will have NAWS representation to review the Conference Agenda Report. At the January RSC, we will review the CAR and answer any questions you may have at that time. The CAR will be out for purchase on November 25, 2009 @ a price of \$8.00. You can go on line and purchase one @ <http://www.na.org/?ID=OrderLiteratureOnline-content>

The Self-Support and *In Times of Illness* projects will be included in the CAR for approval.

We will be collecting votes at the April Regional Assembly from group representatives to take to the WSC. The WSC will be April 25-May 1, 2010 in California.

Happenings from NAWS:

December 31, 2009: Membership survey http://web.na.org/?ID=membership_survey_links

March 1, 2010: Regional Report Deadline – submit regional reports to WSC

Thanks for listening.

Willing to be of Service,

Brenda E.

Question and discussion:

- The NA membership survey does include a question about how people first hear about NA.
- Colorado will be hosting the Zonal Forum, typically the fourth weekend in July.

REPORT FROM RD2: Chuck C.

The RDA budget is done and will be forwarded to the secretary.

REPORT FROM CRCNA XXII CHAIR REPORT: by Tina

We meet Nov. 8 for our last wrap up meeting in Castle Rock. CRCNA XXIII rocked and each person did an awesome job at the convention. The turnout was 1000 people which I think was the best numbers I have seen. The hotel was very happy with us and made several statements that they would love to have us back again. The CRCNA XXIII convention was an amazing experience for each person who walked through the doors over the weekend at the Crowne Plaza hosted by the Pikes Peak Area. I have had many calls and emails from addicts expressing gratitude for the events we had scheduled for the weekend. I just want to express my gratitude for the opportunity to be the chair of this incredible celebration of recovery. I have grown leaps and bounds in my personal recovery program in the last two years servicing on the regional level with all of you, thank you so much for trusting me with this honor

We did many different things this year like:

1. Program had a contract with a photo vendor – game room – mediation room

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2. Program also had some writing in workshops to send to world that is just another way to have addicts feel a part of putting their writing on paper.
3. H&I had 196 register through the window over the weekend
4. Merchandise had new vendors like embroidery items and new jewelry sales (great funds)
5. Comedian was a nice change of pace
6. We are growing and having the projector was a nice option
7. We sold literature and ran out of 5 basic text, gift editions, JFT, JFT gift editions, Miracles Happen, Sponsorship books, it works how and why, WH&W gift editions, Step Working Guides
8. H & I T-shirt donation went very well and hopefully that will continue

The convention committee for CRCNS XXII, I believe in my heart was the best group of people ever to work with they made my responsibilities as chair minimal because everyone did what they needed to do every step of the way.

I wanted to read this from the report from Valery H&I Chair:

"Let me speak on behalf of all of us at Alano Recovery Homes when I say thank you SOOOO MUCH for inviting us to CRCNA this year. We had a fabulous time meeting clean addicts from all over Colorado and beyond. At least two of our residents that I brought, for example, had just been released after a long stint in jail because of their addictions, and I was so glad to be able to take them to the convention so that they might see that there is hope out there.

Thanks again, Brandon

I have been working on a vendor list to turn in to this body and also turn over to the next CRCNA committee. The website has been a continuing problem, because of lack of experience. I have talked to Tiffany and we are going to ask a person to help get this organized before the end of the year

The CRCNA committee wants me to ask your opinion on these things

1. Can merchandise sell current items discounted on Sunday morning?
2. Will the incorporation have contracts for the vendors in the future?

Thanks also for the chance to purchase the new laptop. The original box was placed in storage. I know each year CRCNA has grown it's important to have everything documented and all information stored in one place. The committee this year did extra work by putting together data to pass to the next chair in each position so no one has to reinvent the wheel from year to year.

I will be available to pass on the binder at the first CRCNA in January and if anyone has any questions about anything I can answer feel free to ask, I'm always available to help out.

This is by far the best year of my recovery getting to know people at the Regional level and working with CRCNA CREW. Love Tina

Question and discussion:

- There have been some complaints about the taping vendor, which will be passed on with the vendor list.
- It could be OK to discount items, but it is best not to advertise it.
- It is a good business practice to sell as much of the merchandise as possible at the convention, even if at a discount; it is not unfair, it's life. It happens in all merchandise arenas.
- There is value in selling it at a discount after the convention. It is a good excuse to get the next year's committee out around the state and drumming up support and generating funds.
- Many thanks to the CRCNA committee for a great convention.

REPORT BY CRCNA XXII VICE CHAIR: by Tiff

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Dear RSC:

As CRCNA VC, I am amazed still how well this convention was ran. I can only hope...☺
 God willing, I will be elected Chair and give it all I got to make sure that CRCNA XXIV IN Grand Junction will be an event to remember! (Aren't they all?)

If elected, I look forward to serving with this body and understand the concept of accountability to the region....

I AM EXCITED! I have members expressing interest in Vice Chair, Treasurer, Secretary, F&E, Merchandise, Programs, H&H, etc.

I have spoken with Kryz G who will help us with the website as well.....

Just havn't wanted to set a meeting till I had the Job, YA KNOW!

I havn't done much being that I do not have the Job yet, but I Have spoken to a few addicts from Grand Junction, and have some grave concerns about the Double Tree Hotel initial Contract. Will actually be in Grand Junction next week and will set a meeting with a few addicts there.....

With much Love & Respect!
 Always Grateful to be of Service!
 Tiffany Schnase

REPORT BY CRCNA XXII TREASURER: by Joyce

CRCNA NOVEMBER 2009 REPORT			
	DEPOSITS	WITHDRAWALS	BALANCE
BEGINNING BALANCE			\$ 7,892.50
INCOME:			
<i>Registration</i>			
10/14/09 Received in Mail	\$ 50.00		
10/14/09 Cash Bank Return	\$ 50.00		
10/14/09 Received in Mail	\$ 585.00		
10/14/09 Received in Mail	\$ 194.00		
10/14/09 Online Registration	\$ 315.00		
10/24/09 Received in Mail	\$ 105.00		
10/23/09 Received Friday at CRCNA	\$ 6,527.00		
10/24/09 Received Saturday at CRCNA	\$ 2,507.00		

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11/8/09 Kathleen	\$ 30.00		
Registration Income Total:	\$ 10,363.00		\$ 18,255.50
<i>Fundraising & Entertainment</i>			
10/24/09 Auction at CRCNA (miscellaneous items)	\$ 920.50		
10/25/09 Auction at CRCNA (miscellaneous items)	\$ 7.00		
10/25/09 Auction of Quilt	\$ 325.00		
10/26/09 F&E Cash Bank returns from Merch & Registration	\$ 500.00		
10/30/09 Boulder Fundraiser (Sales of Sodas)	\$ 36.00		
11/8/09 CRCNA Auction Item	\$ 15.00		
Fundraising & Entertainment Income Total	\$ 1,803.50		\$ 20,059.00
<i>Merchandise</i>			
10/14/09 Merchandise sold @ meetings	\$ 75.00		
10/14/09 Merchandise sold @ BFE	\$ 10.00		
10/23/09 Cash BankReturn	\$ 50.00		
10/23/09 Merchandise sold @ meetings	\$ 160.00		
10/23/09 Received Friday at CRCNA	\$ 5,605.00		
10/24/09 Received Saturday at CRNCA (minus \$25 gift cert & Auction)	\$ 2,408.00		
10/25/09 Received Sunday at CRCNA (minus Auction)	\$ 628.00		
10/26/09 Jewelry Commissions (Fri/Sat/Sun)	\$ 1,230.00		
10/26/09 CD Sales Commissions (Fri/Sat/Sun)	\$ 300.00		
10/26/09 Embroidery Clothing Commissions (Fri/Sat/Sun)	\$ 200.00		
Merchandise Income Total	\$ 10,666.00		\$ 30,725.00
11/9/09: Hotel and Hospitality (Return of unused funds)	\$ 120.00		\$ 30,845.00
10/30/09: Interest Paid	\$ 0.08		\$ 30,845.08
11/2/09: Voided Check for Denver Cash Register	\$ 200.00		\$ 31,045.08
EXPENSES:			
10/10/09 Merch: J&R Graphics (#2324)		\$ 3,073.04	
10/10/09 Merch: Anna H. Copies (#2325)		\$ 25.00	
10/10/09 Reg: Maggie copies (#2326)		\$ 57.99	
10/13/09 Reg: Patty A. Meal Refund (#2327)		\$ 60.00	
10/13/09 Reg: Timothy H. Meal Refund (#2328)		\$ 90.00	
10/13/09 Reg: Denene C. t-shirt Refund (#2329)		\$ 15.00	
10/13/09 P&D: Teresa K. Program Printing (#2330) [Void #2331]		\$ 318.49	
10/13/09 F&E: Sweet Sounds Convention DJ Balance (#2332)		\$	

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		350.00	
		\$	
10/13/09 H&H: Kevin W. Centerpieces (#2333)		425.00	
		\$	
10/13/09 H&H: Kevin W. Hospitality Room Supplies (#2334) [Void #2335]		600.00	
		\$	
10/13/09 Admin: Denver Cash Register (#2336)		146.44	
		\$	
10/13/09 Admin: Denver Cash Register Deposit (#2337)		200.00	
		\$	
10/18/09 Admin: Radio Rental (DEBIT)		285.81	
		\$	
10/24/09 F&E: Tom McTigue Comedian (#2338)		1,000.00	
		\$	
10/25/09 Merch: PPANA Lit (#2339)		138.00	
		\$	
10/30/09 H&H: Crowne Royal Plaza (#2340)		10,869.86	
		\$	
10/30/09 P&D: Teresa K. Postage/signs (#2341)		54.74	
		\$	
10/30/09 P&D: Teresa K. Copies (#2342)		124.34	
		\$	
10/30/09 Admin: Joyce P. Supplies & misc (#2343)		83.48	
		\$	
10/30/09 F&E: Dance Trax 2nd 1/2--PD in full (#2344)		450.00	
		\$	
11/8/09 Admin: Alan H. (Storage containers for banners) (#2345)		48.13	
		\$	
11/8/09 Admin: Tina W. (Travel & Supplies) (#2346)		35.24	
		\$	
11/8/09 H&H: Kevin W. (2 sets of readings) (#2347)		8.00	
		\$	
11/8/09 Admin: Tina W. (Copies for Auctons) (#2348)		28.87	
		\$	
11/8/09 Admin: Tina W. (Frames for Auction) (#2349)		96.67	
		\$	
11/8/09 Reg: Maggie (Misc Expenses) (#2350)		44.02	
		\$	
11/8/09 Admin: Merchant (Debit)		270.20	
		\$	
		\$	
Total Expenses		18,898.32	
		\$	
FINAL BALANCE AFTER INCOME/EXPENSES			12146.76

Note: There was no October report, because Joyce was sick.

Wanted to correct the total attendance reported at the Saturday night meeting. The total was 1,000+ not 1,200 because the H&I was accidentally counted in twice
This is not the final accounting. We still have taxes to pay and smaller amount coming in
So far, there have not been any bounced checks.

REPORT FROM BUDGET: Carlos

Question and discussion:

- Please submit subcommittee budgets to Carlos.
- Reviewed the process: Tier I is if we only have 7th Traditions to fund the year.
- So far this year, 7th is about \$6,000; in 2008 it was around \$6,000.
- The Tier I budget represents a worst case funding scenario and should reflect the minimum needed to function.
- We should re-evaluate the mileage reimbursement formula we use as it may be too high.
- We spend about \$800 a year on Admin expenses such as storage shed and PO box.

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REPORT FROM PI:

**COLORADO REGION PUBLIC INFORMATION SUBCOMMITTEE REPORT
November 22, 2009**

It has been a very busy two months as the Regional PI Chair. The following is a timeline:

- 10/3/09 Regional PI Meeting
- 10/10/09 Attended Off the Wall PI Meeting for their presentation planning
- 10/18/09 Regional PR Meeting
- 10/24/09 Chaired CRCNA PI Roundtable
- 10/27/09 Otis High School Presentation. This was a very rewarding experience for both myself and Patty the Mile High PI Chair. We were able to let high school students know about NA and where to find us as well as see a beautiful sunrise on the way there. Regional PI handle this request as BFE does not have a PI chair or committee. I am requesting to be reimbursed for money spent on literature to take to this presentation in the amount of \$326.15 as well as \$36.46 for gas to travel to Otis. Receipts are provided.
- 11/1/09 Attended the Mile High PI meeting
- 11/7/09 Attended Off The Wall PI Meeting for their presentation planning
- 11/8/09 Attended Regional PR Meeting in my PJ's as it was a virtual meeting
- 11/14/09 Attended Pikes Peak HI/PI Learning day and was able to share about what Regional PI does. Thanks to Pikes Peak area for inviting me and asking me to speak.
- 11/21/09 Regional PI Meeting

Wow! It has been busy but it has been great getting around the state and talking with a bunch addicts about PI and offering help and support where ever needed.

I am happy to say that all of our biggest areas have PI chairs and I have been in contact with them. I also have been collecting emails of addicts interested in PI and will soon start to communicate via mass email with them about upcoming PI stuff.

We have finalized our cover letter and questionnaire to go out to the professionals about the symposium but we still need lots of help getting the info out to them hopefully electronically. Anyone interested please contact me or come to our next meeting.

Finally we are creating a PI Training packet to be presented at our next meeting. I would ask the RCM's to please encourage your Area PI chairs to attend our Regional PI meeting as it is an exciting time for PI in our region and as stated in our **Regional guidelines:**

"The purpose of the PI subcommittee is to provide a forum for Area PI Subcommittees to share their experience, strength and hope in order to better inform the public about NA and to promote the growth and strength of all PI efforts within the Colorado Region"

Our next subcommittee meeting will be held

December 12, 2009 from 1:00-3:00 at:

Englewood Public Library
1000 Englewood Pkwy.
Englewood, CO 80110

My contact information is: tawnicorc@gmail.com 303-994-7348

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Tawni C.

REPORT FROM H&I: by Terry C

**CRSCNA H&I SUBCOMMITTEE REPORT
November 22, 2009**

The H&I Subcommittee met on September 19th with the attendance of the following H&I chairs- Dawn from Off The Wall; Jerri Ann from Pikes Peak along with their Vice Chair Veta F., and Valery M. represented Mile High Area. I want to thank all the area H&I Chairs for participating on a Regional level to carry our message to those incarcerated you guys ROCK! We had a very productive meeting and I am so grateful to Dawn who is stepping up to be Regional H&I Vice Chair. I am very grateful that I will have someone to pass the torch to in April that will continue our vision of H&I and reach the addicts in the remote areas.

The H&I Regional Subcommittee is extremely excited to be apart of the official PR Subcommittee. I attended the PR Subcommittee meeting on October 18th, and it is amazing to watch the beginning structure of PR being formed. I really believe that this is a huge stride for our region, as our effectiveness will be so much greater. We also met virtually on November 24th and I take off my hat to Don, for making this a reality. It is awesome for all of us to get together from across the state and never have to leave our home.

I just completed my yearly DOC training Friday night and they are so grateful to have Narcotics Anonymous represented. Although there are currently many AA meetings in the prisons, the inmates are anxious to attend NA, as we all know, we are their preference. That leads me to letting you know H&I is still focusing on carrying our message into LaVista Women's Correctional Facility and San Carlos Men's Correctional Facility both located in Pueblo. We are also looking toward starting a meeting at the Women's Correctional Facility in Brush, so if you can help with any these facilities please let me know.

I also would like to update you on the NA binders that we have sent to 9 of the prisons across the state. The facilities are very receptive to Narcotics Anonymous and would like to work with us to get our message to their inmates. They know we are short staffed and a couple of facilities have agreed to explore other options. We are in the process of developing a way to start meetings through their drug and alcohol substance abuse counselors. This pertains to the facilities that are in remote areas and we will update you as things progress. We also are creating binders for 10 more facilities with the money we obtained at the Regional Assembly and they will be going out soon.

The H&I subcommittee has been approached to help Mountains West and the Boulder area with H&I literature. I spoke with Todd, the Boulder Area H&I chair and he said that they have a \$75.00 a month budget and would appreciate 5 Basic Texts from the region. I am still waiting on Mountains West to confirm what they need. Our next H&I Regional meeting will be held at the Hacienda Restaurant on Mexico and Colorado Blvd, right off I-25, on Saturday November 28 at 2:00pm. Again I am honored to be apart of the solution through the efforts of PR and the H&I Subcommittee.

In Loving Service,
Terry C.

Question and discussion:

- Mountain High requested help from Region H&I.

REPORT FROM PR: Linda

TO: COLORADO REGIONAL SERVICE COMMITTEE

FROM: LINDA L., COORDINATOR OF PR COMMITTEE

DATE: November 21, 2009

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SUBJECT: REPORT OF ACTIVITIES

This group of dedicated addicts thanks you all for approving the move of PR from Adhoc to a CRSC Standing Committee. That approval allows us to continue onward with projects already begun and some we are about to begin. Thanks again!

Before I begin my formal PR report, I humbly and embarrassingly want to thank the Colorado Region and God for allowing me to do the kind of service that prompted you all to so graciously give me the Lifetime Service Award at the main meeting Saturday of the CRCNA. I say embarrassingly because it feels funny to receive an award for doing those things (Committees, CRCNA, Guidelines, etc.) that I truly love doing. Service to NA is huge part of my life... 'cuz we never know what we do or say while doing service that will have a big effect another addict – an addict who is dying or one who wants to die 'cuz life is coming down on them hard or one who just need a little push. Since you all are in the room today – I know you understand the call to service. So, my dear family of addicts in CO NA, thank you for my award and stay in service until the miracles happen!

Back to PR:

We met in October and our November meeting was virtual. We have begun to work on our Vision Statement from which will flow necessary CRSC Guidelines changes and a list of projects each PR Committee member is willing to take on or is currently working on. In our December meeting we should be able to finalize this plan, so the Jan report from us should be fairly exciting.

In addition, as instructed, I have the PR Committee budget (3-tiered) proposal ready (actually it was ready in Sept as assigned but not done due to time constraints) for perusal today.

Plus, I sent the CRSC Sec'y copies of the roundtable results and evaluations for the Interactive Workshops (H&I, PI, GLBTT, and PR) at CRCNA. We had more attendance at these workshops than any previous year and the eval results were extremely positive with requests for repeats in future CRCNA's. I am asking that these results be published in the CRSC minutes this month and that RCM's tell their respective Areas where they are available so the addicts who interacted in these workshops know where to go to see their work. Also, the "articles" written during these workshops have been sent to the relevant NAWS publications ("Reaching Out", The NA Way, and Living Clean – The Journey Continues). I have heard nothing back as yet.

Denise and I have been working with Chris G. and the Mtn High Area. Chris has moved there and is willing to work with Reece to revitalize that Area. At the October meeting of PR, Don T. graciously accepted the responsibility of coordinating those efforts.

In addition, I attend 2 PI Committee meeting but no H&I meetings as none were scheduled. H&I will be holding a meeting later this month.

And, I have a disbursal request of \$151.80 for a NAWS literature order placed yesterday for the Addictive Behavior Symposium held annually in January in the Pikes Peak Area. As previously reported, PPASC decided that they could assume the approximately \$ 800-900 cost of the booth, if the CRSC could provide literature **and** addicts to help "man" the booth. Therefore, any addict wanting to help Pikes Peak's NA booth at this Symposium needs to contact

Shannon M. at mommynani05@yahoo.com The Symposium is scheduled to occur Jan 27, 2010 (Wed) to Jan 29, 2010 (Fri) – it is usually held at the Crowne Plaza where CRCNA XXII was just held.

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OUR NEXT MEETING will

SUNDAY, December 20, 2009 @ noon – 2p @ the P S Miller Library in Castle Rock

Thank you for letting me be of service.
Hugs,

Linda L., Coordinator - CRSC PR Committee

Question and discussion:

- The results of the workshops are in Addendum A & B at the end of these minutes

REPORT FROM INCORPORATION: Chuck
Incorp Ad-Hoc Report 11/09

We met after the PI meeting on 11/21 at the Village Inn in Castle Rock. We feel that the ad-hoc should be disbanded at this time and the convention board should commence operations. The board will begin work on the IRS and State paperwork to set up the corporation in time for CRCNA 24.

The board will have its 1st meeting 1/23/10 location and time tbd. The board will consist of the current CRSC Vice Chair, the current CRCNA Chair, the current CRCNA Treasurer and the current Public Relations Chair. Up to 5 Members at Large will be nominated by the board and confirmed at the region assembly in April.

The majority of the work has already been done on the SOP's (guidelines). Work has begun on the changes needed for the CRSC guidelines and changes needed for the CRNCA guidelines have been identified.

RDA Report

I have submitted my budget for 2010. The numbers are a budget and the true numbers should actually come in much less. We will be attending the Rocky Mountain Zonal Forum (RMZF) the first weekend in December. The RMZF is at the Holiday Inn in Cheyenne. We are also submitting a proposal to pay our share of the RMZF website fee.

Question and discussion:

- Decided to keep the Ad Hoc until after the January Board meets so there is continuity.
- The MAL's need to be confirmed at the April Assembly, so they need to be voted in prior to that.
- Discussed why the PR subcommittee chair is a Board member. The idea is that position would be the facilitator between the spiritual side and the business side. That position already acts as facilitator between the public and our service committees.
- There was a discussion about the clean time requirements--they seemed high to some.
- CRCNA clean time requirements seem too low given the financial responsibilities.

RCM BOULDER REPORT: by August

RCM BOULDER REPORT: by Rich and Jarred

We had one meeting close, we will get with Don to get it off the web

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We had a great time going to CRCNA as an Area!

We are still finalizing our needs for a phone line.

The Sterling group is having a Holiday dinner on Dec 12, details will be on the web

RCM REPORT MHA: by Brian

**RCM
REPORT**

Mile High Area – November 2009

There are currently 58 groups holding 108 meetings per week in the Mile High Area.

We are continuing the process of reviewing and rewriting all area and subcommittee guidelines.

All sub-committees chair positions are filled, and all subcommittees are operational.

The training subcommittee presented a comprehensive overview of local service and area procedure prior to last month's ASC meeting.

As of October 22nd our phone line has transitioned from a voice mail system to a system that gives the caller the option of connecting directly with an addict.

The Spanish Speaking meeting (Solo Por Hoy) is being held Thursday nights @ 1395 S. Sheridan Blvd. unit G - 7:30 pm.

For more information you can review area minutes @ NADENVER.COM or talk with me or Mandy F.

Brian S.

Question and discussion:

- The new phone line is working well so far.
- Questions about the Tri-Area New Years Eve party should be sent to Area activities Chair.

RCM REPORT MOUNTAIN HIGH: by John and Chris

We are trying to reform the area. We have a phone line at 970-879-HELP.

We are working on a web page.

We are setting up an initial meeting to see where we are at.

Our feedback has been that most people want to reform the area, some wish to serve. We did look into a rural co-op with help from Mountain West area, but decided to try for a full functioning area.

We have three cities and 5 meetings in the area. We would rotate the area meeting around the three cities at first.

We would like to have literature available for groups to purchase at the first area meeting.

Question and discussion:

- Our recent regional experience has been that supporting small areas has been very beneficial to the whole fellowship.

RCM REPORT MOUNTAIN WEST: by

Report to the Colorado Regional Assembly

From the Mountains West Area

Alan H. RCM 1

Armando R. RCM 2

Greetings, from the Mountains West Area. This report will start the same as our last report. Here we grow again, two new meetings have started in our Area. Saturday morning at 10 AM in Dillon, and Sunday evening at 6 PM in Carbondale. This brings the total of meetings in our Area to 22. With six new meetings in the last six months.

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Our last Area Service Meeting was held on November 14. Some of the business covered would include the election of H&I co-chairs, and the establishment of a PI committee and acting chair. Our Area will continue to forge ahead in the development of our Area Service structure as we have scheduled a meeting for January.

Two notes of interest from our Area. First, regarding the Monday night, Glenwood Springs meeting. One of our members, who visits the Jaywalker Lodge recovery facility in Carbondale, suggested to some of their residence that they may want to attend the Monday night meeting. As a result, a volunteer now drives the "druggie buggy" each week to our meeting. The average attendance of that group has increased to around 10 to 16 members. Additionally, a carload, from the same facility, has been attending the Wednesday night meeting in Glenwood. Including the residence of the YRC (adolescent treatment facility in Glenwood Hospital) the attendance at that meeting now averages 12 to 18 members.

Second, from the Sunday night "Into Thin Air" group of NA. Please take this back to your Areas. We need support. Sunday night, 6:30 PM, www.namwest.org It's simple to log in. It takes only a few moments to do so. No special computer, no telephone lines, no video cameras etc. complete anonymity. Please take this back to your Areas.

In loving service,
Alan H. RCM 1 Mountains West Area.

RCM REPORT OTW: by Shawn

Off the Wall Area Regional Report
11/21/09

-Meeting Changes

Addicts Helping Addicts is closing their Monday night meeting.
The Nooner Group is closed on Thanks Giving and the day after.

Open Position

Literature Chair is open again.
Newsletter Chair is open.
RCM 2 is open.
H&I Chair is open.

- Activities

The tri-city New Years Party is going.

Thanks for letting me be of service,
Shawn H. - RCM 1 - "Off the Wall Area"

RCM REPORT PPASC: report by

The Pikes Peak Area service committee has met twice since our last CRSC meeting. Thanks to everyone who made it to CRCNA in October. You all helped to make this years convention a big success.

- Per the Pikes Peak area policy, all Area service positions other than GSRs and RCM II are up for election in the month of December. Hopefully the transition will run smoothly and we will keep you all posted if not.

However, since that is the case, it means that my service position as RCM for the Pikes Peak Area will be over in

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December, and although I may, if asked, fill in on this position for a time, I will not run for another term as RCM right now. It has been an honor to serve the region in the capacity of regional committee member, and it's been a privilege to serve with all of you over these last two years. Just so you know, I am not done with regional service yet and look forward to continuing to serve the Colorado region in the near future.

- In the month of October, Our area's H&I and Public Relations subcommittees held their regularly scheduled meeting in Pueblo. To help build relations in the spirit of cooperation and to offer what support we have, it has been agreed upon by all members of these subcommittees to alternate meetings regularly between the Pikes Peak area and Pueblo. This month these subcommittees also hosted a learning days for the Pikes Peak area and thanks to the Regional PI chair, Tawni, for attending the learning days and for providing a very informative presentation on our regional PI efforts. It helped to make the event a success, and several new volunteers have stepped up to serve
- Also in the month of October, our Public relations subcommittee held an orientation for Municipal probation, and it was a major success. Other presentations coming up in the month of December include DHS and goodwill. We are very excited to see our Public Relations committee in action and carrying the message to the professional community.
- The Pikes Peak area has decided to move forward with the Golden Voice phone system and phonline volunteers participated in an orientation last month that went very well. Everything is moving along smoothly so far.

All else in the Pikes Peak area is pretty much business as usual. Thanks for letting me be of service.

Steven R PPANA RCM-0

RCM REPORT SERENITY UNLIMITED: report by

Hello dear NA family,

The SUANA has been conducting our ASC Meetings in Delta for the past several months, bringing support to an area which has only a few NA members. Attendance has been surprisingly good, and we are getting re-acquainted with folks we haven't seen in some time. At our ASC Meeting last week, appreciation was voiced for the money provided at the last Regional Meeting, for the purpose of purchasing literature to bring into our prison meetings. Thank you.

Our Area has been attempting to update the written Guidelines for Serenity Unlimited, since this hasn't been done for many years. This undertaking started over a year ago, and the subcommittee is still hoping to meet for the first time.

Attendance at our local meetings has dwindled a bit, as has often been the case around this time of year. Nonetheless, many newcomers are finding their way to us. We have provided better visibility to our listing in the telephone directory, thanks to the suggestion given to us at the last Regional Meeting. Again, thank you.

We look forward to embarking on the journey to prepare for CRCNA in GJ next year.

In loving service,
Michael H.

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RCM REPORT SOUTHERN:

No report – no representative present

OLD BUSINESS

None

ELECTIONS

CRCNA CHAIR: Tiffany S. nominated, qualified and elected.

CRCNA TREASURER: Santana S. nominated, qualified and elected.

CRCNA SECRETARY: Tink V nominated, qualified and elected.

NEW BUSINESS

Proposal #1: Passed

The CRSC pay \$45.95 per month (\$91.90 total) for the Mountain High phone line. Active through Qwest currently and in the care of Chris G. Payment should be made to Chris G. upon receipt each month until the Mountain High Area becomes self supporting through the 7th tradition

Intent: To provide to anyone in the area information to find a meeting. As well as show the groups that the region, through our ASC structure, is there to support them

Maker: Chris G.

Based on: NA as a whole, reference Concept 2 and Tradition 9

Question and discussion:

- Clarified it is a month-to-month service in Chris G. name.
- There are several people who are interested in helping answer the phone.
- The groups did support a phone line.

Proposal #2: Passed

The first Mountain High Area ASC meeting will be Sunday Jan. 3, 2010 at 11:00 am in the 1505 Lincoln Community Center. We will need to pay rent of \$15.00. We are asking that the region pay this amount in order that NA be fully self supporting.

Intent:

Maker: Chris G.

Based on: Concept 2 and Tradition 7 and 9

Question and discussion:

- This is to get started; we do not know how long it will take for the Area to be self-supporting through our own 7th tradition.
- Once we get a structure, we hope to generate some 7th tradition funds.

Proposal #3: passed

The CRSC pay \$35.00 for the printing of a PI/phone-line/website poster that mocks the Off The Wall area poster to be used in the Mountain High Area.

Intent: To further the primary purpose in the Mountain High Area. If the 7th tradition is to grow and allow the new ASC to be fully self supporting, we need newcomers!!! Every addict deserves to know we are here.

Based on: Tradition 9 and 11

Maker: Chris G.

Question and discussion:

- All the groups agree it is needed. There is not a list of people to distribute the posters yet, but several have said they would help.

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- They were reminded that PI activities are always done in pairs, even hanging posters.

Proposal #4: passed, 9 with reservations, 1 stand aside

The Mountain High Area will be meeting Sunday January 3, 2010. We would like to be able to supply the groups with literature for purchase. Therefore we are asking that the region purchase our first stock of Literature in the amount of \$200.00.

Intent: Not only to provide the groups with Literature, but to provide service opportunities to the addicts in the ASC.

Based on:

Maker: Chris G.

Question and discussion:

- The new area is taking on a lot, burn out is a concern.
- WSO can provide this service until you get more structure.
- Literature gives the Area a little funding.
- Shows the groups that the Region support us and we can assist the groups. NA is lacking in the area, folks need to see how an area can work.
- There are two former literature chairs in this area.
- The region has given literature away for specific needs, but probably not for resale.
- This may not be enough to bring the supply to the critical stocks needed.

Proposal #5: not passed

That regional PR maintains a literature stock and be a literature resource for the region and for that literature to be kept in a storage facility maintained by the regional PR subcommittee.

Intent: To encompass and exercise the Resource position outlined in regional guidelines.

Based on: CRSC guidelines Article 6, section A.1.

Maker: Steven R

Question and discussion:

- PR is already deep in activity and cannot take this on right now.
- PR also has lots of stuff planned for the future.
- The literature would sit in a shed most of the time and benefit no one.
- Literature would not help PI at this time.
- A stockpile is in essence a prudent reserve, taking resources out of the pot.
- Literature is essential for the newcomer.
- PR can take this to the subcommittee meeting.

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DISBURSEMENTS:

\$151.80	literature for PPA symposium
\$362.61	literature for Ottis
\$ 36.46	gas reimbursement
\$ 91.90	phone line Mountain High Area
\$ 15.00	rent Mountain High Area
\$ 35.00	PI efforts Mountain High Area
\$200.00	literature Mountain High Area
\$ 35.00	web
\$720.00	Public Storage
\$ 70.00	US Postal Service

CLOSING TREASURER REPORT:

Opening Balance:	\$5405.07
Donations	\$120.00
Total Income:	\$264.62
Expenses	\$1681.31
Ending Balance	\$3988.38

OPEN DISCUSSION:

1- By guidelines, RCMs should receive bid packets for CRCNA XXV in January. We did not get that done last year, so wanted to make sure we were all aware of it this year.

- This could change with the Incorporation, but for now we should continue to follow the guidelines.
- This was moved to January because it takes a lot of lead time to get a contract for a convention our size.

2- Mountain High area would like to express our gratitude to the Region for all the support as we reform our ASC.

3- We discussed the service award given at CRCNA.

DECISIONS MADE:

- To financially support Mountain High Area reforming with rent, posters, phone line and literature.

CLOSE

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Addendum A:

C R C N A – Workshop

SPEAK OUT LOUD – PUBLISH YOUR THOUGHT

Sat – 10:30a-12pm

SCENARIOS

SCENARIO # 1.

~~YOUR HOME GROUP HAS BEEN ASKED TO DO A PRESENTATION AT A COMINED AA AND ALL THE OTHER A'S WORKSHOP PUT ON BY A AA MEETING IN YOUR TOWN, WHAT DO YOU DO? PLUS THE GUY DOING THE CONTACTS GETS INSISTENT THAT YOU COME OR HE'LL BAD-MOUTH NA, WHAT DO YOU DO? Not used.....~~

SCENARIO # 2.

YOU ARE PI CHAIR IN YOUR ARA AND HAVE HEARD THERE IS A MEETING IN YOUR AREA USING UNAPPROVED NA LITERATURE, LANGUAGES, MESSAGES, AND THEY END WITH THE LORD'S PRAYER (LIKE AA) – WHAT DO YOU DO?

1. Visit mtg to verify the facts
2. Attend business meeting
 - Do #1 & 2 both
(If no business meeting, talk with members after the meeting)
 - a. inform them of consequences in a spiritual way
 - b. Ask them how to solve
 - c. Take them some NA lit
3. Remember principles B4 personalities
4. Put your compassion B4 judgment
5. Be prepared for defensiveness
6. Be conscious of how message is delivered
7. Lead by example, for ex, NA language
8. Ask questions:
 - Are you aware of our Traditions?
 - Can you get some NA-approved lit?
 - How can we remedy this situation?
 - Would you like to come w/me to Area?
9. Inform the of consequences in a spiritual fashion – blurred NA message
10. Bring them some NA lit
11. Discuss concept of “....affecting NA as a whole”

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SCENARIO # 3.

YOU ARE OUT IN PUBLIC AND SEE A FELLOW ADDICT WHO YOU KNOW ONLY SLIGHTLY. THIS ADDICT IS WEARING NA CLOTHING AND IS MAKING A SPECTACLE OF HIMSELF (BEING A JERK). WHAT DO YOU DO?

1. Hug him
2. Quietly, privately address the individual
 - Remind him that he is representing NA
 - Take a deep breath and pray
 - a. Lovingly, quietly address the individual
 - b. Inquire is he ok?
 - c. Do you want to go to a meeting, talk, coffee, etc.?
 - d. Hug him
 - e. Give him phone numbers
 - f. Follow up
- g. Let it go
3. Stay of it
4. Pray for him
5. Get him a new shirt
6. Give him a phone list
7. Get him to a meeting
8. Surround him with other addicts
9. Ask him to call his sponsor

SCENARIO # 4.

YOU'VE HEARD THAT THE REGIONAL IS PUTTING ON A PROFESSIONSL SYMPOSIUM AND YOU WANT TO HELP. WHAT DO YOU DO?

1. Find out who will be attending (what kind of professional, ex – medical doc, psychiatrist) and learn more about our audience so we could more effectively refine or material and how we present it.
 - a. Determine target audience
 - b. Compile contact list
 - c. Develop survey
 - d. Plan a timeline (when to send out, set meeting)

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- e. Survey follow-up
- f. Select speaker and train accordingly (Use survey as guide)
- 2. Find an appropriate location for symposium
- 3. Brainstorm ways to encourage attendance
- 4. Plan a focus for a particular audience
- 5. Find out if there are conferences or other professional conventions taking place that we could piggyback on to carry message
- 6. Recruit and train NA members to address audience appropriately to the professional setting, and target speaker to audience
- 7. Prior to Symposium, survey professionals to see what they would like to know about NA.

EVALUATIONS

What did you like about this workshop:

- ~~ Brainstorming raises awareness
- ~~ I loved the interaction. Sharing broadens perspective, good insight & great learning
- ~~ I liked that I was here. It got me excited to be a bigger part of PI – Maybe Vice Chair?
- ~~ I liked everything about this workshop.
- ~~ I thought this was great. Much more enjoyable than being spoken to
- ~~ I liked the hands on activities (writing, brainstorming)
- ~~ What I liked about this workshop is the writing project
- ~~ Liked: writing and scenarios workshop
- ~~ Liked the group interaction
- ~~ As an adult trainer, I absolutely found this workshop extraordinary. I truly felt that I performed service work as well as recovery education
- ~~ Liked about this Wksp: collaboration, brainstorming, creating a visual

What did you dislike about this workshop:

- ~~ I hated that I am the only one from my area here.
- ~~ What I didn't like was the room was uncomfortably cold
- ~~ Disliked: with my ADD, tough to focus with so much side talk

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- ~~ Disliked group facilitator (at their round table?)
- ~~ Disliked: not enuff time (but there never is)

What would you like to see next year at CRCNA?

- ~~ Better description on the CRCNA agenda (? Program)
- ~~ Stay open and let this event evolve into what it is.....
- ~~ Next year....I just want to be here ☺
- ~~ Brainstorm ideas for new NA Literature
- ~~ Sessions need to be a little longer
- ~~ I'd like to see more scenarios
- ~~ More interactive workshops
- ~~ Next year: same activity; maybe some role playing(?)

ADDENDUM B:

C R C N A – Workshop

Do Not Pass Go – Go To Jail

Sat – 8:30-10am

SCENARIOS

A STATE PRISON HAS A MALE POPULATION OF 3000 MALES.
THE LOCAL AREA H&I SUBCOMMITTEE DOES NOT HAVE ENOUGH MALE ADDICTS CLEARED BY THE DEPARTMENT OF CORRECTONS NOR ENOUGH MALE ADDICTS WHO HAVE PROMISED OR EVEN WANT TO GO TO THE PRISON FOR THESE H&I MEETINGS.....HENCE, BOTH MALE WITH FEMALE ADDICTS HAVE BEEN GOING TO THE TWICE MONTHLY NA MEETING AT THIS FACILITY. HOWEVER, (NAWS) H&I SERVICE BULLETIN #5. CLEARLY STATES (see copies of this Bulletin on your table – hi-lighted part...) THAT THIS PRACTICE IS NOT ACCEPTIBLE.

WHAT CAN THE LOCAL AREA DO?

Be Creative – Have fun – There are no wrong answers- Go for it!

BRAINSTORMED SOLUTIONS:

1. Make a motion to change
2. Via satellite
3. Get more people involved
4. More training / representative
5. Training inmates / Mentor Program
 - a. Begin the process of writing DOC Admin

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- b. Set up Committee
 - c. Propose satellite meetings
 - d. Develop proposal and training
 - e. Seek out willing participants
 - f. Literature infiltration
 - g. Evaluate
6. Keep a production of literature circulating
1. H&I awareness
 2. Promotion thru sponsorship (setting example, encouraging sponsees)
 - a. Setting the example
 - b. Sponsor involvement in H&I
 - c. Sponsor guidance
 - d. Individual integrity and representation at Subcommittee meetings
 3. Carry the message with clear intentions (working steps to have a gift of recovery to give)
1. Online meeting – video-conferencing
 2. Make sure at least one outside member is a male
 - a. Write ASC and ask for all Groups to announce need for male volunteers
 - b. Visit neighboring cities' meetings and talk to members
 - c. Write the Region H&I Subcommittee and ask if they can send cleared males (pay expenses if necessary)
 3. Visit neighboring cities' meetings and ask them for support
 4. Write the Region H&I to request they send males who are DOC cleared
 5. ~~Ask non-NA agencies (church, etc.) to provide male volunteers~~ The workshop was reminded about the 10th Tradition and outside issues..... Remember, all is fair / not punitive in brainstorming.....

EVALUATIONS

What did you like about this workshop:

- ~~ worked on pragmatic solutions, generated letter to be sent to "Reaching Out"
- ~~ any opportunity to learn and grow based on others' experiences
- ~~ I like to interactive

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- ~~ various points of view were helpful
- ~~ I like being a part of some kind of solution
- ~~ This was fun and informative Thanks!
- ~~ I liked the ideas
- ~~ the interaction

What did you dislike about this workshop:

- ~~ Not enough time to complete tasks. Felt rushed
- ~~ I did not like putting my full name on my story

What would you like to see next year at CRCNA:

- ~~ I would like to learn more about specific approach to carrying the message and bridging from institution to outside meetings
- ~~ to see the same workshop
- ~~ A mass H&I training
- ~~ need to focus on training next year