

Colorado Regional Service Committee of Narcotics Anonymous
Minutes Wheat Ridge, CO
November 16, 2008

ANNOUNCEMENTS:

1. Extra NA Way magazines delivered to nonexistent groups can be re-distributed on the CRSC Outreach Road trips, contact Linda L.
2. The PR ad hoc will meet at 11:00am on Sat. Dec. 6th at the Neighborhood Library @ Roxborough- 8357 N. Rampart Range Road- Littleton 80125.
3. The H&I Regional Subcommittee will meet directly after the PR meeting at 1:30p on Sat. Dec. 6th at the Neighborhood Library @ Roxborough- 8357 N. Rampart Range Road- Littleton 80125.
4. The Boulder Area PI Committee is asking that EVERYONE announce that the Boulder area is looking for Spanish-Speaking addicts to carry the message at a Spanish Speaking Meeting in the Boulder area.

ACTION ITEMS:

1. Teresa will get the meeting list that was sent to the Region PO box to Alan F. to be added to the Region's archive.
2. Please send our RDA, Chuck C., your ideas on how local H&I communities can reach out in a more meaningful way. It will be incorporated into the work WSO is doing on this issue.
3. The CRCNA registration chair will get a list of contact information from detached groups/areas to the PR ad hoc chair.
4. Don T will email the web links to the PR handbook to everyone.
5. Linda will give a half hour PR introduction at the next OTW area meeting.
6. A one page fact sheet of PR will be added to the minutes and sent via email to CRSC members.
7. Alan H to get the literature receipt to Don T.
8. RCMs to get Area votes on proposal #1 and proposal #6 (see below).

OPEN W/ SERVICE PRAYER – 10:07__ a.m.

ROLL CALL:

Chair (Denise) – present
Vice Chair (Carlos) – absent
Treasurer (Don T.) – present
Secretary (Teresa) – present
RD (Brenda) – present
RDA (Chuck C.) – present
Webservant (Don T.) – present
CRCNA Chair (Jay B.) – absent with notice
CRCNA Vice Chair (Tina) – present
CRCNA Treasurer (Peggy) – present
PI (Tawni) – present
H&I (Terry) – present
PR Ad Hoc chair (Linda L.) – present
Incorporation Ad Hoc Chair (Chuck C.) – present
RCM Boulder (Leslie) – present
RCM Boulder (August) – present
RCM Mile High (Joann) – present
RCM Mile High (Brian) – present
RCM Mountain High – absent
RCM Mountains West (Sandy) – absent
RCM Off The Wall (Karen) – present
RCM Off The Wall (Newt) – present

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RCM Pikes Peak (Steven) – present
RCM Pikes Peak (Jayme) – present
RCM Serenity Unlimited (Michael) - present
RCM Southern - absent

Approved minutes for September, 2008

REPORTS:

REPORT FROM THE CHAIR: by Denise

CRSCNA REPORT

TO: Colorado Regional Service Committee Members
FROM: Denise W., Chair
DATE: November 16, 2008

Again, there is not much to report since our last meeting. I have worked with Don on getting our storage unit account updated for online billing and responded to some of the web site correspondence. I have also worked with CRCNA committee members in the last week concerning wrapping up CRCNA XXII. On that note, I would like to say thank you to the CRCNA committee! Their efforts were unbelievable, and I observed first hand at the convention how tirelessly they work. Most of the feedback that came to me was positive. There were some very legitimate concerns expressed directly to me that I believe need to be addressed, and I have asked that this input be brought to the CRSC and that the CRCNA XXIII committee be afforded the opportunity to remedy these concerns.

As always, I am grateful for the opportunity to serve at Region, and grateful for the opportunity to get to know my extended NA family. You all do a tremendous job in service, and I believe the benefits of your service are experienced by NA as a whole in the State of Colorado—just my opinion, and I might be somewhat biased now that I know the faces behind the scenes.

REPORT FROM THE VICE CHAIR: None

REPORT FROM TREASURER: by Don T

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CRSCNA TREASURER'S REPORT --- November 15, 2008

	CURRENT REPORT PERIOD	CURRENT YEAR TO DATE (2008)
OPENING BALANCE - January 1, 2008		\$2,147.10
OPENING BALANCE - November 15, 2008	\$2,172.49	

INCOME:	-	
Area Donations		
Boulder Area	\$49.90	\$1,714.66
Mile High Area	\$581.71	\$723.73
Mountain High Area	\$0.00	\$0.00
Mountains West Area	\$0.00	\$0.00
Off The Wall Area	\$0.00	\$1,000.00
Pikes Peak Area	\$200.00	\$1,100.00
Serenity Unlimited Area	\$0.00	\$0.00
Southern Area	\$0.00	\$0.00
Group Donations		
Crestone Group	\$0.00	\$40.00
Flattop Addicts Group	\$0.00	\$20.00
Golden Group	\$32.00	\$97.00
Keep It Serenely Simple Group	\$0.00	\$16.63
Northside Young in Recovery Group	\$0.00	\$21.60
True Blue Group	\$65.00	\$345.57
Together We Can	\$0.00	\$200.00
Clean And Serene	\$328.72	\$328.72
Hayden Group	\$25.00	\$25.00
Other Income		
		\$75.00
TOTAL INCOME	\$1,282.33	\$5,707.91
EXPENDITURES:		
	Check #	
Prior Report Period YTD Expenditures	XXXX	\$3,433.88
Donut Hole LLC -- room rent	\$50.00 320	\$50.00
Teresa Kritzman	\$30.00	\$30.00
Alan Holub	\$300.00 321	\$300.00
NAWS	\$500.00 322	\$500.00
TOTAL EXPENDITURES	\$880.00	\$4,313.88

(NET) ENDING BALANCE - November 16, 2008	\$2,574.82	\$3,541.13
	\$2,574.82	\$3,541.13

BANK ACCOUNT-CHECKBOOK RECONCILIATION as of November 15, 2008

Latest Bank Statement Date - October 31, 2008

Balance Shown on Latest Bank Statement:		\$2,256.10
Adjustments to Bank Statement -		\$348.72
Outstanding Deposits:	\$348.72	Adjusted Bank
Outstanding Checks & Charges:	\$0.00	\$2,604.82
Net Adjustment:	\$348.72	Checkbook Balance:
		\$2,604.82
		VARIANCE:
		\$0.00

Since the close of the last CRSCNA meeting on September 20, 2008, donations have been received from three Groups totaling \$425.72--- resulting in a current (or opening) balance of \$2604.82. All of the donations received during the current report period and for the year-to-date are listed above. There have been no expenditures during this period beyond those approved and paid during or immediately following the last meeting and reflected in the minutes of September 20 and on the current report.

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The Regional checkbook and the latest US Bank statement have been reconciled with no variance.

There are two regular, recurring expense items for which invoices are expected during the next three to four weeks. They are for 2009 rental of the Regional post office box at approximately \$75 and 2009 rental of the Regional storage facility at approximately \$720. Respectfully Submitted --- Thank you for letting me be of service ---

ILS,

Don T. – CRSCNA Treasurer

Question and discussion:

- We received a letter from an addict in Pittsburg who had an old copy of a CRSC meeting list. The meeting list will go to Alan F. to keep in the Regional archives.

REPORT FROM SECRETARY: None

Question and discussion:

- The home addresses will be removed from the regional contact list.

REPORT FROM RD: by Brenda

**Regional Delegate Report
Colorado Regional Service Committee of NA
November 16, 2008**

Hello Regional Members,

Well, as most of you know by now, the 6th Edition Basic Text and bronze roman numeral medallions are for sale. Your registered groups should have also received the new product catalog for ordering NA literature. This product catalog has the updated literature and medallions for purchase through WSO. If you have not received a catalog and would like one, email NAWS at: www.customer_service@na.org or www.na.org/online_literature_sales_entrance.htm.

I also made contact with NAWS concerning the questions about selling the 5th Edition Basic Texts. I forwarded the response to Denise and Don, which they in turn sent the information to everyone. If you did not receive a copy of the response, I have one with me today.

I recently sent an email to the website: www.na.org/WCNA/index.htm. You can go directly to this link and register for the World Convention in Barcelona, Spain. Along, with this same email, NAWS is soliciting thoughts and experiences for the *Living Clean* literature piece. To add your input, please use this direct link: www.na.org/conference/LC/index.htm.

Many work groups at NAWS are busy working on new projects such as Service Pamphlets, Fellowship Issue Discussion Topics, *In Times of Illness*, and the Business Plan group. The new Service Pamphlets include *The Benefits of Service, Leadership, and An Introduction to NA Meetings*. The Issue Discussion Topics that will be ongoing through this upcoming conference cycle includes Building Communication; Our Freedom, Our Responsibility; and Leadership. The *In Times of Illness* draft version will be out the fellowship in February 2009 for a ninety-day input-and-review. The Business Plan Workgroup is currently working on reviewing NAWS' marketing plans around pricing for translated Basic Texts and shipping costs

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of literature. Another concern of the Business Plan is making a recommendation of either buying a building for NAWs or continue with the leasing option. More information to come in early 2009.

The *Reaching Out* Workgroup which discusses ways to engage local H&I communities in a more meaningful way. Our RDA, Chuck C., was part of this workgroup and I am sure he has more information he could share with anyone interested. Congratulations, Chuck!

I am including a list of travel needs for next year. I have registered to attend the NA Worldwide Workshop in Oakland, CA on February 27th - March 1st, 2009. Some of the topics include: Discussions of local and global recovery and service issues, Medication and Recovery, the "Living Clean" project, and other NA interactive sessions.

The Delegate Team will also be attending to Zonal Forums next year and I will be submitting expenses as I make my reservations.

Costs for the NA Worldwide Workshop are if approved:

Airfare: \$342.00

Hotel: \$260.00

Per diem: \$150.00

Total: \$752.00

Willing to be of Service,

Brenda E.

Question and discussion:

- The Zonal Forums will be in Southern Idaho in July and in Wyoming in December, 2009.
- Would like to thank CRCNA for bringing WSO to the convention.
- Discussed getting old groups off the NA Way mailing. PPA has worked with Don to get them off both WSO lists without success. Don thinks they should be off after the November mailing. If it is still a problem in January, Don will contact the WSO again.
- WSO recognizes there is a problem and is hoping the upcoming database changes will correct it.
- Don can work with smaller areas to get their lists cleaned up.
- MHA has so many meetings that they will have to take care of their list. Don can train the MHA Webservant.
- Excess NA Ways can go to Linda for the Outreach road trips.

REPORT FROM RD2: by Chuck

He has registered for the NA Worldwide Workshop and will bring an expense request to the next meeting. Please send ideas and comments on the topic of how NA can improve in reaching out. Your ideas will be presented at the Worldwide Workshop.

REPORT FROM WEB SERVANT: by Don T

Web Servant Report for November RSC

Since July

- Regional Meeting list last updated: **November 09, 2008**
- E-mail discussion follow-up:

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As directed to do so, by this body, I have simplified the e-mail contact page for visitors to nacaolorado.org. Now all e-mail requests through the website go to myself as web servant and the CRSC Chair, for a back up, just in case I am unavailable to answer promptly (it happens you know). I also received a request from the Pike's Peak Area Web Servant, to see if I could reduce the SPAM getting into his inbox. As a result, I do believe I have also eliminated 90% of the spam that the other trusted servants have been receiving.

In late October, I received a request from the Serenity Unlimited Area, to allow them to take over their web pages. I set-up Candy B, up to have access and I look forward to helping her maintain the Serenity Unlimited web site. If any interested addict in the Southern, Mountains West, or Mountains High Areas are interested in taking over their pages, let me know and I will provide the same access and assistance.

I am also carrying a proposal to amend the CRSC guidelines to make the Web Servant a member of the administrative committee, to be elected annually at the Regional Assembly, rather than an appointed resource position, as this more closely matches the reality of how the CRSC operates.

• Website Stats

Month	Unique Visitors	Number of Visits
November 2007	1778	3412
December 2007	1650	3251
January 2008	1871	3374
February 2008	1855	3227
March 2008	2372	3983
April 2008	2142	3321
May 2008	1865	2942
June 2008	2050	3151
July 2008	2004	3519
August 2008	1882	3571
September 2008	1378	2404
October 2008	2180	3861
November 2008 (To Date)	1043	1625
Daily Averages 11/2008	69.53	108.33

Submitted in Loving Service,
Don T

Question and discussion:

- Thanks for making the meetings more upfront on the web page
- We discussed and decided to take the Phone Line Resource position off the webpage. The position was created a while ago but has never been filled and no guidelines exist.

REPORT FROM CRCNA XXII CHAIR: none

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REPORT BY CRCNA XXII VICE CHAIR: by Tina

Hello everyone:

The CRCNA XXII committee is proud of the work we put forth and understand that we are not perfect. I'm so grateful today to have been a part of this committee. We have walked through some rough spots throughout this year and came through on the other side with growth in our personal recovery program. We had some internal problems and worked towards the solution right away thanks for each person who stuck through the difficult times. The growth I have received from working with the committee is beyond words that I can express.

The meeting on November 8 went well but we had a few things to tie up this week and that is also complete, Peggy has worked hard this week to get all the accounting complete for us. The CRCNA committee made a decision not to purchase the extra merchandise that ordered by the vendor we fulfilled our contract with that vendor. This is the second year of extra items and we could not afford to purchase them.

I have scheduled the CRCNA meeting for next year at the Castle Rock Library and have the dates, times and address available today for you to take to your area. I hope that many members will support CRCNA for the upcoming year. I'm always available for your comments and suggestions I look forward to working with the new CRCNA committee next year. Thanks for allowing myself the opportunity to be of service Tina W

719-598-8588

tmk458@comcast.net

Question and discussion:

- In a nutshell, the vendor produced 43 more sweatshirts than were ordered. He agreed to let CRCNA sell 3 additional shirts at the convention. The other 40 were returned to him and will not be paid for as this is the second time this vendor overproduced on a contract. CRCNA is not willing to eat the cost the second time.
- CRCNA guidelines state that we own the logo.
- The sweatshirts that may be getting sold are illegal merchandise. The vendor is aware that he does not have the right to sell merchandise with our logo on it.
- It is not worth the expense to legally challenge this activity, simply let addicts know they should not be purchasing CRCNA merchandise outside of an official NA event.
- A no cost "cease and desist" order was mentioned, but no direct decision was made to pursue that option.
- A firm decision was made not to use that vendor again.
- It was mentioned that contracting with addicts can lead to these types of problems.
- It was noted that CRCNA has had many good experiences contracting with addicts.
- This type of problem can occur with non-addict contractors.
- We should have learned the lesson the first time we dealt with this merchandise vendor.
- We could buy the extra and sell at our leisure; this would get them off the black market.

DECISION: We will trust the integrity of the vendor and potential buyers, learn the lesson and move on.

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REPORT BY CRCNA XXII TREASURER: by Peggy

CRCNA XXII Treasurer's Report
Colorado Regional Service Committee
16-Nov-
08

Below is the detailed breakdown of the past two months' activity.

Beginning Balance	9/17/2008		\$8,104.20
Income			
	Administrative	200.00	
	Fundraising & Ent	2,386.17	
	Hotel & Hospitality	2,942.96	
	Interest	0.20	
	Merchandise	11,718.75	
	Miscellaneous	80.91	
	Newcomer	726.00	
	Registration	10,751.02	
Income Subtotal			28,806.01
Expenses			
	Administrative	890.68	
	Sales		
	Tax	1,247.97	
	Fundraising & Ent	945.00	
	Hospitals & Institutions	325.35	
	Hotel & Hospitality	10,876.27	
	Merchandise	5,999.61	
	Print & Display	274.43	
	Program	560.09	
	Registration	196.85	
Expenses Subtotal			21,316.25
Balance as of 11/10/08			\$15,593.96

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Question and discussion:

- The books on CRCNA XXII are almost closed except for a few minor items that came up today.
- There is a benefit to closing the books ASAP in November so the next CRCNA cycle can get started.
- There may be tax reasons for waiting until the end of the year.
- The CRCNA guidelines do not have a date, but the CRSC guidelines say the final reports are due at the January CRSC meeting.
- After some discussion, it was decided after these final transactions, the books will be closed and the money turned back to CRSC in January.
- The balance of \$15,593.96 includes the seed money and will not change by much.
- Discussed the speaker contract sent out by email in reference to problems experienced in another region. The contract will be discussed in the next CRCNA cycle.
- What happened to the contact information for people from detached groups/areas that attended CRCNA? This is a good opportunity to find these people.
- The registration chair will get a list of contact information to the PR Ad Hoc chair.
- There was discussion about the lack of registration swags which some people keep as mementos from all the CRCNAs they attend. It is especially important for those attending their first convention.
- There was a feeling that last year they spent too much, now this year not enough.
- Maybe this was a good experiment to find out what swags should contain.
- Discussed the unavailability of registration during the convention. CRCNA committee members believe they were open at the appropriate times.
- Discussed why there seems to be a need to hang CRCNA trusted servants every year. There will always be some mistakes and lessons learned; criticism should not be taken personally.
- There is a process for growth and learning, which is followed and should be enough. There is a wrap-up meeting where lessons learned are discussed, and a to do list is generated and brought into the following cycle.

REPORT FROM BUDGET: None

REPORT FROM PI: Tawni

On October 11th I attended the PR ADHOC meeting. We discussed outreach efforts and getting the PR questionnaire out to as many addicts as possible. I look forward to seeing the results of that information. I will attend the next meeting on 12/6/08.

I also attended the Boulder Area PI subcommittee meeting which is doing well.

We will have a subcommittee meeting in January 2009 prior to the CRSC meeting

My contact information is: tawnicorc@gmail.com

In loving Service

Tawni C

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REPORT FROM H&I: by Terry C

**H&I Subcommittee
CRSCNA 11/16/08**

With the completion of CRCNAXXII, time has certainly flown by, and I am so pleased to announce that we had 100 newcomers register through H&I. I believe that the success of the convention is based on how many still suffering addicts we reach. Although we never expected to reach our goal due to the location in Estes Park, God showed up and everything fell into place- imagine that. I am so grateful to have served as H&I Chair for CRCNA XXII and now it is time for me to focus as H&I Chair for the Region. I attended the last PR Ad-hoc committee meeting and I am excited to be apart of reaching addicts in remote areas. Although we do not have the volunteers to physically go into the facilities in remote areas, we are combing our efforts as a Public Relations team to reach as many addicts as possible. That is one of the main reasons I am in support of the PR umbrella, as it is takes all of the subcommittees to carry the message of NA. The H&I Regional Subcommittee will meet again directly after the PR meeting at 1:30p on Sat. Dec. 6th at the Neighbor Library @ Roxborough- 8357 N. Rampart Road- Littleton 80125.

There are a several items I need to talk about. The 1st is the JPay account. It was brought to my attention from someone I really respect that it might not be a good idea. Her concern was the point of accountability and who would have access to the account as this is a representation of Narcotics Anonymous. Now I know that the original intent was to be able to communicate with the inmates who have written our P.O. Box in a much faster way, to let them know we are responding to their letter. I was not sure if there are any other subcommittees that would need access and thought maybe the only access would be given to whoever is the person responsible for our incoming mail. For H&I purposes, the response would only contain our regional logo, address, email info and an acknowledgement that we received their request. An example would be- Thank you for contacting the Colorado Regional Service Committee of Narcotics Anonymous, we are a fellowship of men and women for whom drugs have become a major problem. The Narcotics Anonymous message is "that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live." We will be contacting you as soon as possible. In loving service, CRSCNA.

I was asked by another addict at Mile High Area if it was permissible to put H&I donation boxes in the meetings at the group level. They would be for literature donations only, such as basic texts and IP's. I know that we can not ear mark funds as far as cash goes, but I was not sure about literature. This brings me to my next situation; the Sterling prison is in great need of literature. The addicts in that area currently belong to Off The Wall but as a result of coming together at CRCNA they are meeting today to form their own area. In the mean time I sent them as much literature as I could. We have about 7 basic texts coming that we can use and that's it for the region. It would sure be great to be able to have addicts donate literature if they could. At the next regional H&I meeting we will budget the intro packets that we will need for facilities in remote areas, including basic texts and well will ask for that money in January. I think that about wraps it up and I hope you all have a wonderful holiday season.
ILS, Terry

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Question and discussion:

- Discussed the literature donation box and decided it is not earmarking if it is for literature only
- The literature boxes should be a function of the groups and areas, it would be unmanageable at a regional level
- While it is clear an individual addict can donate literature to facilities, it may be better to just go the straight route and ask Region or Area to fund literature for a facility.
- If there is a need, it is best to follow through the established service structure.
- Boulder follow-up- the new H&I chair is getting help from MHA H&I training.
- The JPAY is in response to those few letters from inmates that are sent to the CRSC PO box. There is not a regional structure to answer them, so H&I will send the above response via email (JPAY) to let the addict know we have received their letter, then H&I will forward it to the appropriate Area letter writing program for follow-up.
- The JPAY response should include the message is from H&I as well as CRSCNA
- H&I is staying focused on getting literature into regional facilities not facilities that are already served by NA Area's.
- It was verified that no women are going into men's facilities for Regional H&I

REPORT OF THE INCORPORATION AD HOC: by Chuck C.

Met with the PR Ad Hoc and reviewed the SOP. Those will be finished at the Dec. 6th meeting. Once completed, the SOPs and Bylaws will be sent back to Legal and WSO for final review. I would like to engage a CPA prior to the full implementation as one will need to be consulted anyway. It would be better to do so ahead of time. The reviewed Bylaws, SOPs and possibly the CPA comments should be ready by the January meeting.

REPORT OF THE PR AD HOC: by Linda L.

TO: COLORADO REGIONAL SERVICE COMMITTEE
FROM: LINDA L., CHAIR OF PR AD HOC COMMITTEE
DATE: NOVEMBER 16, 2008
SUBJECT: REPORT OF ACTIVITIES

The second meeting of this ad hoc committee was held on Saturday, 10/11/08 @ the Neighborhood Library at Roxborough in Littleton. CO from 10 to noon. (Followed by the Incorp Ad hoc/Budget Committee meeting - see Chuck's report.)

PR Ad hoc members present were Tawni C. (PI), Chuck C. (Incorp Ad hoc), Joann D. (PR Ad hoc member), Terry C. (H&I) and myself (Outreach). Brenda E. and Don T. were absent with notice. Carlos G. had a second absence - this one without notice.

Discussion occurred on:

- ~ distribution of "For the Professional" & "For the Group" posters, especially to Detached Groups (road trips) and to Mtns West and Mtn High.
- ~ updated Detached Groups, removing Ouray and Yuma (as listed) meetings
- ~ Ad hoc Questionnaire (online, CRCNA and printed version), their responses, distribution and use. **Please ask any addict or Group in your Area to fill out the online questionnaire. To**

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date 8 addicts have responded. PLEASE we would like to hear from more Colorado Addicts!!

~ a review of a cool overview of PR Denise received passed on by an addict from Pikes Peak Area plus a great website:

www.nachina.com - try it! The overview will be available at a later date - author needs to be found to ok printing and distribution.

~ road trips were reviewed and a decision made to attempt one or two (Crestone & Monte Vista and/or Yuma/Wray) before today's CRSC meeting. The Crestone & Monte Vista road trip occurred on Nov 11th & 12th - results are detailed below.

And then, per Carlos' request, we discussed and established the following methods to measure the effectiveness of the financial impact of PR road trips:

1. that we (the Adhoc) made contact with Detached Groups or ascertained they were no longer in existence to have accurate info about CO NA available for addicts or the public.
2. that we made contact with one addict or one group to give them means of communication with the Region and with the closest Area, plus to give them literature or meet (if possible) any other needs to improve the unity of the CO NA Fellowship.
3. that growth in the number of addicts or in the number of meetings in the CO Region has occurred - evaluated from RCM reports and from CO Regional meeting list.
4. follow-up questionnaire to newer (to CO) addicts on how did they get to NA in CO? (see #4.)

It should be noted that those addicts in attendance at this meeting agreed that satisfaction of PR efforts carries some non-measureable features - of a job well done; of just seeing or meeting other addicts; of sharing our experience, strength and hope, of hearing about other addicts and their lives; plus seeing NA in CO in action - alive and well.

HOWEVER, a question arose after the above discussion of Carlos' request: Are all CRSC Subcommittees and Adhocs going to have to do this process of quantifying their efforts? This question came about since it seems that we (the PR Adhoc) have been the only service body to be required to do this justification of financial impact even tho other Subcommittees and Adhocs all have a financial impact on CO NA and the CRSC.

OTHER:

Spoke at CRCNA: Regional Keep It Simple Workshop, taking several handouts (Flyers, About PR, Questionnaire, etc.)

Wrote a thanks to Jay, CRCNA Chair for printing, having copies available and providing a place of collection for the PR Adhoc Committee Approved Questionnaire.

Answered a Regional Adhoc Committee Survey on establishing a

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Regional PR Committee. Have not heard back the results of this Adhoc's research efforts.

Distributed to Mtns West and Mtn High enough copies of the approved poster "For the Group" so each meeting in those 2 Areas will have their own copy.

Did a road trip with another addict from the Pikes Peak Area to 2 meetings listed as Detached Groups. Further details will be in my next PR Adhoc report as my findings and thoughts on this road trip has not even been discussed with the full PR Adhoc Committee membership since this road trip just took place earlier this past week (Tuesday and Wednesday).

NEXT MEETING is **SATURDAY, DEC 6, 2008 @ 11am @ THE Neighborhood Library at Roxborough Littleton, CO.**

Thank you for letting me be of service.

Hugs,

Linda L., Chair - CRSC PR Adhoc Committee

Question and discussion:

- Several people reported that the questionnaires were difficult to fill out. The questions seem vague and people just don't know what PR is or should be doing.
- There is an overall feeling that PR is not understood.
- Is there something the RCMs should be doing to educate their Areas?
- PR would be happy to give a presentation to any Area that requests it.
- OTW will set aside a half hour at their next Area meeting for a PR presentation.
- We discussed sending out a brief, one-page fact sheet of PR to further educate the fellowship about PR.
- The PR handbook is available for sale through na.org and also on-line. Don will post the web address.
- Should there be a budget for PR manuals, where the Regions keeps 10 or so on hand?

PR FACT SHEET

HI-LIGHTS FROM THE PR HANDBOOK
(the Foundational Chapters)

Preface

Public Relations (PR) deals with NA's relationships with the public at our meetings, at our events, at our specific service functions and PR also includes NA members representing NA in our daily lives.

~ "We perform public relations service to increase the awareness and the credibility of the NA Program."

Chap 1.

~ "The actions we take in forming relationships with the public can have a profound effect on whether or not addicts can find NA."

~ "PR is all the relationships we create and maintain with the general public, professionals, potential members and each other in our groups and our service communities."

~ The goals of PR:

1. We clarify what services NA can and cannot provide to the community.
2. We make NA members more aware of their role in NA's public image.
3. We aim for the public to recognize NA as a positive and reliable organization.
4. We develop valuable relationships with professionals and the general public.

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Chap 2.

Core PR Principles:

The spiritual foundation of our Program and it's message Anonymity

Unity: Together we can

Attraction...

Self-support

Cooperation, not affiliation

Responsibility & accountability

Forever nonprofessional

Communication

Chap 3.

Contains PR models and the Plan for PR action

Chap 4.

Contains a fairly extensive preparation and training for interfacing with the public...

RCM BOULDER REPORT: by Leslie

Report from BASC to CRSCNA for October and November

The Boulder Area is doing an amazing job of carrying the message. We have ALL Area Service Positions filled except for the CRCNA liaison for CRCNA 23.

The big news within the last two months is the Boulder Area FINALLY got an H&I Chair!! Todd T. was nominated and voted in at the November BASC meeting.

Groups needing speakers are Retune at Noon in Boulder on Fridays and also the Thursday Night Storytellers in Longmont.

The only meeting location change is Recovery in Motion, the Saturday Midnight meeting moved to the Triangle Club in Longmont. It was previously located at the Har Hashem Synagogue in Boulder.

Our PI chair Carrie S., is holding a monthly meeting on the second Sunday of each month at 3pm. The location is the St. Andrews Presbyterian Church at 3700 Baseline in Boulder. She is also holding a PI Campaign of putting PI posters up within Boulder and Brighton. She has a couple of group within Boulder who have offered to be of service in putting up posters. The PI Committee is asking that EVERYONE announce that the Boulder area is looking for Spanish-Speaking addicts to carry the message at a Spanish Speaking Meeting in the Boulder area.

The PI subcommittee is also making a grass roots effort within the Boulder area to educated the fellowship there about unity. The topic this month was to let other addicts know the damaging effects of gossip.

They were successful in getting a literature rack on the CU campus in the health department. This has created a very positive effect on the students at CU, as we have had more students coming to meetings in Boulder.

Carrie is having with Radio Stations within the area to get PI announcements made on the radio. This is not finalized yet, but is an exciting development.

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As mentioned before, Todd T. is now our H&I Chair. He wasted no time with his new service commitment and had a meeting the following weekend on Saturday at the YWCA in Boulder at 6:30pm. He is currently working on getting the information he needs to get meetings into jails and facilities in the area.

JJ, our activities chair also wasted no time in meeting with the Mile High Area Activities committee. They are planning the New Year's Unity Extraveganza. The event will be on Dec. 31 on 12/31/09 from 6pm-1am and will be on Lafayette Street in Downtown Denver. JJ is selling tickets within the Boulder area for the dinner and dance for \$10.00. The dance only will be \$4.00, no addict turned away for lack of funds. JJ reported that Boulder will cover 1/3 of the expenses for the event and Mile High will cover 2/3 of the expenses. The Activities Subcommittee meets monthly on the second Monday of each month at 6 pm at the Rock and Soul Café at 5290 Arapahoe Road in Boulder.

Recovery In Motion is sponsoring a dance in November on the 29th at 8:30pm to 1am at the Triangle Club in Longmont.

The BASC donated to the Boulder County Jail and LCTC, the halfway house in Longmont, several basic texts.

An addict brought up within open discussion that there are grammar issues that need to be corrected within the readings. He was advised to bring this up for the next CAR. In October, there was an issue of the Triangle Club making accusations of stolen pool balls at the Triangle Club by individuals who are clients of LCTC (the halfway house), who sign out to come to NA meetings and do not enter the meeting, but carouse outside of it. These individuals then ask their friends of other addicts to sign their court cards. The pools balls were not stolen, simply stuck in the table, however this spawned discussion of accountability of NA members when signing court cards. The decision was made by groups meeting at the Triangle Club to purchase a stamp for each meeting for court cards. This allows all involved to keep their anonymity in tact and was satisfactory to the Triangle Club, since they are an entity certain groups in Longmont rent meeting space from. It was also decided that the pool balls and the issue of individuals loitering is not an issue needing to be addressed by NA, but by the management of the Triangle Club.

For October, we made a donation of \$18.10 to CRSCNA

For November, we are not making a donation to CRSC, as we cannot afford to. Within the Boulder area, 7th Tradition Donations have been at a lower volume that usual.

Our next BASC meeting will be 12/7/08 at 12:30pm at the Triangle Club in Longmont,

Thanks for letting us be of service.

In Loving Service,
Leslie S. and August T.

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RCM REPORT MHA: by Brian, Joann

**RCM
REPORT**

Mile High Area – November 2008

There are currently 59 groups holding 104 meetings per week in the Mile High Area. During the past two months we had some turnover within the administrative committee. Our treasurer was removed do to non-fulfillment of duties, and our secretary resigned. Both positions were filled at our last area meeting. We also filled the previously vacant assistant treasurer position.

All sub-committees are functional. We have a few vacant phone line shifts. The public information sub-committee continues to find new locations for literature distribution, and they are meeting with one of the network television stations to look at the possibility of airing an NA approved public service announcement. The hospitals and institutions sub-committee is currently serving 26 facilities in the Denver metro area. The activities sub-committees of Mile High and Boulder are co-hosting a New Years event.

As a result of our recent area inventory, administrative committee members and sub-committees are in the process of reviewing and revising all guidelines. We are considering adopting the consensus based decision making process for all area business, and we would like to express our gratitude to our RDA for his presentation at our last area meeting.

For more information you can review area minutes @ NADENVER.COM

Brian S.

Question and discussion:

- It was mentioned that MHA donations to region have been \$700.00 this year and, given the Area's size, that amount seems small. Maybe there should be some discussions with groups about their responsibility to the region.
- MHA donates by quarter so the number is a bit skewed.
- MHA does not demand donations from groups. In general area donation and participation has been down this year.
- MHA Outreach is developing a plan to visit groups who have stopped coming in hopes of addressing the situation.
- MHA is also making an effort to start a Spanish Speaking meeting
- Should we appoint an ad hoc to coordinate all the Spanish Speaking efforts around the region?
Ad hoc discussion moved to Open Discussion

RCM REPORT MOUNTAIN HIGH: none

GROUP REPORT FROM MOUNTIAN HIGH: by Alan H.

**Report to the Region
Sunday November the 16th 2008**

From: The Vail Valley Candlelight Meeting of Narcotics Anonymous.
By: Alan H. GSR

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Greetings from our group,

So many exciting things are happening in the Vail Valley, I hope I can remember to share them all with you. First our members would like to thank the CRCNA XXII committee, for all the work they did in producing the convention. The seven people that attended from our group all had a fantastic time. Plans are already being made to attend CRCNA XXIII.

Now regarding the \$300 given to myself for the purchase and distribution of literature to the meetings in the Mountains West Area. That money was given to the Vail Valley group who then purchased the literature on your behalf. The group added approximately \$75 of their money to cover some additional literature and shipping fees. That literature has now been disbursed to five of the six groups. We will be visiting the sixth group in the next week or two and presenting them with their literature.

Some of you are where that the Vail Valley group produced a T-shirt for sale at the convention. We sold 40 T-shirts in about an hour and a half and generated \$600.00 profit from those shirts. \$450 of that money was used to purchase literature for the Eagle County Jail. We are currently working with jail administration and should have the literature placed by the end of this week. The remainder of that money is being held in trust as we pursue other avenues to distribute literature to other county agencies where appropriate. The group's treasurer noted that in the past 40 days the group has purchased and distributed over \$900 a literature. What a miracle! The Vail group would like to make \$150 donation to the Region and thanks you for your support in helping us to get this meeting started.

Currently, the group is looking at starting a Spanish-speaking meeting. Armando, who is the groups secretary celebrated six months clean a few days ago. For his anniversary gift he is asked for our help in starting this meeting. Already, he has Spanish-speaking members attending our meeting and translating for them when they don't understand. He is currently securing the location, and working on other logistics for this meeting such as posters, newspaper listing etc.. It's an honor to help them with this. More will be revealed.

As for the other meetings that our group attends and supports. The Glenwood meetings are doing well with their new formats and trusted servants. The Friday meeting in Glenwood has been closed due to the lack of support. A lot of thought went into this decision and we felt that focusing on the two other meetings would best serve the community. As this only happened two weeks ago, time will tell. However, attendance has been up noticeably at the Wednesday meeting, which was the meeting struggling the most. The one last meeting I will share about is the Friday Eagle meeting which is doing well with its new format and time. We continue to work with the Leadville groups and for the first time they came to visit our meeting last Tuesday. They will be having a one-year anniversary for the group in December and the Vail group will represent.

Lastly, on a personal note. I have made an appeal to those people on my e-mail list regarding my desire to represent the Mountains West Area at the Regional level. My broadcast e-mail was received by close to 30 members. I received only favorable responses to my request. Prior to sending that e-mail I did also e-mail Sandy to discuss this with him but got no

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response. It's my plan to use the platform I have established to communicate information to those groups and see if I can elicit response and group conscience. I would like to ask for your support in this unusual situation, as it's my desire to serve my Area and continue to work of reforming that service body.

Loving service,
Alan H.
GSR Vail Valley Candlelight Meeting

Question and discussion:

- Discussed the lack of attendance of the RCM of the Area. Decided it should be handled between Sandy and Alan H.

RCM REPORT OTW: by Karen

RCM Report to Region
Nov. 12, 2008

Our last 2 ASC meetings were in Ft Collins, well attended.

Groups: Wow!! Lots of changes. We have a new group in Berthod, "**Addicts Helping Addicts,**" 248 Welch Ave. Wednesdays @6:30. Monday night outside meeting, **Make your own Monday,** has moved inside to 301 Stuart same time. **Souls surviving** group in Ft Morgan is now meeting only on Saturdays @8:00 a week.

Activities: Dec. 14th in Sterling they are hosting a Holiday dinner.

H&I: Kas's final report in this position, all is well and is planning on serving on the Committee.

PI: No report

Area Planning Tool Adhoc: An inventory packet was given to all groups to be filled out and sent back. More will be revealed!!!!

ELECTIONS:

New H & I Chair, Dawn H.
New Merchandise Chair, Desiree;
New Activities Chair, Kurt B.
Open positions: Vice-Chair, Newsletter

Old Business:

- Questionnaires for the addicts in Colorado were given to the CRCNA table w/the other surveys.
- Our ASC reached an unanimous decision to move the dates of the Regional Assembly as the motion stated.

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New Business: Beginning Jan of 2009 our area is losing the following geographic areas. Sterling, Wray, Yuma, Ft. Morgan. They will no longer be in the Off The Wall Area. All of the home groups met at CRCNA XX and came to a unanimous decision to begin their own Area. Off the Wall Area is available and offered to assist in any way. I will keep you posted of their success; we are thrilled and excited for them.

I would like to apologize, during disbursements; I forgot to get our donation. I'll get it next time.

Grateful to Serve,
Karen C. RCM 1
Newt RCM 2

Question and discussion:

- There are several Spanish speaking meetings in the OTW area. They are detached from the ASC at this point. Newt will get more information about them

RCM REPORT PPASC 1: by Jayme

**Pikes Peak Area RCM Report for
November 2009**

It is with a spirit of gratitude having been given the chance to serve here that I give my final report to the RSC this month. I have had a wonderful time as the PPASC RCM for the past 2 years. I have learned many things, and have met many WONDERFUL people. I have truly enjoyed this service position and will again darken the door of the RSC at some point. I am truly looking forward to this next year as I will embark on yet another new service commitment as I join the upcoming CRCNA committee. Thank you for welcoming me and for putting up with me and for teaching me and for encouraging me. You are all truly my family and I am so grateful that I came here to meet you. I am looking forward to a lifetime of memories with each of you from here on.

As for the Pikes Peak Area, we have met twice since I last saw you. Our contribution to the Region is \$200.

Our ASC Policy committee has a motion to the Area to move into CBDM in 2009. The motion is referred back to committee and we will be having an orientation on Friday November 21st at 7:00 PM at our Service Office to acquaint everyone with the process. We hope that this motion passes so that our GSRs will be more familiar with the process when they come to Region and to Regional Assemblies.

Our meetings are doing well. As always some need more support than others, but we are growing. Our meeting, Prindle Studies has moved its time to 9 PM on Fridays instead of 5:30 and hopefully will thrive again in attendance as word spreads. No Nonsense, Our traditions study meeting has moved its time to 7 PM on Sunday nights instead of 10 AM.

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Our Thursday night No Name meeting is having the annual Thank-A-Thon on Thanksgiving day beginning at 2:30ish... There will be food, fellowship and fun!! The regular meeting will be at 6 PM.

Our H&I committee is having a Learning Day / Trivia Game at the ASO on Dec. 7th at 3PM. Come down to the Springs and attend, we would love to have you. Prior to the event there will be an orientation for new volunteers wanting to carry the message into facilities. Home groups can put together teams of two people to compete. This was a lot of fun a few years ago. There will be an award given to the winners that will also include the names of past winners, including me, that will be displayed at the ASO. Our outreach committee is beginning a service activity of corresponding with inmates.

Activities are having a Game Night at the ASO on December 20th from 9PM – Midnight. This is a free event.

All of our positions rotate at the beginning of the calendar year and most of them are open without nominations. There are nominations on the floor for H&I< PR<RCM<Chair<Secretary and CRCNA Liason. But I am personally disappointed that more individuals are not stepping up into these positions. Rotation of service is something that I personally believe in and I hope to see new faces on our Administrative Committee soon.

We all had a great time at CRCNA and would like to thank the committee for their hard work and dedication to the process. I need to say that I was personally disappointed in the Registration Process. It was a complete mess and I am very sad that anyone that had a FIRST EVER CRCNA this year has NO SWAG to remember it by. I can live without mine, but anyone who attends an event like this for their first time, should have something to remember it by. I still have my magnet from Estes Park from my first. I am over it, but wanted to say what I had to say. The food was great, the speakers were great, the fellowship was great. THANK YOU COMMITTEE, THANK YOU!!

THANKS AGAIN FOR LETTING ME SERVE!!

Love to all!
Jayme S

Question and discussion:

- Thanks to Jayme for her service to the region.
- It would be great if the Area Webservant could get the activities on the Regional webpage.

RCM FROM SERENITY UNLIMITED: report by Michael H

SUNAN Report to CRSCNA

Greeting from Grand Junction and the Serenity Unlimited Area. At our monthly area meeting on November 8, nominations were made for the following positions:

Talle M for area Chair (thanks Rob W for serving as chair the past year)

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Kerry Y for Vice Chair (continued from previous year)

Michael H. for RCM (thanks Talle M. for serving as RCM)

Candy B. Secretary (continued)

Candy B. (Treasurer until an appropriate candidate appears; Charlie S resigned previously)

Cody B. RCM2

Nominations for other positions, if available, will be proposed—and the above nominees will be voted upon at the next Area meeting.

Chaz L is the new H&I char and Terry S is handling Literature.

Our area continues to offer a strong message of N.A. recovery with a couple of weaknesses. First we have a scarcity of female sponsors. The 2-3 women willing to serve as sponsors in our area provide limited resources. At last week's area meeting I was asked to see if a telephone list of women in our region might be obtained today. Specifically, we are asking for a list of women willing to speak with newcomer ladies in our area, as a back-up to our current female sponsors. Second, at most of our meetings we hear exuberant group exclamations during our readings ("sick, sick, sick!!!") which may be unattractive (or even frightening) to the newcomer. Alan H. discussed this phenomenon in detail in last month's CRSCNA minutes ("Alan's excellent adventure"). Obviously, this is not unique to our Area.

We'd like to express our gratitude for the inspiring CRCNA event held last month. (Those of you who went to CRCNA and participated in the exchange of stickers can attest that the three of us who came from SUANA were in great demand.) The speakers, workshops and fellowship were wonderful. Thanks for all the hard work.

In loving service,

Michael H

mlh@bresnan.net

Question and discussion:

- Ideas about the group readings included adding a statement in the format reminding members that the readings are from Jimmy K and respect is suggested; lead by example.
- They did have enough people for a quorum at the last meeting.
- The area is struggling financially. Michael will let them know the Region is willing to financially support a phone line in struggling areas.

RCM FROM SOUTHERN: no written report; verbal from Jayme (PPANA)

No representative present; however, addicts from Pueblo have been coming up to PPA for support and guidance. They are forming NA meetings and service structure outside the current one located in the AA club as things seem to be intricately tied to the other fellowships. They did ask the Webservant to remove those meetings from the website as they are not clear NA meetings.

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OLD BUSINESS

Proposal #10 (July): Ruled out of order in absence of the maker (but see proposal #5 below)

To set up a Narcotics Anonymous JPay Account to respond to inmate letters and inquiries through H&I

Intent: To be able to respond to inmate inquiries within 25 to 48 hours. This will give immediate hope to the still suffering addicts who are incarcerated

Maker: Terry C.

Second: Don T

Proposal #4 (Sept) : approved, 2 stand asides

To separate the regional assemblies to occur in April and September

Intent: For our region to function in a timely manner without having to wait until April.

Maker: Karen

Second: Brian S.

ELECTIONS

➤ ***CRCNA XXIII Chair***

Tina nominated and elected; qualified as last year's Vice Chair, has held many service positions, has an NA sponsor, always shows up, does not micro-manage, support from last years committee was expressed in the CRCNA XXII wrap-up minutes.

➤ ***CRCNA XXIII Vice Chair***

Dave W. nominated but not elected.

NEW BUSINESS

Proposal #1: Tabled for input from the Areas

That the CRSCNA support a bid to bring Circle of Sisters Women's Convention of Narcotics Anonymous (COS) XIV to Denver, Colorado, in February or March of 2011.

Intent: To celebrate women in recovery in the fellowship of Narcotics Anonymous, to promote unity among the women of the Colorado Region of Narcotics Anonymous and the Mile High Area of Narcotics Anonymous, and to bring together women in recovery in Narcotics Anonymous from around the world.

Maker: Erin L.

For more information:

Erin L. – Mile High Area – 314-477-7571 or 303-832-1287, erinlh1230@gmail.com

www.circleofsisters.org

www.nasfv.com/cos

Proposal #1 support documents:

FAQ's about Circle of Sisters:

Q: What is Circle of Sisters?

A: Circle of Sisters (COS) is an annual traveling women's convention of Narcotics Anonymous, created by and for the women of Narcotics Anonymous. It has been held

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in 10 cities throughout the United States and Canada over the past ten years, including Portland, Oregon, Houston, Texas, Brooklyn, New York, Boise, Idaho, San Jose, California, Vancouver, British Columbia, and Chicago, Illinois. The first COS was held in Portland, Oregon

Q: Are men allowed to attend COS?

A: Yes. In keeping with our Third Tradition, no addict will be turned away. Men will not be refused access to the convention unless they do not have a ticket for certain paid events (such as banquets, breakfasts, entertainment, etc.) However, we hope that people keep in mind that COS was created by women of NA, for women of NA, with the intent of celebrating women in recovery in the fellowship of NA.

Q: I'm concerned that this is a "Special Interest" function.

A: Technically, COS would fall under the "Special Interest" umbrella. While Narcotics Anonymous World Services (NAWS) have not issued a statement regarding "Special Interest" conventions, they have issued the following statement regarding "Special Interest Meetings."

From the *WORLD SERVICE BOARD OF TRUSTEES BULLETIN #18*
<http://www.na.org/bulletins/bull18-r.htm>
Special Interest Meetings

...Special Interest meetings have existed in Narcotics Anonymous for some time. There does not appear to be anything in the Twelve Traditions which cautions groups against holding special interest meetings, provided that the group has no requirement for membership other than the desire to stop using. Special interest meetings tend to survive and flourish in local NA communities where there is a need and desire for such meetings and do not exist in NA communities where there is no need nor desire....

In Narcotics Anonymous, the World Service Conference does not have the authority to dictate policy to groups, and regional and area service committees do not have policy-making authority over the decisions of their groups. The only authority present in the groups is a loving God expressed in a group's conscience....

Q: Who funds COS?

A: Initial seed money comes from the previous two conventions' surplus money. However, the hosting area or region has ultimate financial responsibility for the COS convention it hosts. COS Host Committee will make every effort to minimize financial risk. Should there be financial difficulties, the Host Committee shall approach the hosting area or region for guidance.

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From COS Guidelines:

A COS convention, after paying all expenses, will divide any remaining funds as follows: 50% to the following year's convention host committee (not to exceed \$5000 USD), 20% to the host committee for the convention two years away (not to exceed \$500 USD), 15% to the hosting Area or Region, and 15% to the World Service Office. Funds will only be forwarded at such time when future convention committees are official subcommittees of an Area or Region of N.A. and when these future convention committees have established bank accounts in the name of their convention.

Q: I'm concerned about this being the same year as CRCNA XXV and WCNA in San Diego.

A: COS will be held in February or March, providing ample time in between conventions. Furthermore, this might provide a less costly alternative to women in the Region who cannot afford a trip out of state.

Q: Who oversees COS?

A: COS has an advisory board of women who have served on previous COS Host Committees. Furthermore, a host committee in the Area or Region will be formed through an election process once a bid has been approved by the COS advisory committee. This Host Committee for COS is accountable to the hosting area or region. The Host Committee will consist of four officers, and a representative of each subcommittee.

Q: Do we have anyone who has served on a COS Host Committee before?

A: Unfortunately, no. We do have one addict who has worked on a bid to bring COS to another region of NA. We also have several addicts who have served on CRCNA and other various levels of service who are interested and willing to be a part of a COS Host Committee.

Q: What guidelines does COS follow?

A: COS has its own guidelines, approved in February 2005. They are available on their website (www.circleofsisters.org) and we have attached a copy for your convenience. Once formed, the Host Committee will draft more detailed guidelines.

Q: What does the bid process entail?

A: A bid package with the following information will be presented at the COS Convention two years prior to local convention date:

1. A letter from the ASC or RSC stating the service body has approved the bid.
2. A letter from the proposed hotel indicating the proposed terms of the hotel contract.
3. Information regarding transportation from the nearest major airport to the proposed hotel, as well as information regarding alternative transportation such as train or bus.
4. The names, clean dates, and service resumes of the NA members who commit to serving on the convention committee, if the bid is approved.

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5. Why you would like to host a Circle of Sisters convention.

Bids are provided in writing to the Chair of the current convention committee, for presentation to the Advisory Board at the Friday evening Advisory Board meeting. Bids will then be presented at an open bid meeting on Saturday. The Advisory Board will announce the two year out location at that time.

Q: Why should we bring COS to Denver, Colorado?

A: Circle of Sisters is a celebration of women in recovery in Narcotics Anonymous. COS will encourage fellowship among the women of NA, strengthening bonds and building larger support networks. While we agree that our recovery need not discriminate on the basis of gender, we understand that there are times when we need to “stick with the women.” Furthermore, COS provides an opportunity to raise funds for the area and region, as 15% of surplus money will be divided up between the area and region. Also, bringing COS to Denver will provide addicts the opportunity to expand their network outside of the Colorado Region, as many attendees at COS come from across the United States, Canada, and other parts of the world. Finally, several women in the Colorado Region have expressed interest in bringing COS to Denver. Some of us have heard of it, others have attended COS’s around the country, but a lot of us are willing to do the work necessary to bring COS to Denver and make it a successful event. And addicts in other parts of the country would like to attend a COS in Denver. Denver’s central location provides a great meeting place for addicts outside the Colorado Region to celebrate recovery!

History of Circle of Sisters:

The Circle of Sisters Women’s Convention of Narcotics Anonymous was started in Portland, Oregon by a group of recovering addicts who had a vision of an annual convention for the women of our fellowship. The first convention, held in February 1998, was called the Pacific Northwest Women’s Convention of Narcotics Anonymous #1. At that time, the organizers anticipated the convention would become an ongoing tradition in the Pacific Northwest. COS quickly outgrew its origins, however, and the second year the words “Pacific Northwest” were dropped. In its third year, COS ventured far from its roots, all the way to Houston, Texas. And in its fourth year, COS became an international NA convention by being held in Vancouver, Canada.

At the third COS, a decision was made to form a COS Advisory Committee to help provide continuity as the Circle of Sisters grew and traveled further afield. And at the fourth convention, the first version of these Guidelines was approved. COS is a convention created by and for the women of Narcotics Anonymous.

For more information:

www.circleofsisters.org
www.nasfv.com/cos

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Erin L. – Mile High Area – 314-477-7571 or 303-832-1287, erinlh1230@gmail.com

Question and discussion:

- Support from both the Region and Area hosting the convention is suggested.
- We will be asking for MHA support at their next meeting.
- Concern was expressed about having support from both.
- Approximately 800 people attend the convention.
- Seed money of up \$ 5500.00 is provided by previous COS conventions, however the hosting region/area has ultimate financial responsibility.
- The hosting Area provides the people resources.
- Discussed that it was a special interest convention, points made:
- We already have an all inclusive convention in CRCNA, we do not need an exclusive one.
- Yes men are allowed.
- Upholding the 3rd tradition is stated in the convention guidelines, no addict will be turned away.
- SUANA is struggling to find support for women, this could help, it also suggests there is need
- There was concern about it being the same year that World Convention is in the US and CRCNA XXV.
- There has not been a problem in the past when the convention landed in the same year as WSC.
- This is held in February and the WSC is not until August.
- The COS and World conventions were held in the same city in the same year and both were well attended.
- Would like to get attendance information for years it occurs with US World convention.

Proposal #2: Rewritten and resubmitted as #6 & #7 below

Proposal #3: passed, 2 assent with reservation, 2 stand asides

To amend the CRSCNA guidelines changing the Web Resource position into a member of the Administrative Committee, with the title Web Servant.

Intent: To make the CSRC guidelines, more accurately reflect the scope and nature of this trusted servant position, as these were written as this position was still new. Over time, the position has evolved to such a place where it does need to be an elected, rather than appointed position, at the CRSC.

Specifically:

Article 5: Administrative Committee - Qualifications, Duties, Responsibilities

Add: Section G: Web Servant

1. Suggested clean time: 3 years

Move: Article 6 Section C to Article 5 Section G

Maker: Don T.

Date: 11/16/2008

Question and discussion:

- How is this different from the guideline changes that were ruled out of order last meeting?
- The answer is the scope. This does not significantly change the way we do business, the changes just better reflect what we are doing
- Currently, the Webservant performs specific tasks and does not serve solely as a resource.

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- These changes will need to be ratified at the next assembly

Proposal #4: passed, 1 stand aside

To send the RD and RDA to Oakland, California. This travel and per diem is to attend the NA Worldwide Workshop. Monies NTE #1,500.00.

Intent: To share Worldwide information to our Region

Maker: Brenda E., RD

Date: 11-16-2008

Proposal #5: passed, full consent

To set up a Narcotics Anonymous JPay Account to respond to inmate letters and inquiries through H&I by purchasing a visa card NTE \$25.00 + costs.

Intent: To be able to respond to inmate inquiries within 25 to 48 hours. This will give immediate hope to the still suffering addicts who are incarcerated.

Maker: Teresa

Date: 11-16-2008

Question and discussion:

- There needs to be a limit so that we do not end up with an unexpected bill.
- Individuals should not be using their personal cards to set this up.
- Proposal amended to address the above issues.

Proposal #6: Tabled – rewrite of original #2

To insert the following in Article 3 Section A

5) Decision makers

a) at CRSCNA Meetings:

i) Regional Committee Members (RCM) elected by their ASC

ii) Any Group service Representative or designated representative of a group, from an Area where there is no standing Area Service Committee

b) At Regional Assemblies:

i) Group Service Representative or designated representative of a group.

Intent: To bring the CRSC more into line of the intent of the Guide to Local service. To better reflect the conscience of the Colorado fellowship through their elected and informed trusted servants.

Maker: Don T

Date: 11/16/12008

Question and discussion:

- This means the subcommittee and administrative committee members would not vote.
- Currently the admin/sub committee members outnumber the RCMs and GSR at Region.
- RCMs carry the conscience of a bigger group while admin/sub committees members vote for themselves.
- In the PPA, admin/subcommittee members do not have a vote.
- If you get rid of their ability to vote, subcommittee members do not have a reason to stay for the RSC meeting.
- It is their service commitment to stay for the regional meeting and give their input.
- This proposal would drive the process toward RCMs.
- Under this proposed guideline change, 8 to 10 people would be voting at a typical RSC meeting.

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- Currently popular opinion of admin/subcommittees seems to drive decisions made.
- This could spark the interest of more Areas by giving them more influence in the process.
- There are other service bodies that work without a vote for admin/sub committees.
- Proposal was blocked based on the 3rd Tradition, the blocked was challenged and retracted.

Proposal 7: rewrite of original #2; withdrawn by maker for further rewrite and resubmission.

To insert the following into Article 3 Section A:

"6) Any time the number of decision-makers falls below 45% of the decision-makers present at the second roll call, no more business may be conducted, except to fulfill the wishes of body."

Intent: To establish a minimum number of decision-makers needed to conduct business at the CRSC

Maker: Don T

Date: 11-16-2008

Question and discussion:

- How do we include the folks that come in late?
- Amended to refer to a second roll call to be determined by the Chair.
- Maker withdrew motion; will make additional changes and resubmit to the RSC.

OPEN DISCUSSION:

Do we need an ad hoc committee to coordinate the efforts to support Spanish Speaking meetings?

- An ad hoc will not provide Spanish-speaking people at meetings, which is what is needed
- Areas should continue the dialogue among themselves to exchange ideas and experiences
- All that's needed is Spanish speaking people and a coffee pot
- It is important not to overlook the other languages in the region
- We need to have representatives of those languages before we can do anything else

Do we need an outreach resource position now that we have both PI and RDA positions filled?

- We had an appointee to fill in while we were missing those positions, which by our guidelines serves as the outreach resource.

DISBURSEMENTS:

\$29.66 for secretary supplies

\$720.00 held for Public Storage and PO Box bills due in the next few weeks

\$50.00 meeting space rental

CLOSING TREASURER REPORT:

	in	\$368.10
	out	\$1621.66
DONATION TO WORLD		\$0
Ending balance		\$1351.26

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DECISIONS MADE:

- Remove the Phone Line Resource position. The position was created a while ago but has never been filled and no guidelines exist.
- Regional Assemblies will now be in April and September, to be ratified at the assembly
- CRCNA will not again use the merchandise vendor who was utilized in CRCNA XXI and XXII due to overproduction of merchandise in both contracts.
- Change Guidelines regarding the Web Servant position, to be ratified at the assembly.

CLOSE