

## Colorado Regional Service Committee Minutes

November 19th, 2006

Wheat Ridge, CO

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**Open** - Serenity Prayer

**Roll Call**

- Chair
- Vice Chair
- Treasurer
- Secretary
- RD
- RDA
- Webservant
- Boulder - 1
- Mile Hi - 2
- Mountains West - 1
- Off The Wall - 2
- Pikes Peak - 1
- Serenity Unlimited - 1
- Southern - absent
- Mountain High – 1
- Hospitals and Institutions - absent
- Public Information – n/a
- CRCNA Chair - absent
- CRCNA Vice Chair
- CRCNA Treasurer

Visitor – Jamie – PPA

Visitor – Ken K. – PPA

Visitor – Steve K. – PPA

Visitor – Alex – PPA

Visitor – Brian – Golden

Visitor – Bart – Golden

Visitor – Brad – Mile Hi Area

Visitor – Denise S. – Mile Hi Area

**Approval of September Minutes – APPROVED**

**Chair Report**

no written report

**Vice Chair Report**

Fellow Addicts,

These past couple of months have been busy. Both in my personal life and in service to NA and the Colorado Region. I would first like to thank all of the members of the CRCNA XX committee for all of their hard work this past year. By all accounts that have reached me thus far, it was an awesome event. Job well done.

Alan H. will not be joining us today. He is traveling on vacation with his parents this week. He has provided me with a closing report and we will be hearing from the Vice-chair, the Treasurer and the Secretary today. If we have questions for Alan, he will be available via cell phone and all we have to do is call.

I do not have anything further to report on the BOD Ad-Hoc committee at this time.

Lastly, I have spent a good deal of time since the last CRSC, along with Alan H, working on the contract for CRCNA XXI. In the original proposal and contact we received from the hotel, they were requesting the immediate signing of a contract. We could not accommodate that request without first negotiating a number of things that were unacceptable in the original contract. A result of that was that they signed another group to those dates. They then informed us that there was only one other weekend in October available at their facility. It then seemed prudent to move forward in an expedient manner to try and negotiate an acceptable contract with them, rather than to wait for the November RSC to inform the fellowship that the original date was unavailable and seek direction, which would have cost us at least 2 months. Consequently, we have been able to complete the negotiations and today we have a contract in place. CRCNA XXI will be held at the Radisson Hotel and Conference Center, 1900 Ken Pratt Boulevard in Longmont, CO – October 26th - 28th, 2007.

ILS

Earl H.

CRSCNA Vice-Chair

**Opening Treasurer Report  
Opening CRSCNA Balance - November 19,  
2006**

**\$2,114.31**

<b>Expenses:</b>	<b>Amount</b>	<b>Check #</b>
NAWS	\$500.00	
	\$57.85	
<b>Total</b>	<b>\$557.85</b>	

<b>Receipts:</b>	<b>Amount</b>	<b>Check #</b>	<b>YTD '06</b>
Boulder Area			\$613.75
Mile High Area			\$1,250.00
Mountain High Area			
Mountains West Area			
Off The Wall Area			
Pikes Peak Area		1201-1182-1193- 1190	\$400.00
Serenity Unlimited Area			
Southern Area			
Clean and Serene Group			\$195.84
Really Last Chance Group			\$18.79
Golden Group			\$30.00
CRCNA XIX			\$4,396.96
Unknown	\$221.73		
<b>Total Receipts</b>	<b>\$221.73</b>		<b>\$6,905.34</b>
<b>Total Expenses</b>	<b>\$557.85</b>		

**Ending CRSCNA Balance -July 16, 2006** **\$1,778.19**

**Opening CRSCNA Balance - Sep 17, 2006** **\$1,778.19**

Being held for Mountain West \$73.82

**Opening Bank Balance - July 16, 2006** **\$1,852.01**

**Chuck C, CRSC Treasurer**

## **RD Report**

I have been a busy delegate since September. With the assistance of my very capable delegate team member we have:

- Did a Basic Text Input and review workshop at CRCNA XX – thank you for all who attended, hopefully this will generate some excitement for this project.
- I assisted the Upper Rocky Mountain Region Alternate Delegate with a basic text input and review project.
- Went to the Mile High Area Service Committee meeting on 11/05/2006 and spoke to the gathered GSRs. Our appearance came as surprise to the committee, but I believe we were well received. Since the road trips are stretching out, I have posted the material that I am presenting on the web site on the Regional Service Committee page. Those materials include the Area Planning tool, The Issue Discussion Topics and the Basic Text Input and review Draft.
- We attended the Serenity Unlimited Area Service Committee on 11/11/2006 in Grand Junction. Steve and I were also invited to share at their Saturday Night meeting and my experience there give me great hope for our fellowship on the western slope.

Upcoming Commitments:

- A road trip to the Pike's Peak Area Service Committee meeting on 12/07/2006.
- Fulfilling a request for another Basic Text Input and Review Workshop for the Boulder Area
- A road trip to the Boulder Area Service Committee meeting on 01/07/2007.
- A road trip to the Off the Wall Area Service Committee meeting 02/04/2007.

Personally, I have found it a source of great joy to get out and meet the Group Service Representatives and the rest of Area Service Committee members, and believe that this effort will be a boon to my own personal growth. I look forward to getting together with the rest of the Areas over the course of the next couple of months.

## **RDA Report**

No written report

OTW requested RD & RDA for Feb. 4

**Webservant Report**

Colorado Regional Meeting List last Update 11/17/2006

**On-going projects (still):**

Message board –no progress

PI password protected material site – no progress

**Web Stats:**

<b>Month</b>	<b>Unique Visitors</b>	<b>Number of Visits</b>
November 2005	1431	2675
December 2005	1439	2426
January 2006	1477	2668
February 2006	1398	2337
March 2006	1625	2758
April 2006	1663	2759
May 2006	1512	2534
June 2006	1546	2757
July 2006	1676	2818
August 2006	1647	2883
September 2006 (to date)	1739	3031
October 2006	1599	2536
November 2006 (thru 11/17/06)	849	1301
Daily Averages 09/2006	99.53	699.59
Daily Averages 11/2006	76.53	435.82

Submitted in Loving Service,  
Don T

## **CRCNA Chair Report**

Good morning,

First of all, please accept my sincere apologies for my absence at this regional gathering today. The simple truth is my mother and father have asked me to travel with them over the next 15 days. My father is 85 and my mother 76. At this point in their lives, when they request my presence, I make every effort to meet their needs. When I received my travel plans from my parents, I indeed did try to change my flight itinerary. But due to my commitment to have my parents on an airplane at 6 a.m. Monday (tomorrow) morning and the fact that I am in Ohio as this meeting convenes, it just was not possible. I can be reached by cell phone to answer any questions you might have. If needed please request my number from any member of the CRCNA committee or Regional Administrative Committee.

Now then, the business at hand. Suffice it to say, CRCNA XX was successful in many ways. The least of which was with our fiduciary responsibilities. In other words, we are solvent. In a moment, you will hear from our treasurer, regarding the specifics of the financials. At CRCNA XX, we saw a record number of attendees, approximately 615 registered. Of those 615 registrants, 350 registered online. In previous years, without online registration only 150 registered in advance of the convention. We sold a record number of banquet meal's at 322. We could've easily sold over 375 had the facility not had some minor seating capacity limitations. Of those registered, 42 registered through Hospitals and Institutions. A respectable number, considering the remote location of our event. Worth noting, is that everyone who registered with H&I, received a coupon for a CRCNA XX T-shirt. This was done in an effort to ensure that these participants felt a part of and not apart from. It seems to have been a successful approach. From time to time we hear some discussion about the cost of registration to our conventioners. Know that this year, with an additional 200 people taking advantage of the \$15 earlybird registration option, our attendees saved thousands of dollars, with no loss in services. We had no up-charge on our meals, no charge for any entertainment, awesome registration packet swag, a great earlybird registration T-shirt, and an online registration system that broke new ground. Registration rocked!

Let's talk merchandise for just a minute. Most everything is sold out. Ironically, the thing we have the most left of is the \$10 T-shirt. This was requested by many members of our service structure as a inexpensive option to purchase CRCNA XX memorabilia. It would seem as though the fellowship may have had a different thought on that. Maybe they should have been a different color or something. The etched coffee cup that sold out last year at \$18 was priced at \$12 this year and sold out as well. Interestingly enough, the etched ashtrays, did not sellout. Perhaps we're smoking less. At any rate, in the guidelines for this committee it states, "efforts of this committee are based strictly on the need to generate funds to ensure the success of CRCNA". It's my humble opinion that this committee fulfilled their obligation in a way that was responsible and financially prudent. Well done Merchandise Committee.

Programming, was one of the more challenging areas we had this year for several reasons. Nevertheless, an outstanding, diverse program was presented for our fellowship. It is important to note one of the most successful programming options was the "God Box" workshop. If you have found your "God Box" to be defective in some way, I regret to inform you that there is no warranty implied. I would suggest you first speak with your sponsor, and then the big guy himself. In all seriousness, the programming committee would like to thank you for your participation in every aspect of CRCNA XX, and hopes that our theme of "A New Way to Live" was carried to you at our convention.

Here are a few quick items. When meeting with others and reflecting on our convention as a whole, this is what I hear. We had only two individual complaints about online registration. Both of them were resolved. Many people commented on the good quality of the banquet meal. I've

gotten some comments on how the "God Box" was the favorite workshop. The Saturday night meeting was awesome, especially the opening video. The comedian was great, the dance hall was too small and why is Starbucks closed at 12:30 am? Earl can answer that question for you. By the way, Starbucks had their best weekend ever. Go figure. Truthfully, I hear only favorable things about CRCNA XX and I would like to wrap up with some thoughts on that very thing.

It's been my experience, from working on the past three CRCNA conventions, that when someone shares with you their gratitude, they say something like "Hey thanks for your service. That was a good time." Or "Hey, are you glad it's over". This time it's been somewhat different. Many of our conventioners have chosen to expound on their experience and have shared details of this past convention. Particularly rewarding for myself and the committee, has been the kind things that those of you who are veteran CRCNA attendees have said about this celebration. One of them, summed it up in away, that I personally had hoped our attendees would feel. She said "I don't know what it was about it. It just felt like one of the best conventions we've ever had." To me, this statement is a telling testament to the work the subcommittees put into this convention. Sure, there may have been a specific moment that sticks out in someone's mind, but when a service body, guided by our traditions and concepts, sets out to accomplish a task, gets out of the way and the outcome is favorable, it's only by the grace of God that it is done well. I cannot even begin to express my gratitude to the fellowship of Narcotics Anonymous for saving my life, not to mention the honor of having served as the CRCNA XX chair. May God bless each and every one of you in the coming year, with health, happiness and love.

In grateful and loving service,  
Alan H. CRCNA XX chair

## **CRCNA XX Vice Chair Report**

Greetings,

Well we did it, another convention has come and gone, and what a rewarding experience it has been. People are still talking about the convention and what a great time it was. I have managed to collect about 90 or so survey questionnaires that were filled out at the convention. After reviewing them there was a lot of positive feedback on what addicts would like to see different or keep the same. Overall the venue was the best received. There were some good ideas as far as entertainment and merchandise. The workshops were ok but it's time to do something different. This project is a good tool to have in planning CRCNA XXI. Even though we cannot please everyone we can at least make an effort to meet the needs of most addicts. We sent more of these questionnaires to the Area Service committees to take back to their groups. So I hope to get even more feedback.

Serving as the Vice Chair for CRCNA XX has been a rewarding experience not only for my personal recovery but the recovery of the many newcomers who got to experience what NA is about. After seeing these miracles at work in the lives of many addicts I am ready to face the challenge of another year of convention planning in the hopes of becoming the Chair of CRCNA XXI.

Whatever happens today in the election process is totally in the hands of our higher power. Again thank you for letting me be of service.

Marilou L.

## **CRCNA XX Treasurer's Report**

Hi Everyone,

As of October 1, 2006 we had a beginning balance of \$14,428.26. Through the month of October our deposits totaled \$26,014.25 and our checks totaled \$26,558.70 which brought us to a balance of \$13,883.81. We had bank charges in the amount of \$125.23 and interest income of \$2.30 which brings us to an ending total for October of \$13,760.88. November 1, 2006 we began with a total of \$13,760.88. We wrote checks for the city and state taxes of \$1,186.58 and several checks to finalize some accounts along with bank charges we have incurred up until today which brings us to a total as of today in the amount of \$10,726.33. Out of the \$10,726.33 we will be returning the initial seed money of \$5000.67 which will leave an ending balance of \$5,725.66 to Region. We however do have a balance in the newcomer fund of \$315.21 which we would appreciate the discussion of leaving it in that fund for next year. We also bought 31 soft cover "Basic Texts" and 41 soft cover "It Works – How and Why" for H & I to give out at events throughout the year.

If you have any questions please feel free to ask me.

Thanks for letting me be of service,

Janet M.  
CRCNA XX Treasurer

### **CRSC SECRETARY'S NOTE:**

Discussion of newcomer registration, clarification on what happens with Newcomer fund. Informal proposal to put remaining \$315.21 in CRCNA General Fund to cover Newcomer Registration - approval

28 free newcomer registrations were given out.

Question on CRCNA seed money – Do we want to increase to improve the event?

**PI Report**

no PI chair, no report

**H&I Report**

No chair present, no report, no contact

Proposal to remove H&I Chair per guidelines (2 unexcused absences) – no dissent, H&I is now open

## **RCM REPORTS**

### **Boulder**

Greetings CRCNA members,

Narcotics Anonymous is alive and well in the Boulder area  
Currently we have 23 meetings in the city of Boulder and the surrounding communities.

All of our service positions at Boulder Area Service are filled except  
Web Servant..

\*ACTIVITIES COMMITTEE: Mindi  
The day of Gratitude  
Food and 2 pm Speaker meeting  
NA Prizes for best Potluck contribution  
November 25th 1pm-5pm  
18 S.Sunset st Longmont CO

\*H&I COMMITTEE: Deb P.  
Boulder Co Womyn's jail meeting is back on schedule. We only have 2 womyn approved though  
and we need more support. LCTC is no longer having H&I due to not enough addicts to carry the  
message. The Boulder County and Adams County men's jail meetings are getting large resident  
attendance and are going well.

\*LITERATURE COMMITTEE: Gigi G.  
Our literature inventory is fully stocked.

\*Public Information: Angela H.

\*Treasury: Heather K.  
We are current on all of our expenses and contributing \$281.78 to Region leaving us a \$200.00  
reserve.

\*RCM:  
The region has asked us to provide a group consensus about whether we would be interested in  
consolidating the phone line?  
The Boulder Area has some questions:  
1. Are we unhappy with our current service? YES  
2. How will a geographically diverse region be served by a centralized service?  
3. How many recovering addicts will they call to get a suffering addict help?  
4. What will the report we get look like?  
5. We need to understand how the routing process will work for directing incoming calls to the  
addict who is suffering? Meaning if the call comes from Boulder, can they get routed to someone  
in Boulder so that we can meet them at a meeting?

\*Phone Line Chair: Joel C.  
was elected..

In grateful service,

Kevin K. 970-217-0035  
and  
Dave K. 720-771-8795

Boulder Area RCM I & II

**Mile Hi**

No written report – donated \$600.00 to Region

**Mountain High**

New meeting in Meeker – called NAWS for start up kit – details to be forwarded to Web  
No meetings in Craig, one new meeting in Steamboat Springs – Averaging 9-12 – had 15 last meeting, largely due to CRCNA – Steamboat working on starting another new meeting.  
Discussed having more of a service committee. Working on starting an H&I meeting. Received calls looking for meetings in Steamboat Springs.  
Request made for help for Meeker meeting – no objections - \$140.06 in literature order placed with NAWS.

**Mountains West**

10 meetings, including one in Pitkin County Jail  
Gratitude night Monday – first NA sponsored activity in 2 years  
Attendance is high, lots of newcomers  
Basalt needs support  
Carbondale needs support  
Glenwood needs support  
Rifle doing well  
Vail – don't know  
No phone line  
Question on money due Mountains West – no decision this month

## **Off The Wall**

Our area met on November 5, 2006 @the Coloradoan in Fort Collins.

We have yet another new group in our area on "Out of Control," they meet on Monday nights @ 6:30. Also a new group @1201 Riverside on Saturday @9:30, (prayer and meditation).

We are looking forward to a New Years Eve Dance and a Speaker Jam. Our Capture the banner still going strong; we are in the process of revamping it. Remember to put on calendar, Our oldest group "Fun Addicts" is celebrating their 20 yr Anniversary on November 24th @1630 S. College Ave. from 9:00 to 12:00 midnight. We will be having different home groups sign up to sponsor an hour.

We also have a new Activities Chair, welcome Andrew

H & I: Our Chair did not seek re-election. We have a new chair Kas.

PI: No report

Our biggest issue was the phone line and we have got that resolved.

We had discussion in regards to the proposal of the consolidation of phone lines and we decided that we are open to the new idea, just need clarification as to:

Who would man the phones?

Would we still have our own bill?

What about our current posters?

I have given a copy to the Area of the BOD discussions-it just never really gets discussed fully! It continually gets tabled, Perhaps, It's all just kind of vague to me as well as others in our Area. Honestly, I haven't been informative nor assertive in getting any kind of consensus. I will make a copy of the BOD's options for each group and hold our area accountable for a decision.

We are planning for our RD and RDA's visit in February, we will be having a continental breakfast @9:00 prior to our ASC and Q&A after.

Open positions: RCM1, Literature Chair.

Grateful to serve,

Karen C. RCM 1

Newt RCM 2

**Pikes Peak**

The Pikes Peak Area met on October 5th and November 2, 2006. Our donation to the CRSC is \$300.00.

We would like thank the CRCNA Chair and Sub-Committee for a wonderful convention this year. In terms of celebration, recovery and fellowship it was a huge success and the selfless-service very evident. Addicts who attended loved the flow and options provided at CRCNA XX. Thank you so much for a GREAT CONVENTION!

For those of you that would like to celebrate fellowship and recovery in the Pikes Peak AREA there will be a Thank-A-Thon hosted by the No Name Group on November 23rd from 4:00 to 7:30 PM. Please bring a side dish to share. The meeting begins at 6:00 PM.

Currently Literature Chair is open.

Thank you for allowing me to be of service.

In loving service,  
Mary Kay A.  
RCM

## **Serenity Unlimited**

I am in Atlanta this weekend and unfortunately cannot attend today's CRCNA meeting.

Don T. and Steve K. visited our Area Meeting last weekend and brought with them an attitude of calm, confident, optimism sprinkled with (good, bad, or perhaps just weird) humor. Our group appreciates your visit; you were helpful and inspiring. Thank you for coming.

We are interested in hosting the Zonal Forum in Grand Junction next year, and hope to locate workable accommodations so we can present them to you. We are in the process of electing a number of new members to our Area Committee. Joe will serve as RCM, along with me, so two RCMs will now represent SUANA. (Joe, if you made it to the meeting, please introduce yourself.) Other members will be voted upon next month; for now, Rob from Telluride is our acting chairperson.

Grand Junction continues to offer at least one NA meeting each day of the week (2 on Monday). Other cities in our Area remain much less fortunate. We are bringing NA meetings into the local Grand Junction treatment centers, jail, and women's work-release facility. Our service structure is filled, for the most part, with folks who are new in recovery, eager to learn and grow. We are grateful for our connection with CRCNA.

See you at our next meeting.

Michael H.  
RCM, SUANA

## **Southern**

No report



QUESTION RAISED BY VISITOR: What is the policy and procedure around helping new groups who come to Region for help?

Several shared; there is no official procedure in guidelines.



## **OLD BUSINESS**

### **Nominations and Elections**

Public Information Subcommittee Chair – no nomination, take back to area

### **BOD Discussion**

BOD Ad Hoc Chair asked for feedback

PPA interested in BOD over CRCNA rather than over Region

OTWA expressing apathy

BOD Ad Hoc Chair restated issues

Mile Hi RCM believes fellowship is split between those who are for and those who don't know

Mile Hi RCM 2 asking for fewer choices

Ad Hoc Committee will meet on December 10, 2:00 PM, 11101 W. 26<sup>th</sup> Avenue, to choose a

proposal for areas – Proposal to be brought to CRSC in January – Participation at meeting

requested from any and all addicts in Colorado Region

### **Insurance for Public Storage**

NOTE FROM JULY CRSC MINUTES:

Recommendation from Treasurer is to drop insurance as there is little material to insure beyond CRCNA Banners – everything else in the locker is not covered under available insurance.

Decision is to drop insurance, pay only rent.

APPROVED: Payment of storage locker rent without insurance - \$746.66

### **Consolidation & Combination of phone lines – state wide (Region-wide)**

INTENT: To make a seamless contact method to meetings anywhere in the region via telephone.

Proposal made by Joseph B.

Seconded by Karen C.

Tabled until November CRSC so that RCMs can take this back to areas to get area consciences.

Boulder would like more information

OTW would like more information

Mountains West would like more information

Pikes Peak would like more information

Mile Hi does not have opinion

Ad Hoc committee created to investigate – Joseph will chair – 703-509-3652

Meeting time tbd

## **OPEN DISCUSSION**

### **PO Box**

Out-going CRCNA Secretary says there's a big pile of mail – CRSC Treasurer picked up mail, typically picked up before each CRSC meeting.

PO Box bill should be paid in December.

APPROVED payment of PO Box bill, amount TBD when bill arrives in December (approximately \$76)

## **NEW BUSINESS**

### **CRCNA Elections**

- Chair – Marilou L. – CRCNA XX Vice-Chair vote of confidence – APPROVED
- Vice Chair – no nominations accepted – position is open
- Secretary – Denise S. – APPROVED
- Treasurer – no nominations accepted – position is open

### **PROPOSAL #1 - APPROVED**

Reimburse RDA for gas expenses to Serenity Unlimited Area Meeting 11-11-06 - \$48.50  
Maker – Steve K.  
Seconded

### **Ending Treasurer Report**

Opening balance	\$ 1704.37
Receipts	\$ 7021.62
Disbursements	\$ -1063.89
NAWS Donation	\$ -3162.10
Ending Balance	\$ 4500.00

### **Close Meeting**

#### **ACTION ITEMS:**

- [RCM's - Take vacant PI Chair Position back to areas to find someone to fill this position](#)
- [RCM's - Take vacant H&I Chair Position back to areas to find someone to fill this position](#)
- [RCM's - Take vacant CRCNA Vice Chair Position back to areas to find someone to fill this position](#)
- [RCM's - Take vacant CRCNA Treasurer Position back to areas to find someone to fill this position](#)
- [RCM's - Take BOD Ad Hoc Meeting Time and Location to Areas to generate participation](#)
- [RCM's - Take Proposal for Consolidation of Phone Lines back to areas to get area consciences](#)
- [CRSC Vice Chair – Hold BOD Ad Hoc Committee meeting and bring proposal to January CRSC](#)
- [Mile Hi RCM 2 \(Joseph\) – Chair Phone Line Consolidation Ad Hoc Committee](#)

#### **DECISIONS MADE**

- [Decision made to not purchase insurance for storage locker for 2007](#)
- [Decision made to pay rent on storage locker \\$746.66](#)
- [Decision made to pay PO Box bill when it arrives from the Post Office in December approximately \\$76.00](#)
- [Decision made to pay The Donut Hole \\$50.00 for rent on meeting space for November CRSC Meeting](#)

#### **ITEMS APPROVED**

- [Minutes for September CRSCNA Meeting](#)
- [PROPOSAL #1 – Reimbursement of gas expenses for RDA \\$48.50](#)
- [Literature purchase for new meeting in Meeker \\$140.06](#)

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