

# COLORADO REGIONAL ASSEMBLY OF NARCOTICS ANONYMOUS

Minutes  
Sterling, CO  
September 19, 2009

## **ANNOUNCEMENTS:**

1. Please distribute the PI flyer (it is attached to this email and is on the web)
2. NAWS is still taking the membership survey, so please help with this effort ([www.na.org](http://www.na.org))
3. Colorado website mentioned throughout the minutes is at <http://www.nacolorado.org/>

## **ACTION ITEMS:**

1. Web post of PI flyer and RDA PowerPoint presentation
2. PPA to forward H&I sponsorship letter guidelines to Don T.
3. Change the CRCNA guidelines as outlined in Proposal #2
4. Change the CRSC guidelines as outlined in Proposal #3

## **OPEN W/ SERVICE PRAYER – at 10:08 a.m.**

### **ROLL CALL:**

Chair (Denise W) - present  
Vice Chair and Budget (Carlos) - absent with notice  
Treasurer (Don T) – present  
Secretary (Teresa) - present  
RD (Brenda) - absent with notice  
RDA (Chuck C) – present  
Webservant (Don T) - present  
CRCNA Chair (Tina W) - present  
CRCNA Vice Chair (Tiffany S) - present  
CRCNA Treasurer (Joyce) - present  
PI – (Tawni C) - present  
H&I – (Terry C) - present  
PR Ad Hoc (Linda L) - present  
Incorporation Ad Hoc (Chuck C.) - present  
RCM Boulder (August, Aaron) – present  
RCM Bringing Freedom East (Rich, Jarred) – present  
RCM Mile High (Brian, Mandy) – present  
RCM Mountain High (Reece) - present  
RCM Mountains West (Armando, Alan H) – Alan present  
RCM Off The Wall (Newt, Shawn) – present  
RCM Pikes Peak (Steven, Kathleen) – present  
RCM Serenity Unlimited (Michael) – present  
RCM Southern- absent

## **Approved minutes for July**

**COLORADO REGIONAL ASSEMBLY OF NARCOTICS ANONYMOUS**

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**REPORTS:**

**REPORT FROM THE CHAIR:** by Denise

**CRSCNA REPORT**

**TO:** Colorado Regional Service Committee Members  
**FROM:** Denise W., Chair  
**DATE:** September 19, 2009

After the July CRSC meeting, I was contacted by some members who had concerns about our decision to eliminate the practice of donating CRCNA t-shirts to H&I newcomers at the convention. After numerous discussions and input from the CRSC vice-chair, it was decided that we would have a t-shirt drive for ALL newcomers who attend CRCNA. Further information about this can be obtained from the CRCNA committee.

On July 23, I received some information about a meeting held in Montrose where apparently there are in attendance at this meeting a number of local jail inmates on work release. The information was that after the meeting had started, a policeman interrupted the meeting and conducted a "roll call" of the inmates; also, I was told that the meeting was interrupted a second time by the entry of a bondsman and a parole officer looking for an absent inmate who was supposed to be in attendance at the meeting. Serenity Unlimited, the host Area, was notified of this situation and the Area PI subcommittee followed up with the local police department on July 31 and resolved the matter. I will let Serenity Unlimited report further on this.

I attended the CRCNA subcommittee meeting and hotel walk-through on August 8. From what I observed, this committee has done an incredible job with everything that has come against it in this process and they are READY for the convention. Thanks to all of you who work with an attitude of solution.

Thank you again for allowing me the opportunity to serve.

**REPORT FROM THE VICE CHAIR -- None**

**REPORT FROM SECRETARY: nothing to report**

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**REPORT FROM TREASURER: by Don T**

**CRSCNA TREASURER'S REPORT --- September 19, 2009**

**CRSCNA TREASURER'S REPORT**

July 19, 2009 to September 18, 2009

	<u>CURRENT REPORT PERIOD</u>		<u>CURRENT TO DATE</u>
<b>OPENING BALANCE - January 1, 2009</b>			<b>\$1,497.48</b>
<b>OPENING BALANCE - July 19, 2009</b>	<b><u>\$5,378.97</u></b>		
*****			
<b>INCOME:</b>		-	
<b>Area Donations</b>			
Boulder Area	\$500.30		\$1,423.08
Bringing Freedom East	\$0.00		\$5.00
Mile High Area	\$150.38		\$684.78
Mountain High Area	\$0.00		\$0.00
Mountains West Area	\$0.00		\$0.00
Off The Wall Area	\$0.00		\$1,000.00
Pikes Peak Area	\$120.00		\$720.00
Serenity Unlimited Area	\$0.00		\$10.00
Southern Area	\$0.00		\$0.00
<b>Group Donations</b>			
Crestone Group	\$0.00		\$40.00
Flattop Addicts Group	\$0.00		\$0.00
Golden Group	\$20.00		\$46.00
Keep It Serenly Simple Group	\$0.00		\$0.00
Northside Young in Recovery Group	\$0.00		\$0.00
True Blue Group	\$38.45		\$210.15
Together We Can	\$0.00		\$0.00
Clean And Serene	\$0.00		\$0.00
Hayden Group	\$0.00		\$0.00
Vail Valley Group	\$0.00		\$75.00
At Home in Na Group	\$13.00		\$23.00
Surrender and Recovery Group	\$10.00		\$10.00
<b>Other Income</b>			
CRCNA XXII donation	\$0.00		\$10,727.38
Voided Checks	\$250.00		\$250.00
<b>TOTAL INCOME</b>	<b><u>\$1,102.13</u></b>		<b><u>\$15,224.39</u></b>
<b>EXPENDITURES:</b>		<u>Check #</u>	
Prior Report Period YTD Expenditures	XXXX		<b>\$10,440.37</b>
Denver Inner City Parish	\$50.00	344	\$50.00
Regional Assembly Advance Expenses	\$500.00	345	\$500.00
Don Tilleman	\$150.00	346	\$150.00
Pre-paid Credit card for GotoMy meeting	\$471.95	351	\$471.95
Michael Horwitz	\$140.00	347	\$140.00
Tawni Corcoran	\$456.00	348	\$456.00
Brenda Eastlick	\$514.00	349	\$514.00
NAWS	\$250.00	350	\$250.00
<b>TOTAL EXPENDITURES</b>	<b><u>\$2,531.95</u></b>		<b><u>\$12,972.32</u></b>
*****			
<b>(NET) ENDING BALANCE - September 18, 2009</b>	<b><u>\$3,949.15</u></b>		<b><u>\$3,749.55</u></b>

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<b>OPENING BALANCE -September 19, 2009</b>	<b>\$3,949.15</b>	<b>\$3,749.55</b>
*****		
<b>BANK ACCOUNT-CHECKBOOK RECONCILIATION as of September 19, 2009</b>		
Latest Bank Statement Date - August 31, 2009		
Balance Shown on Latest Bank Statement:		\$6,954.40
Adjustments to Bank Statement -		Net Adjustment: <u>(\$3248.25)</u>
Outstanding Deposits:	\$551.75	Adjusted Bank Balance: \$3706.15
Outstanding Checks & Charges:	<u>\$3800.00</u>	Checkbook Balance: <u>\$7,006.15</u>
Net Adjustment:	(\$3248.25)	VARIANCE: (\$3300.00)

Since the close of the last CRSCNA meeting on July 19, 2009, donations have been received from 2 Groups (True Blue and At Home in NA) for \$51.45 and one Area (BASC) for 500.30 totaling 551.75. All of the donations received during the current report period are listed on the previous page.

There have been no expenditures, and there are 3 checks outstanding for a total of \$3800.00 resulting in an opening balance of: \$3706.15. I have been having a bit of trouble figuring out how get these reports correct and as a result there is a huge variance between our checkbook balance and the closing balance from July. I have gone through all the reports since January, and the opening balance for today is correct

The Regional checkbook and the latest US Bank statement have been reconciled with one deposit and three checks outstanding and no variance.

In Loving Service,

Don T – CRSCNA Treasurer

**REPORT FROM WEB SERVANT: by Don T**

**Web Servant Report for Sept Assembly**

**Since July**

- Regional Meeting list last updated: **September 13, 2009**
- Website Stats

**To do:**

- Write suggested guidelines for GoToMeeting application

Month	Unique Visitors	Number of Visits
July 2008	2004	3519
August 2008	1882	3571
September 2008	1378	2404
October 2008	2180	3861
November 2008	2012	3462
December 2008	1994	3476
January 2009	2265	3768
February 2009	2119	3624

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March 2009	2548	4062
April 2009	2425	3822
May 2009	2350	3935
June 2009	2159	3512
July 2009	2456	3943
August 2009	2522	4084
September 2009 (to date)	1576	2472
Daily Averages 09/2009	87.56	137.33

Submitted in Loving Service,  
Don T

## Question and discussion:

- Still working on guidelines for using GoToMeeting
- Can have concurrent meetings so long as they do not start at the same time
- The max is 16 people per meeting with unlimited meetings through the year
- Cost is \$471.00 a year
- Participants need a computer with a speaker, head phones work best

## REPORT FROM RD: by Brenda

In response to questions raised about the last workshop, here is a reprint of the summary from the workshop in July, 2009, CRSC Assembly:

REGIONAL ASSEMBLY  
BOULDER, COLORADO  
RD/RDA PRESENTATION

Results from presentation:

### Group --- Area/Region

#### Working well:

Groups support financially  
Meeting lists

#### Not working well:

Do not always financially support fully  
Not all GSRs attend Regional Assemblies  
Not all GSRs take Area announcements to groups

#### Solutions:

Area Outreach  
Clear direction from Groups to Areas

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Discuss financial issues in business meetings  
Raise financial awareness – where money is spent  
Encourage partnership

Communication:

Have members know what issues to take to groups

**Area --- Region**

Working well:

Financial support  
Communication between service bodies

Not working well:

Lack of communication at times between service bodies  
Warm-body syndrome for filling service positions

Solutions:

More regional announcements  
More event flyers  
Vice positions in service – train for position – mentoring

Communication Needs:

Region to Area and vice versa

**Region --- NAWS:**

Working well:

Communication between service bodies  
CAR – Conference Agenda Report information

Not working well:

No meetings on line  
NAWS to Groups and members sometimes lacks

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## Solutions:

Provide on line meetings  
RD/RDA visit Areas  
Communication more by World Service bulletins

## **NAWS --- Groups:**

### Working well:

Purchase literature directly  
Good support by NAWS  
NA Way & other periodicals helpful  
Service guides good  
Input both ways

### Not working well:

Fund flow is poor from groups to NAWS  
Meeting list updates by NAWS for the groups

### Solutions:

Fund flow education  
Meeting list updates in a timely manner

## **Communication in NA Services:**

### Working well:

Written/oral reports  
Sponsorship reports  
Website/email responses

### Not working well:

Through the structure – from NAWS up to Groups  
Increase frequency in communication – helps groups  
Encourage service work to bring in new addicts  
Training – learn service positions

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## **REPORT FROM RDA: Chuck C**

Chuck did a PowerPoint presentation about current NAWS news. It is available on the Colorado web site.

### **Question and discussion:**

- The CAR report is expected out Nov. 24<sup>th</sup>
- CAT is expected out Jan 25<sup>th</sup>
- We will vote on CAR issues at the April 2010 Assembly
- Working on 2 new/revised Service Pamphlets
- Input needed for the Living Clean project
- Letters from addicts in recovery after incarceration are needed for the Reaching Out newsletter
- Please see the PowerPoint for a complete listing of dates.

## **REPORT FROM CRCNA XXII CHAIR REPORT: by Tina**

September 2009

Greetings to all:

Excitement is growing around the details of the convention and we have only 34 days until the kick-off.

The CRCNA CREW has been very busy working on the details of the convention. In August we did the work through at the hotel and we have plenty of room for the weekend. Denise the chair joined us and I want to say thanks for joining us.

1. The dinner and breakfast meal tickets are sold out at this time.
2. Each sub-committee is remaining on the schedule and on budget requirements.
3. The program committee has developed a variety of workshops.
4. Mediation room and game room are scheduled to be open at the convention. Rules will be posted in each room
5. We still need home groups to sign up for the hospitality room and addicts to chair marathon meetings (online)
6. Joyce received the new laptop and updates are being done
7. Registration has 345 people registered for the convention and the 25 dollar cut off will be September 21 if you need to register do it before Sunday( registration is available today here)
8. The travel mugs offered by registration is also ending on the Sept.21 I have read the description about these coffee mugs they are dishwasher safe and only \$15 dollars no extra will be ordered so get them while you can.
9. BFE is hosting a CRCNA fundraiser after the assembly good food with music. Thanks in advance for allowing us to meet here in the new area very happy to be here and watching NA as a whole grow.



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- 10. Announce to everyone that the convention will kick-off at noon on Friday
- 11. The merchandise sub-committee will be selling NA literature at the convention
- 12. The t-shirt collection for the newcomers at the convention is around 100 as of last week.

CRCNA XXIII will be meeting Oct.3 in Castle Rock at the Library and the wrap up meeting will be November 8, which is on a Sunday 12-when we get done.

We has a sub-committee are ready for the convention. I'm so proud to say that each person sitting on this committee is an outstanding individual with lots of dedication. CRCNA ROCKS!!!! I'm so grateful for this opportunity to be of service and grow through the awesome experience this year. Thank you and love all of you Tina 719-205-2258

**REPORT BY CRCNA XXII VICE CHAIR: by Tiff**

Reported that things are going well. I am impressed with how organized the committee is this year. All the sub committees are organized and ready to go.

**REPORT BY CRCNA XXII TREASURER: by Joyce**

**CRCNA AUGUST 2009 REPORT**

	<b>DEPOSITS</b>	<b>WITHDRAWALS</b>	<b>BALANCE</b>
			<b>\$</b>
<b>BEGINNING BALANCE</b>			<b>14,757.66</b>
<b>INCOME:</b>			
<hr/>			
<b>Registration</b>			
	\$		
7/11/09 Received in Mail	490.00		
	\$		
7/11/09 Received in Mail	15.00		
	\$		
7/19/09 Online Orders (includes refund)	45.00		
	\$		
7/20/09 Received in Mail	150.00		
	\$		
8/7/09 Online Orders	245.00		
	\$		
8/7/09 Received in Mail	355.00		
	\$		
<b>Registration Income Total:</b>	<b>1,300.00</b>		<b>\$</b>
			<b>16,057.66</b>

**Fundraising & Entertainment**



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Registration Income Total:	\$ 2,213.00		\$ 15,505.9
<b><i>Fundraising &amp; Entertainment</i></b>			
8/10/09 PPANA Spaghetti Dinner	\$ 614.00		
9/9/09 Return of Funds for PPANA Spaghetti Dinner	\$ 404.82		
8/10/09 Return of Comedian Airline Tickets money	\$ 339.10		
Fundraising & Entertainment Income Total	\$ 1,357.92		\$ 16,863.9
<b><i>Merchandise</i></b>			
8/8/09 Merchandise Sales at Area Meetings	\$ 130.00		
8/1/09 Franktown Meeting	\$ 30.00		
8/10/09 Merchandise Sales (Received from Tina)	\$ 30.00		
8/10/09 Merchandise Sales at PPANA Spaghetti Dinner	\$ 80.00		
Merchandise Income Total	\$ 270.00		\$ 17,133.9
<b>Interest Paid</b>	\$ 0.10		\$ 17,134.0
<b>EXPENSES:</b>			
8/3/09: Admin: Merchant (Debit)		\$ 25.00	
8/8/09 Merchandise: Say It w/a Slogan Cards to Sell (#2305/2313)		\$ 137.00	
8/8/09 P&D: Brochure printing & logo development (#2306)		\$ 98.37	
8/8/09 Program: Gift Basket Items (#2308)		\$ 200.00	
8/17/09 Admin: Dell Corporation (Debit)-comp approved by region		\$ 620.74	
8/25/09 Admin: Harland Clarke (EFT)-Deposit Slips		\$ 39.99	
8/27/09 Reg: Tees in Time (shirts/bags) (#2309)		\$ 1,634.63	
8/25/09 Merchandise: J&R Graphics (1/2 of merch order) (#2310)		\$ 3,101.52	
9/1/09: Admin: Merchant (Credit Card Charges) (EFT)		\$ 79.24	
9/9/09: H&H: Crowne Plaza Hotel (lunch) (#2311)		\$	

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		85.48	
		\$	
9/9/09: Registration: J&R Graphics (magnets) (#2312)		305.00	
		\$	
<b>Total Expenses</b>		<b>6,326.97</b>	
<b>FINAL BALANCE AFTER INCOME/EXPENSES</b>			<b>\$ 10,807.00</b>

**REPORT FROM BUDGET:**

See discussion under Proposal #4 of old business

**REPORT FROM PI:**

**COLORADO REGION**

**PUBLIC INFORMATION SUBCOMMITTEE REPORT**

September 19, 2009

Region PI met in August and September. The August meeting had a total of 4 in attendance including myself and the September meeting had a total of 3 in attendance including myself. There were no area PI chairs in attendance at either meeting. Boulder area has not had a PI chair for 6 months and Mile High area did not have one in August and September. I am not sure if that has been filled.

Out committee was prepared to hold our symposium in November 2009 however due to lack of support and the fact that 2 of our largest areas do not have PI chairs we felt that to do a symposium without having areas and region prepared and trained to do follow up would be irresponsible use of funds and more importantly do damage to NA's reputation as a whole. We voted to plan the symposium in June 2010 in order to be prepared and hopefully get more support from areas and addicts regionally.

We are finalizing our questionnaire to send out to the professional contacts on our database to get a feel for how much interest there is for a symposium. It will help us get a feel for how many to expect. NA World PR has given me contacts this week of people who have experience doing this type of a symposium. I will contact these people to get their experience.

I plan to attend Area PI meetings within the next two months to discuss with them the need for support. Our meetings are set for the rest of the year (SEE ATTACHED FLYER). Anyone interested in helping us PLEASE contact me or come to the meetings

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I attended the NAWS PR Workshop at the World Convention which was extremely informative for me as CRSC PI chair.

Attached you will find a flyer for PI please get it to as many groups as you can.

Our next subcommittee meetings are scheduled as follows:

October 3, 2009

November 14, 2009

December 12, 2009

All are from 1:00-3:00 at

Englewood Public Library

1000 Englewood Pkwy.

Englewood, CO 80110

My contact information is: [tawnicorc@gmail.com](mailto:tawnicorc@gmail.com)

303-994-7348

In Loving Service,

Tawni C.

**REPORT FROM H&I: by Terry C**

**CRSCNA H&I SUBCOMMITTEE REPORT  
REGIONAL ASSEMBLY SEPTEMBER 19, 2009**

The H&I Subcommittee met on June 27<sup>th</sup> with the attendance of the following H&I chairs- Dawn from Off The Wall; Jerri Ann from Pikes Peak along with their Vice Chair Veta F., and Michelle W. represented Mile High Area. Todd T. the Boulder H&I Chair was moving so he could not be in attendance but gave a verbal report. I want to thank all the area H&I Chairs for participating on a Regional level to carry our message to those incarcerated you guys ROCK! We had a very productive meeting and I am so grateful to Dawn who is stepping up to be the H&I Vice Chair for the Region! I am very grateful that I will have someone to pass the torch to in April that will continue our vision of H&I and reach the addicts in the remote areas.

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We are focusing on carrying our message into LaVista Women's Correctional Facility and San Carlos Men's Correctional Facility both located in Pueblo. So if you are here today and can help with that, which includes obtaining DOC clearance, please see me after the meeting. Since the facilities are located in the Southern Area, we really need the RCMs for Pikes Peak to announce this at their area. Pikes Peak is the closest fully functioning area to the facilities. I participated with the PR Regional Subcommittee in the NA Learning Days on July 11<sup>th</sup> in Pueblo. I was able to drop off 2 of the H&I Literature/Meeting Books that we have developed to both of the prisons in Pueblo while I was there. We are in the process of mailing the rest of the books to 8 other facilities, which leave 15 more facilities in need of our literature. We will be addressing these other facilities in the near future.

We also talked about forming H&I Regional Guidelines which will consist of drawing from all the current H&I Area Guidelines. This will be a lengthy process with hope of completion by Regional Assembly in April 2010.

We announced that H&I have been contacted to set up contacts between NA and newcomers from treatment facilities. We have decided to create a 12<sup>th</sup> Step List of volunteers who would be willing to take a newcomer to a meeting throughout our region. Since this involves giving out your personal phone number and either meeting a newcomer at the meeting or taking another addict to pick them up and drive them, we are asking for a year clean time requirement of at least one of the addicts. The newcomer is the most important person at any meeting so please let's all step up to this way of introducing our message. The 12<sup>th</sup> Step Contact List is just one more reason that the PR Subcommittee is needed. It is so much easier for us to jointly put our efforts together under the blanket umbrella of Public Relations. I want to end by saying that the H&I Subcommittee is very much in favor of passing the proposal to form the PR Subcommittee which will strengthen our ability to carry the message of Narcotics Anonymous. Again I am honored to be apart of the solution through the efforts of PR and the H&I Subcommittee.

In Loving Service,  
Terry C.

## **REPORT FROM Incorporation: by Chuck C**

Incorp Ad-Hoc Report

We met on 8/1 in conjunction with the PI meeting. We have completed the by-laws and the Standard Operating Procedures (SOP's) and have stated the work on the CRCNA and CRSCNA guidelines. We hope to have everything done and ready for distribution by the January CRSC meeting, with a decision made at the April Assembly. The board will also be nominated and elected at the April Assembly. Once the board is assembled, I will set up the corporation with the state and we will start filling out the IRS exemption form.

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Our next meeting will be at the Englewood Public Library on October 3rd at 3:00 right after the PI meeting.

ILS Chuck

**Question and discussion:**

- We will not be filing incorporation paperwork with the state until after the Board is elected in April. Board member information is needed and it starts the clock on the 15-month filing deadline with the IRS

**REPORT OF THE PR AD HOC:**

**TO:** COLORADO REGIONAL SERVICE COMMITTEE

**FROM:** LINDA L., CHAIR OF PR ADHOC COMMITTEE

**DATE:** September 19, 2009

**SUBJECT:** REPORT OF ACTIVITIES

As today's Regional Assembly contains the vote on the PR Proposal, PR chose to work on budgets, have each section (H&I, PI) function under their goals and tasks, plus organize our efforts to begin anew when the Proposal passes.

Since our first meeting (Aug 16, 2008), this Adhoc Committee has been busy. The work to date of this Adhoc has solidified observed needs of addicts, Groups and Areas in Colorado NA. Our efforts have uncovered meetings, assisted new meetings, and eliminated meetings that no longer exist. We have been working with addicts in Southern Area to move toward revitalization. We have tried to bolster meetings found to be in need. We have delivered literature and meeting supplies (keytags, reading cards) to meetings in the Southern Area and will continue these efforts. We have established the need for further fellowship development and outreach efforts, especially for locations in CO not covered by an existing and functional ASC.

OUR NEXT MEETING will be

**SUNDAY, October 18, 2009 @ noon – 2p @ the P S Miller Library in Castle Rock**

Thank you for letting me be of service.

Hugs,

Linda L., Chair - CRSC PR Adhoc Committee

**Question and discussion:**

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- The CRCNA PI workshop will offer opportunities for addicts to write and have their thoughts published in the "Reaching Out" newsletter. This publication is routinely sent to incarcerated NA members. Generally, the stories are from those still behind bars and there is a need to hear strength and hope from those addicts who have been released and whose recovery has continued to help them become "productive members of society."
- There has not been a lot of input to NAWS for the "Living Clean" book project. CRCNA will offer opportunities to write and send your input.

## **RCM BOULDER REPORT: by August Colorado Regional Service Committee Boulder RCM Report**

September 19, 2009

As the RCM for the Boulder Area Service Committee, I submit the following report:  
ILS,  
August T.

### **Announcements:**

- The "Welcome Home" group wishes to announce that they will be celebrating 32 years in existence. They were established on October 4, 1977 and have the distinction of being the longest running meeting between the Mississippi River and California.
- The group sponsored a logo design contest with the winning design to be displayed on coffee mugs to be made available at CRCNA XXIII.

Tawni to present Boulder Area's proposal to host CRCNA XXIV at the Millennium Harvest House in Boulder in 2010.

### **Boulder Area Subcommittees:**

1. Public Information: Position Still Open. Meeting still being held the 2<sup>nd</sup> Saturday of each month at the YWCA in Boulder at 6:00 pm.
2. Hospitals and Institutions: Tod T. is doing a great job and the H&I group is growing.
3. Phone Line: No updates.
4. Activities: New activities chair elected more to come.
5. Webservant: The NABoulder.org website was down for 9 days due to the Treasurer and Webservant resigning their positions at the same time. The auto-payment account was tied to the Treasurer's debit card, which was canceled



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upon her resignation. A new Webservant has been elected (August T.). August needs help with training. Will talk to Don T. about helping with training needs.

## **Boulder Area Concerns:**

- No concerns at this time.

## **New Meetings in the Boulder Area:**

- “Barrel Full of Recovery” - meets Sunday @ 7:00 pm., 4775 Cambridge Street, Brighton, Co.
- “Addicts Helping Addicts” - meets Monday 6:30 to 7:30 pm, 248 Welch Ave., Berthoud, Co.

**Regional Donation:** No Donation made this month.

## **RCM REPORT BFE: by Rich**

Meetings are consistent.

A member from Wray was in a tragic burn accident. Remember them in your prayers. Meetings are on line except the Fort Morgan meeting which moved from Saturday to Monday at 8:00 pm.

We are hosting the Regional Assembly, Whew!!

We are also hosting a CRCNA fundraiser afterwards.

Slowly pulling our area together and have met every month except we take July off.

Next meeting is first Sunday of October at the Yuma meeting place, 12:00pm.

We do go into a meeting in Sterling Correctional Facility once a month. The offenders have their own meeting (2 actually) once a week.

We have a new logo

In Service, Rich R and Jarred D

## **Question and discussion:**

- BFE has 9 meetings a week
- Many thanks from everyone, you guys have done a great job hosting the Assembly
- BFE rocks

## **RCM REPORT MHA: by Mandy**

I am honored to represent the MHA as your new RCMII. Since this my first formal report. I will be as accurate as possible with the support from Brian your RCMI.

We have 3 open positions with 3 nominees to be voted on after being brought back to our groups: Brent for phone line; Patti P for PI; Alan T for training Coordinator

There was once again more discussion on the issues that have been creating disunity within MHASC. We must remember our purpose is to carry the message to people who

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may not have it made it to NA yet. As well as the newcomer! After 2 stepping down, our hopes are to just move on.

The NA learning day hosted by the 12 Alarm, Southern Serenity and Clean and Crazy in Castle Rock, did not meet our goal, but was successful in its own right.

Sunday, Oct 4 is next ASC meeting

Oct. 18 is Recovery Bowling

Oct 30<sup>th</sup> is our Halloween Event

In loving service Mandy

## **Question and discussion:**

- It was noted the Learning Days event was great with interactive workshops and the emphasis on learning about service. It does not matter if other goals were met, this was definitely a success.
- Funding seems to be a major issue at MHA; any input and experience would be helpful.

## **RCM REPORT MOUNTAIN HIGH: by Reece**

Good morning everyone.

Steamboat's Together We Can group has a service community, GSR, Treasurer, Secretary, Literature. They meet 3 times a week, Sunday and Tuesday at 5:30 – 6:30 and Thursday at 6:45 has been changed from Open discussion to Step Study.

Hayden group meets Sat 6:30 – 7:30, Step study, 1<sup>st</sup> Congressional Church of Hayden

Craig group meets Sunday 2:00 – 3:00, OD, St. Michaels Catholic Church, 7<sup>th</sup> and Barclay. Most of the attendee are from CAPs and are hungry for recovery.

In Loving Service Reece

## **Question and discussion:**

- Craig group has not voted on being posted on the web yet.

## **RCM REPORT MOUNTAIN West: by Alan H**

Report to the Colorado Regional Assembly

From the Mountains West Area

Alan H. RCM 1

Armando R. RCM 2

Greetings, well here we grow again. We have three new meetings are meeting schedule. Monday night in Avon, this meeting is Spanish-speaking, Friday night in Breckenridge, and our online meeting Sunday nights at 6:30 PM.

For those who don't know we reform our Area Service Committee and now have met twice. Our next meeting is November 14 12 noon in Glenwood Springs.

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Discussion of Public Information and Hospitals and Institutions were hot topics at our meeting. Our area identified those subcommittees to be addressed immediately. More will be revealed.

Armando expresses his disappointment in missing the meeting today. Pressing unforeseen family matters have detained him elsewhere. He looks forward to seeing you in November.

In loving service,  
Alan H.

## **Question and discussion:**

- Should have a PI chair in November
- 17 groups and 20 meetings a week

## **RCM REPORT OTW: by Shawn**

### Meeting Changes

- 4<sup>th</sup> Street Recovery has added a meeting Thursday's at noon. It is at 121 4<sup>th</sup> St. in Loveland. It is in the basement of the building.
- Drug Busters Group which meets at 531 South in Ft Collins no longer has child sitting.
- There is a newer meeting added to our meeting list. Free at Last. They meet Fridays at 7pm at 1600 Fish Hatchery Rd in Estes Park. It is an open meeting
- Make Your Own Monday's Group is no longer running. They were a outdoor meeting and since fall is here they closed.
- Never Alone Never Again Group is closing as well

### New Servants

Cory M was voted in as our new Vice Chair and all other positions are currently filled.

### Other News to report:

- Our PI subcommittee got together with the Regional PI chair and came up with a great idea for a presentation in our area. They made up some pretty cool looking post cards and are going to distribute them to all the local facilities we have had contact with. Also our members have been invited to send them out as well to any facilities they may have interest in coming. We are hoping to do more to let our local agencies know about NA and how they can utilize us appropriately.. Also, just let people know we are here. This will be held at "The Pulliam Building" 545 N. Cleveland, Loveland, CO at 1pm on Saturday November 14<sup>th</sup> 2009.

### Donation:

- We have a \$1000.00 donation this month

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Thanks for letting me be of service  
Shawn H RCM 1 – Off the Wall

## **Question and discussion:**

- We have 51 meetings a week

## **RCM REPORT PPASC 1: report by Steven**

The Pikes Peak Area Service committee has met twice since our last CRSC meeting and it is good to see everyone here in the Bringing Freedom East Area. For the sake of time I will try to keep my report short. The Pikes Peak Area is gearing up for CRCNA in October with only 34 days left until the convention there is a lot of excitement as we prepare for the event. Last word is that all the meals for CRCNA have been sold out, so I hope you got yours.

- The Pikes Peak Area inventory Ad Hoc committee is planning an Area inventory meeting on November 14<sup>th</sup>, with the help of the local fellowship we hope to have a very productive process. I know our area RCM's will do their best to keep you all informed, so stay tuned.
- September's PPASC meeting was attended by a new meeting representative from Canyon City, and it was with great pleasure that we were able to assist this meeting by providing literature and our support.
- Our Area's H&I and Public Relations subcommittees, in an effort to reach-out to the Southern Area, is planning to hold their regularly scheduled October 18<sup>th</sup> meeting in the Pueblo Area. To build relations in the spirit of cooperation and offer what we have to give.
- The Pikes Peak Area Phone line is in the process of researching new phone services to help us more effectively help addicts in need. To this end it appears that the Golden Voice phone system, currently in use by the Denver area will be best suited to meet our needs. The subcommittee is still in the process of researching this service and using the Golden Voice test system to find out how well we like it. So far it looks like a go. Earlier this month, our phone line chair also held a 12 step call orientation for those addicts who wanted to learn more about the process. We hope to use our phonenumber services in conjunction with the 12 step call process in our best effort to carry the Narcotics anonymous message to addicts in need.

Thanks for listening, hope to see you all at CRCNA Next month.

Steven R. RCM-0  
Kathleen A. RCM-E

## **Question and discussion:**

- We have 3 – 5 meeting a day

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## **RCM FROM SERENITY UNLIMITED: report by Michael**

Hello from Grand Junction & Western Colorado!

The SUANA supports the 3 Proposals being considered at the Regional Assembly today.

With the help of Don T., a bid is being presented to hold CRCNA in Grand Junction in October of 2010. The Doubletree Hotel (formerly the Hilton, & considered the nicest hotel in town) will be our main site. The Convention Center will be the site of the Saturday evening festivities. We are grateful to Talle & Cardy for doing the footwork needed to create this bid.

Our Area is struggling financially & recently needed our reserve fund to help pay the phone bill. We have been inundated with requests for NA literature at the H & I meetings conducted in our prisons. We are hoping that the Region can help pay for literature (white booklets) that we can bring to our incarcerated addicts. An amount of \$100 would be gratefully appreciated, if this is feasible.

Michael H.

### **Question and discussion:**

- We have 10 meetings a week
- We were having some problems with police and bondsmen showing at our meetings. We have met with police and decided on a hard-to-reproduce rainbow stamp for meeting cards. We will continue meeting with police so we can get to know each other and keep the communications open
- We are very excited about the possibility of CRCNA coming to Grand Junction.
- An addict recently visiting Grand Junction could not find the meetings. They believe they are listed in the phone book, but will check.
- The Standing on Higher Ground campout was great with the best ever attendance.

### **RCM FROM SOUTHERN:**

No report

### **OLD BUSINESS**

#### **Proposal #1: Passed with one stand aside**

The PR Adhoc Committee proposes that a PR (Public Relations) Committee be formed in the CRSC as a sub-body.

Administration and coordination of the functions of this Committee will be through a

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Coordinator elected by the CRSC.

Subcommittees to PR - including but not limited to existing (Web, H&I and PI) and others as needed and/or as requested by the CRSC. These subcommittees shall continue to function with Chairs elected by the CRSC and perform according to any NAWS Handbooks/Guidelines as pertinent along with CRSC approved Guidelines.

## **INTENT:**

The intent of the Proposal is to umbrella existing, needed and possible future subcommittees into one sub-body of the CRSC for the purposes of coordination, facilitation of budgeting, and ease of archives: reports/records/tracking activities.

WE (the PR Adhoc Committee) also believe that a PR Committee of the CRSC will create the interrelated and interconnected responses to better serve the Colorado NA Fellowship, the general public and professionals within the Colorado Region. Financial impact of this proposal would increase only by the needs of the PR Coordinator for copies, meeting space, etc. The majority of the PR budget would occur, as now, through existing or possible CRSC subcommittees included under this flexible service structure. We will be using the 3<sup>rd</sup>, flexible model explained on page 25 of the PR Handbook.

Maker: Linda L., Chair - CRSC PR Adhoc Committee

## **Question and discussion:**

- PR is using the third model in the PR handbook, in the future could it morph into one of the others?
- We are currently using a merged version of the PR models with the umbrella and subcommittee chairs.
- The guidelines have not been formalized yet. When they are, they will need to be ratified by GSRs at an assembly.

## **Proposal #2: Passed with full consensus**

To change the CRCNA guideline Article 2 Section B5 to read "CRCNA Administrative Committee Officers (Vice Chair, Treasurer)"

**Intent:** To bring the CRCNA and CRSC guidelines in sync with each other

Maker: Spencer S, addict at large

## **Proposal #3: Passed with full consensus**

That the CRSC guidelines be amended to account for approved budget items. Specifically add to Article 9 section B a #2 CRSC approved budgetary expenses will be considered as funds encumbered and not be counted as part of the \$5000.00 treasury

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ceiling. These funds will be accounted for at each CRSC and disbursed as necessary for CRSC activities. Any excess funds at the end of the annual cycle will be forwarded to NA World Services at the January RSC.

**Intent:** To ensure funds for budgeted CRSC expenses and activities are available.

Maker: Don T Treasurer

Second: Tawni C PI Chair

## **Question and discussion:**

- Attempts to simplify the process without holding onto funds.
- Verified that at the end of the budget year, encumbered funds that have not been used will be returned to the treasurer. This allows us to save funds for approved activities, but not hold money indefinitely.
- The \$5000 cap is an operating budget based on what we normally spend in a year. The intent at the time was to make sure we were not holding onto NA funds without any use for it.
- Don will work on a way to add encumbered funds to the treasurer's report.

## **Proposal #4: Passed with 8 reservations and 2 stand asides**

Use the September assembly, where GSRs are present, as the primary budget review meeting for the proposed annual budget. Proposed budgets will be submitted in a three tier priority system. This is driven by the reality that CRSC funding comes from 7<sup>th</sup> Tradition donations and CRCNA. CRCNA proceeds have varied widely from \$10,000 to a negative fund flow.

**Tier 1** proposals will be funded if CRSC must rely on 7<sup>th</sup> tradition only for the year. For example years when CRCNA did not make money, we could fund only critical need items.

**Tier 2** proposals will be funded if the CRSC income is tight. Years when CRCNA makes a modest profit. These are items the RSC has given moderate priority.

**Tier 3** proposals will be funded by the CRSC in years when CRCNA was financially successful. These would be the fully funded budget for the CRSC

## **Steps and Schedule:**

1. CRSC Admin and PR Subcommittee (combining H&I, PI and Outreach) will prepare the tier 1, 2, & 3 proposals for the September Assembly. Anyone (ASCs and GSRs) can bring a budget recommendation to the September assembly.

2. An agenda item for budget input and discussion will be added to the September assembly.

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3. After discussion the assembly members will accept/modify the budget proposals.

4. The funded tier will be determined by the income of CRCNA, this information will be made available by the November RSC.

The annual budget will be finalized at the November CRSC meeting making budget available for activities beginning in January.

**Intent:**

To create a process resulting in an annual budget based on the priorities set by the GSRs, then funded to the extent of available revenues.

This proposal would eliminate the need for a Budget Subcommittee freeing trusted servants to provide direct services.

Guidelines have not been develop, and should not be, until we have tried this a while and have worked out details

Maker: Carlos G.

**Question and discussion:**

- Verified this is intended to replace the current budget guidelines. The written guidelines will not be done until we have more experience with the process.
- There was a lot of discussion about what and who defines the tiers.
- Critical needs would be things needed in order to functions such as rent, storage, PO Box, RDA trips to NAWS
- The tiers have not been determined, the CRSC will determine that.
- PPA had discussed that Tier I should include PI, PR and H&I budgets.
- Most people were not aware that they needed to bring budget items today.
- Don brought a six-year summary of income and expensive, listed below. A 10-year summary is available on the web.
- The PR budget brought today is written with three scenarios.
- There was concern that this was too vague, we have voted down proposals before because they were vague.
- It is thought that the September Assembly will vote to approve budgets items and the November CRSC will assign the tiers based on what CRCNA funds are.
- Some thought the tiers should be set by the assembly in September.
- Others thought that could bog down the September Assembly. This is better done in small groups; trust the CRSC servants to prioritize.
- The Guild to Local Services lists essential service.
- The priority has always been to carry the message, which has not changed.



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- A block was suggested based on Concept 5, the single point of accountability, however it was decided this does not change the accountability of our budget. The treasurer has always been and will continue to be the single point of financial accountability.
- CRSC has not had a budget process, this is an attempt to start one
- Questions arose about how we budget, what we bring in, how we spend extra funds and how we determine our needs.
- Summarize the answer: CRSC does not currently have a budget process, much of our funding comes from CRCNA and that annual amount varies wildly. It is not known until November what that amount is for the year. The \$5000.00 cap at the end of each CRSC meeting means that if CRCNA made a lot of money in a particular year, the only way to budget a need in Colorado is to have a motion ready and passed on that one day that the CRCNA funds are brought to the CRSC. The tier systems allows for all GSRs to decide what Colorado activities they feel are important enough to fund, and allows the CRSC members to fund them based on the funds available, which is known in November. The general operating fund/cap of \$5000.00 (+encumbered funds) remains intact. Any funds that do not have an approved use will be passed to NAWS.
- There was a concern that the wording diminished the 7<sup>th</sup> Tradition and puts the emphasis on CRCNA funds. It does not promote the 7<sup>th</sup> tradition.
- The reality is the 7<sup>th</sup> Tradition is not enough. The \$1.00 in 1983 does not cut it in 2009. We should be putting \$2.00 at least.
- The 7<sup>th</sup> Tradition needs to be talked about in home groups.
- The 7<sup>th</sup> tradition discussion will be continued in Open sharing
- BFE wanted the request for a phone line to be a Tier I if possible.

**CRSC Income Sources**

	2009 (to date)	2008	2007	2006	2005	2004	Average
<b>7th Tradition</b>	\$ 4,247.01	\$5,870.51	\$7,924.03	\$4,025.42	\$5,803.05	\$ 986.90	\$ 4,809.49
<b>CRCNA</b>	\$ 10,727.38	\$ -	\$ 103.00	\$5,726.23	\$ 389.56	\$1,324.17	\$ 3,045.06
<b>Total</b>	\$ 14,974.39	\$5,870.51	\$8,027.03	\$9,751.65	\$6,192.61	\$2,311.07	\$ 7,854.54

**ELECTIONS**

Nominated and elected Linda L. as PR chair

**NEW BUSINESS**

**Item 1 CRCNA Bids**

**Bid 1: a bid was submitted by Don on behalf of Talley and Candy of Serenity Unlimited.**

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Items of initial bid, subject to renegotiation:

Doubletree hotel in Grand Junction

\$99.00/night 2 person; \$109.00/4 person

200 room block, 259 room capacity, lots of nearby hotels for overflow

Hotel has plenty of interior space for all meeting except the Saturday meeting

Saturday activities can be held offsite at the Convention Center for \$2300

Center is 4.5 miles away

The most expensive steak dinner is \$25.00

Parking is free; transportation has not been worked out

## Question and discussion:

- Grand Junction has not hosted a CRCNA since 2000
- Purpose of CRCNA is to help overcome isolation
- We have had offsite convention before, most recently Pueblo
- WSO has had offsite convention
- Some remember the offsite location in Pueblo as problematic

## **Bid 2: a bid was submitted by Tawni on behalf Boulder Area.**

Items of initial bid

Millennium Hotel in Boulder

\$94.00/night/4 person

240 room blocks, 256 room capacity, at least 1 nearby hotel for overflow

\$6000 food and beverage commitment

Ballroom is big enough for Friday, but not Saturday

Saturday activities can be held in an outside bubble which holds up to 2500 people

The bubble has been checked and it is very nice, heated and comfortable

The interior can be configured to meet our needs

Bubble does not cost extra

## Question and discussion:

- This bid was pursued by the current H&H chair because there did not appear to be any other bids in the works and timing is important for a convention this size
- We have had conventions at this hotel
- The last convention in the Boulder area was Estes Park, 2008

**DECISION: CRCNA XIV will be in Grand Junction**

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## **DISBURSEMENTS:**

Literature (white books) for H&I in Grand Junction	100.30
Gas/Travel Expense reimbursement to Canon City GSR	100.00
Gas reimbursement SUANA	143.00
Gas reimbursement Mountain High	46.50
10 copies of guidelines	19.39

## **CLOSING TREASURER REPORT:**

A check for the symposium was returned to the Treasurer

in	\$ 4444.12
out	\$ 409.19
total	\$ 7641.08
<b>DONATION TO WORLD</b>	\$ 2341.08
Ending balance	\$ 5000.00
(+ 400.00 encumbered for H&I)	

## **DECISIONS MADE:**

- *CRSC will have a PR subcommittee*
- *The CRCNA guidelines will be amended to match CRSC guidelines in regards to the CRCNA secretary's presence at CRSC meetings*
- *The CRSC guidelines will be amended to state encumbered funds will not be included in the \$5000.00 cap*
- *A new budget process using tiers of priorities was adopted*
- *CRCNA XIV will be held in Grand Junction*

## **OPEN DISCUSSION:**

### **7<sup>th</sup> Tradition:**

- Collections are not keeping up at all levels, even NAWS has to cut back and raise prices because of the drop. Literature used to be 7% of the funds, now it is 13%.
- Fundraising is a form of self-support. All the money collected at events is from NA members
- Emphasizing fundraising at activities can come at the expense of fellowship, which should be the purpose of those events.
- We need to get the word out that \$1.00 is no longer enough.
- OTW is getting a lot of its money from activities.
- The Guide to Local Services and other literature seem to support both sides of the debate.

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- There is nothing wrong with reaching addicts any way you can.
- The funds raised are used to support our primary purpose, that can't be wrong.
- The 7<sup>th</sup> tradition is the most spiritual way of raising funds because it is anonymous.
- If a service body does not have financial support from the 7<sup>th</sup> maybe that is an indication that the fellowship they serve does not support their budget choices.

## **Phone Line:**

- PPA is switching to Golden Voice, the service that MHA just moved away from
- BFE just needs some type of service, it does not need to be expensive
- Perhaps we should revisit the Regional phone line again.

## **CLOSE**

The Assembly was adjourned at 4:00 pm.