

Colorado Regional Service Committee of Narcotics Anonymous  
Minutes Wheat Ridge, CO  
September 21, 2008

**ANNOUNCEMENTS:**

1. Next PR Adhoc meeting is Oct 11th, 10:00am, at the Neighborhood Library at Roxborough in Littleton - map on Regional website.

**ACTION ITEMS:**

1. Amend and repost July minutes
2. RD to contact WSO about outdated literature
3. Chair will moderate and organize the Region's CRCNA workshop
4. Chuck will verify that after Inc., region can still donate to areas even if they are "non-profit"
5. Alan H will distribute literature to groups in Mountain West
6. RCMs to ask Areas for their consensus on Proposal 4

**OPEN W/ SERVICE PRAYER – about 10:10 a.m.**

**ROLL CALL:**

Chair - present  
Vice Chair- present  
Treasurer – present  
Secretary - present  
RD - present  
RDA – open  
Webservant - present  
CRCNA Chair (Jay B.) - present  
CRCNA Vice Chair (Tina) - present  
CRCNA Treasurer (Peggy) - present  
PI – open  
H&I - present  
Incorporation Ad Hoc (Chuck C.) present  
PR Ad Hoc (Linda) - present  
Regional Phone Services Ad Hoc (Carlos G.) - present  
RCM Boulder (Leslie & August) - present  
RCM Mile High (Joann & Brian) - present  
RCM Mountain High – (Reece) present  
RCM Mountains West (Sandy) absent without notice  
RCM Off The Wall (Karen and Newt) – present  
RCM Pikes Peak (Jayme and Steven) – present  
RCM Serenity Unlimited (Talle) – absent without notice  
RCM Southern- absent

**Approved minutes:** July approved with treasurer's amendments

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**REPORTS:**

**REPORT FROM THE CHAIR:** by Denise

**CRSCNA REPORT**

**TO:** Colorado Regional Service Committee Members

**FROM:** Denise W., Chair

**DATE:** September 21, 2008

Not much to report since July. I went with our CRCNA vice-chair to look at potential hotels for the 2009 convention and reviewed the bids with hotel personnel. There are some concerns about our web site communications and our response time, and we will discuss those concerns when our webservant makes his report. I am excited about our PR ad hoc committee and look forward to what the members are planning, and I am also thrilled with what has been happening in the Mountains West Area in terms of the outreach efforts that have been accomplished.

Thank you for your kindness and patience as I stumble through this position. I rely heavily on your experience and strength, with the hope that together we make a difference for NA at all levels; service at the regional level certainly makes a difference in my personal program.

As always, I am grateful for the opportunity to serve.

**REPORT FROM THE VICE CHAIR: by Carlos**

No report, the ad hoc committee will be covered separately

**REPORT FROM TREASURER: by Don T**

**CRSCNA TREASURER'S REPORT --- September 21, 2008**

Since the close of the Regional Assembly on July 20, 2008 donations have been received from one Group (True Blue) totaling \$35.00, and one check for Service Charges to The Marriot Courtyard of Grand Junction was issued for \$105.73 --- resulting in a current (or opening) balance of \$2172.49. All of the donations received during the current report period are listed on the

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accompanying page. The Regional checkbook and the latest US Bank statement have been reconciled, with 1 deposit for \$35.00 outstanding and no variance.

In Loving Service,  
 Don T

<b>CRSCNA TREASURER'S REPORT</b>			
<b>July 21 to September 20, 2008</b>			
	<b>CURRENT</b>		<b>CURRENT YEAR</b>
	<b>REPORT</b>		<b>TO DATE (2008)</b>
	<b>PERIOD</b>		
<b>OPENING BALANCE - January 1, 2008</b>			<b>\$2,147.10</b>
<b>OPENING BALANCE - July 20, 2008</b>		<b>\$2,704.20</b>	
*****			
<b>INCOME:</b>			
<b>Area Donations</b>			
Boulder Area	\$0.00		\$1,664.38
Mile High Area	\$0.00		\$142.02
Mountain High Area	\$0.00		\$0.00
Mountains West Area	\$0.00		\$0.00
Off The Wall Area	\$0.00		\$1,000.00
Pikes Peak Area	\$200.00		\$900.00
Serenity Unlimited Area	\$0.00		\$0.00
Southern Area	\$0.00		\$0.00
<b>Group Donations</b>			
Crestone Group	\$0.00		\$40.00
Flattop Addicts Group	\$0.00		\$20.00
Golden Group	\$0.00		\$30.00
Keep It Serenly Simple Group	\$0.00		\$16.63
Northside Young in Recovery Group	\$0.00		\$21.60
True Blue Group	\$35.00		\$263.34
Together We Can	\$200.00		\$200.00
<b>Other Income</b>		-	<u>\$0.00</u>
			-
<b>TOTAL INCOME</b>		<b>\$435.00</b>	<b>\$4,297.97</b>
<b>EXPENDITURES:</b>		<b>Check #</b>	
Prior Report Period YTD Expenditures	XXXX		\$1,626.55
Serenity Unlimited	\$268.77	314	\$268.77
Don T - copies	\$73.71	315	\$73.71
Brenda E -- RMZFNA travel	\$393.50	317	\$393.50
Terry C H&I Literature Stockpile	\$125.00	318	\$125.00
Marriot Courtyard Grand Junction	<u>\$105.73</u>	319	<u>\$105.73</u>
<b>TOTAL EXPENDITURES</b>		<b>\$966.71</b>	<b>\$2,593.26</b>

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*****			
<b>(NET) ENDING BALANCE - September 21, 2008</b>	<b>\$2,172.49</b>		<b>\$3,851.81</b>
<b>OPENING BALANCE - September 21, 2008</b>	<b>\$2,172.49</b>		<b>\$3,851.81</b>
*****			
<b>BANK ACCOUNT-CHECKBOOK RECONCILIATION as of September 20, 2008</b>			-
Latest Bank Statement Date - August 31, 2008			
Balance Shown on Latest Bank Statement:	<b>\$2,137.49</b>		<b>\$2,137.49</b>
Adjustments to Bank Statement -		Net Adjustment:	<b>\$35.00</b>
Outstanding Deposits:	<b>\$35.00</b>	Adjusted Bank Balance:	<b>\$2,172.49</b>
Outstanding Checks & Charges:	<b>\$0.00</b>	Checkbook Balance:	<b>\$2,172.49</b>
Net Adjustment:	<b>\$35.00</b>	VARIANCE:	<b>\$0.00</b>
Don T. - CRSCNA Treasurer September 21, 2008			

**REPORT FROM SECRETARY by Teresa**

No report

**REPORT FROM RD: by Brenda**

**Regional Delegate Report  
 Colorado Regional Service Committee of NA  
 September 21, 2008**

Hello Regional Members,

I would like to thank the Colorado Region for entrusting me to serve as Regional Delegate. I am truly honored and humbled to serve Narcotics Anonymous at this level of service in Colorado.

On July 25<sup>th</sup> and 26<sup>th</sup>, I attended the Rocky Mountain Zonal Forum in Salt Lake City, Utah. Two members from NAWS were in attendance. Franney J. and Chris C. discussed the overview of WSC business. They introduced the IDTs of Building Communication, Leadership, and Our Freedom, Our Responsibility. This information together with session profiles for Leadership, the third Issue Discussion Topic, is online at [HYPERLINK "http://www.na.org/IDT/html."](http://www.na.org/IDT/html) The newer version of the Leadership format/worksheet were reviewed and work-shopped by all at the

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Zonal Forum meeting. I brought copies today but would like suggestions on how to workshop these formats here at the Region.

The business meeting for the Rocky Mountain Zonal Forum was held towards the latter part of Saturday. Reports from the Regions were submitted to the Utah delegate to be included in the minutes. We discussed ways to nominate zonal forum members for HRP to consider as World Board members. We looked at possibly using our own Zonal Forum Guidelines but then decided to use the process NAWS has laid out in *A Guide to World Services*.

This is all the news I have to report at this time.

Willing to be of Service,

Brenda E.

**Question and discussion:**

- What does NAWS recommend we do with outdated literature?
- RD has recently talked to NAWS about this issue. They said the literature was approved at one time therefore it is not an issue to keep it around. If it's a small amount, give it away. If it's a large amount, contact NAWS
- NAWS can choose not to uphold the intellectual trust, but that may set up a bad precedent.
- Literature is an important part, "the fuel that drive recovery"

**REPORT FROM RD2: open**

**REPORT FROM WEB SERVANT: by Don T**

**Web Servant Report for September RSC**

**Since July**

- Regional Meeting list last updated: September 1, 2008
- E-mail discussion:

This is a topic we have not spoken about recently and the time has come to revisit it. Each trusted servant of the Colorado Regional Service Committee is assigned an "alias" e-mail address to which visitors to nacolorado can contact you. Many time a visitor send an e-mail to the entire list. Our "unofficial" policy has been that one person answer that e-mail and Blind Carbon Copy (Bcc) the rest of the recipient list so we know that the query has been answered.

Many times as web servant I get all sorts of requests from addicts, families and professionals. If the subject matter is one that I am comfortable answering I reply and Bcc the CRSC Chair, so I am accountable to someone else for what I am saying. If the request comes from a professional, I forward that request on the appropriate regional sub-committee chair, and if the request comes from inside one of our functioning areas, I also pass it on to the area.

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I do not want to write a guideline unless directed to by this body, as this ad-hoc policy has been working well. Up until this last month, but we have many new faces on the committee so a snafu or two is not unexpected. Please let me know what I can do, to facilitate your comfort level with handling regional e-mails.

- Website Stats

Month	Unique Visitors	Number of Visits
September 2007	1933	3895
October 2007	2247	4599
November 2007	1778	3412
December 2007	1650	3251
January 2008	1871	3374
February 2008	1855	3227
March 2008	2372	3983
April 2008	2142	3321
May 2008	1865	2942
June 2008	2050	3151
July 2008	2004	3519
August 2008	1882	3571
September 2008 (To Date)	1378	2404
Daily Averages 09/2008	66.26	115.85

Submitted in Loving Service,  
 Don T

**Question and discussion:**

- Would like to keep some accountability and avoid redundant (possibly conflicting) answers to email requests.
- Decided that the Webservant will route the request on to those best suited to answer the individual situation. Everyone should “reply all” when they answer an email both to allow the Webservant to track that request and so that others can frame additional replies in a unified manor.

**REPORT FROM CRCNA XXII CHAIR REPORT: by Jay**

ALMOST THERE!

With about a month remaining till CRCNA 22, we’re down to the nuts and bolts of the planning process and looking great!

The new accounting and budgeting is working great! Everyone was able to have informed and serious discussions regarding contracts and expenses. As with any budget and committees, adjustments are made throughout the process in order to stay balanced. What was originally

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predicted in some expenses are no longer needed, and others needed to be increased. But with a detailed budgeting and expense report for every meeting and sub-committee chair – decisions were always made to the benefit of the fellowship and some adjustments will be made to the budgeting spreadsheet to reflect these adjustments for proper forecasting.

A laptop was donated to CRCNA and has been configured to carry the CRCNA license of QuickBooks. Now, we don't have to re-install licenses or transfer files. We can now simply provide occasional backups to a secured section of the server! Another great step forward!

The program committee has worked VERY hard in securing a great lineup for us. Stephen Lantos and Nick Elson will be joining us from World Services, to present workshops on a world discussion topic called "Our Freedom : Our Responsibility", a separate workshop on Medication, and a lunch time keynote presentation on Fellowship Development - and an update on NAWS, how it functions, and helps the fellowship grow.

Additionally, the program committee was able to secure 6 Areas for their own service workshops during the convention. These will be spaces provided by CRCNA, but the meeting will be the Area's. CRCNA would also like at this time to formally inquire again if the Incorporation Committee would like to present. Typically CRCNA sets aside at least one workshop for the region and we'd love let Chuck and his committee get valuable time and exposure at the convention.

The CRCNA committee remains committed to a responsible and safe experience. Staff will remain available at all times in various parts of the center, and a separate "Serenity Keeper" group will help maintain noise and ordinances. Our walkthrough last week was impressive, the venue is fabulous with all the renovations, and we believe this will be a great convention!

Banquets are close to being sold out already! We will continue to monitor the banquet sales closely and will announce as soon as no more are available. Breakfasts remain available and will be offered on-site if there are any left.

Thanks again for letting me serve with this awesome committee! It's almost here, but we're already READY!

Hope to see you in Boulder and PLEASE do not hesitate to contact me via email ([crcnaonline@nacolorado.org](mailto:crcnaonline@nacolorado.org)) or by phone at 303-598-6351 any time!

Sincerely,  
Jay B

**Question and discussion:**

- Speakers: Friday, Allen T (MHA); Saturday, Robert H. (San Diego); Sunday, Carole H (San Diego)

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- Expenses are 18% - 20% under budget. At the current trend, we would be giving about \$5000.00 above seed money back to the Region.
- We discussed the Region's workshop at CRCNA. The incorporation should give some type presentation
  - Incorporation needs all the attention it can get so that everyone understands by the assembly
  - Past experience has shown the fellowship does not show up for these things
  - Just because people do not show up doesn't mean we should not try
  - We need to be fully prepared so it does not get more confusing. The confusions seems to cause folks to throw up road blocks
  - Referring to the incorporation as a BOD is misleading and causes the discussion to return to the unhappy experiences with a BOD back in the 90's
  - We should keep it short and simple, that way the fellowship may not lose interest
  - The workshop should not be limited to the incorporation. We can use the time to try and get more people involved.
  - PR could use some of the time to update the fellowship on recent actions and get the survey filled out.
  - This would be a good opportunity to explain the new budget committee and the avenues of influence on regional budget decisions.
  - The incorporation power point can be put on the web.
- Workshop decisions:
  - Titled "Keeping Region Simple" with short presentations
  - Linda will give a short presentation on PR and the survey
  - Chuck will give a short outline of the Incorporation process
  - Don will give a short presentation on the budget subcommittee
  - Denise will moderate the workshop. Carlos will be present

**REPORT BY CRCNA XXII VICE CHAIR: by Tina**

No report

**REPORT BY CRCNA XXII TREASURER: by Peggy**

CRCNA XXII Treasurer's Report  
 Colorado Regional Service Committee  
 21-Sep-08

Below is the detailed breakdown of the past two months' activity.

Beginning Balance	7/15/2008	\$9,934.20
Income		
	Merchandise	484.00
	Registration	4,778.00
	Fundraising & Ent	895.00
	Interest	0.14



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Hotel & Hospitality	60.00	
Income Subtotal		6,217.14
Expenses		
Merchandise	1,983.16	
Registration	2,169.66	
Fundraising & Ent	1,974.09	
Bank Charges	135.23	
Hotel & Hospitality	1,000.00	
Hospitals & Institutions	400.00	
Program	55.00	
Administrative	330.00	
Expenses Subtotal		8,047.14
Balance as of 9/17/08		\$8,104.20

See **ADDENDUM A**: for the detailed CRCNA Treasure report

**REPORT FROM BUDGET: by Carlos**

- He finished with the historical research into CRSC past budgets
- It looks like the budget committee will be intertwined with the Incorporation effort, so putting together a full structure at this point could prove futile if the incorporation passes. Many things will need to be redone. The Inc. proposal is less than one budget cycle away, so it is best to wait.
- The budget ad hoc was officially disbanded because task was completed and proposals already voted on

**Question and discussion:**

- It could be a long time before the Inc is passed and fully implemented
- Clarified that the Inc will not do the regional budget, that remains a regional duty
- There seemed to be multiple understandings about the Inc/regional budget interactions
- It was restated that we should not waste time building an administrative structure that will need to change soon
- The three RCM's were not appointed as many had already left
- Decided they could at least proceed with the tasks and timetables outlined, and membership could wait
- Don, Carlos and Alan S. (former budget ad hoc chair) will begin some of the budget work outlined in the budget process passed at the assembly

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**REPORT FROM PI: by Linda**

There are no meetings planned at this time. Please let OTW PI know their email was accidentally deleted.

**REPORT FROM H&I: by Terry C**

H&I Subcommittee  
CRSCNA 09/21/08

It sure seems like time certainly flies by and although I wish I had a magic wand to instantly carry our message into all the hospitals and institutions in Colorado, slowly but surely it is happening. I am pleased to announce that we had 6 people -2 men and 4 women receive clearance for DOC facilities. The 8 hour training took place at the Denver Women's Correctional facility on September 13. This is the first step towards being able to have consistent NA meetings in the facilities. The second step is to pick a facility in your area and attend a 2 hour training on that particular facility. The third step is to coordinate the volunteers on a monthly, bi-monthly or weekly time frame, depending on how many volunteers we have. During our DOC training there were staff members there from Camp George West. They wanted to know when we could start NA meetings at their facility as it is a re-entry program. I explained that we didn't have enough men volunteers and they asked for co-ed meetings, stating that their other volunteer programs consisted of men and women. Since Camp George West is in the Mile High Area they have decided to be facility specific and supply H&I meetings based on volunteers. This has also applied to our Sterling Facility so we will deal with the facilities on an individual basis as we get more volunteers.

I am happy to announce I attended the PR Ad-hoc committee meeting in Castle Rock and there was much accomplished by the end of the day. It is amazing how different opinions and views come together through our Higher Power to the greater good of the fellowship. To watch the passions in each other blend together into one game plan that will carry the NA message to the still suffering addicts, in remote areas, that otherwise would not have a chance to realize in their own lives that our message is hope and our promise is freedom. I am in awe of the commitment of our regional team and I am honored to be apart of it. We are very excited as CRCNA XXII is approaching us fast. Through H&I we have heard back from several facilities confirming their attendance in Estes Park. We have a couple of facilities that this is the first year that have sent their clients- WOW!! It never ceases to amaze me the power generated by 6 or 7 hundred addicts all circling up in prayer at one time- awesome!! There is nothing like watching the light of hope arise in a newcomer's eye as he believes he never has to use again! Miracles happen at NA Conventions as we stand together bonded by the similarities and the hope that no addict need die of this disease.

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Little by little and step by step we make progress to open the way for so many more that need to hear our message.

In loving Services,  
Terry C 303-437-4461

**Question and discussion:**

- PPA will have people cleared for DOD soon. At this point region is out of the loop, it is the responsibility of the area to finish up the training and contacts
- We can set up JPAY for \$0.50 an email and it will be a quick way to respond. Mostly it will be a first contact, welcoming the person to NA and letting them know their information has been passed onto area outreach committees
- MHA has asked the region to let go a little and work more on outlying areas
- BASC does not have an H&I chair right now and would like region's help with a facility that continues to ask for a meeting and also with the 3 facilities they currently have
- We began a discussion about gender mixing, points made were:
  - There was a feeling that it is not worth the risk of sending women teams into men's facilities
  - Several women in the room had been locked down inside men's facilities in the past, not comfy.
  - Discussed the different risks between maximum security and medium or transition facilities
  - It was noted that women from other volunteer groups go in those facilities
  - Also noted that inmates can be very sick people, that is why they are locked up
  - Same gender is one of those suggestions that have worked for 56 years
  - H&I Chair has contacted NAWS and they are OK with it
  - At this time we have one woman going into a men's facility and she goes with another man

**REPORT OF THE PHONE SERVICE AD HOC: by Carlos**

Request that the ad hoc be dissolved because it will be duplicating the efforts of the PR ad hoc and can be better addressed within that ad hoc.

**Question and discussion:**

- Phone Service Ad Hoc officially disbanded.

**REPORT OF THE INCORPORATION AD HOC: by Chuck**

**Incorp Ad-hoc Report**

We finally have the Bylaws and the majority of the Standard Operating Procedures (SOP's) complete. Thanks to Linda for putting the SOP document together. The SOP's are the guidelines that state how the Colorado Regional Board (CRB) will operate. The SOP's will change and adapt as needed to suit the needs of the Region and CRB. The bylaws are a legal document and will be filed with the state if and when we incorporate. We will discuss and update the SOP's at our next ad-hoc meeting and we should have everything complete by the next CRSCNA meeting.

**Question and discussion:**

- The corporation will be a separate entity from the region. They will handle the financial aspect

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- Chuck verified that we can make donations to other nonprofits, for examples NAWS. In fact should we ever dissolve, that is the best thing to do with remaining funds?
- We need to get the word out and get questions answered before the April assembly so GSRs can come with an informed conscience.
- Slip and fall insurance would cost about \$700.00/year and would cover all region/area and group activities as long as the required paperwork is filled out.
- It does not cover contractual liabilities of the region. That would be a separate policy
- The lawyers verified that the incorporation provided protection to individuals. The corporation is promising to back individual members acting on behalf of the region
- The Inc. board will only give guidance and suggestions
- There are hundreds of NA corporations listed on the web

**REPORT OF THE PR AD HOC: by Linda**

**TO:** COLORADO REGIONAL SERVICE COMMITTEE

**FROM:** LINDA L., CHAIR OF PR ADHOC COMMITTEE

**DATE:** SEPTEMBER 21, 2008

**SUBJECT:** REPORT OF ACTIVITIES

The first meeting of this adhoc committee was held on Sat, August 16, 2008 in Castlerock from noon to 2:30pm. Members present were Brenda E. (RD & representing PI), Don T. (Web person), Terry C. (H&I) and myself (OutReach).

After reviewing the NAWS PR definitions and agreeing to utilize the 7 planning steps as found in the Area Planning Tool, we discussed (at length) what our purpose(s) is/are and what direction we need to take or how we as a committee envision achieving our assigned tasks.

Since Step 1. in the APT is to gather information, we decided that there are several avenues thru which to obtain information.

1. From Areas thru their RCMS by way of a questionnaire sent to each RCM via email on August 21, 2008.(see questionnaire attached) The rest of the CRSC members also were emailed.
2. From Meetings/Groups either thru their Area or via the posted questionnaire on our website ([www.nacolorado.org](http://www.nacolorado.org)).
3. From detached Meetings/Groups thru road trips (see attached proposal) to open communication and elicit information.
4. From Colorado addicts thru the questionnaire - online or hard copy or via conversations.

Note: This adhoc is defining detached Meetings/Groups as those meetings which remain outside the CRSC service body, being isolated due to a nonexistent Area service body (all the meetings in Southern, for example) or due to geographical isolation in places such as Salida and Limon, for example.

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Next, we then developed the attached questionnaire. With the discussions around this document, we decided that road trips to reach the detached Meetings/Groups would be necessary. Therefore, we are submitting the aforementioned proposal for financial support in order to accomplish this info gathering endeavor. When we do make these road trips, we will take the questionnaire (with an expended front page to more fully explain the CO-NA service structure); plus we will take flyers with CRSC contact info (address, web address, NA web address) and appropriate PI literature (some survived the flood at my house). In addition, on these road trip, we intend to contact and leave flyers, meeting lists, and/or literature at PI and H&I facilities & professionals on our route(s).

Thank you for letting me be of service.

Hugs,

Linda L., Chair - CRSC PR Adhoc Committee

#### QUESTIONNAIRE FOR ADDICTS IN COLORADO

##### **DEFINITION:**

"PR (Public Relations) is all the relationships we create and maintain with the general public, professionals, potential members and each other in our groups and our service communities." - Public Relations Handbook pg. 3.

##### **PURPOSE of QUESTIONNAIRE:**

To gather information about the needs (including public relations with outreach efforts) of addicts, meetings/groups, and areas within the Colorado Region. The information gathered will enable the Colorado Fellowship to better carry the message of recovery that is the foundation of NA. This questionnaire will be distributed to RCM's (for a suggested topic at their respective ASC's), given to meetings/groups/addicts met on PR road trips, and posted on [www.nacolorado.org](http://www.nacolorado.org).

#### THE QUESTIONNAIRE

1. WHAT DO YOU THINK REGIONAL PR IS?
2. WHAT DO YOU SEE THAT REGIONAL PR DOES?
3. WHAT ARE YOU LOOKING FOR FROM REGIONAL PR?
4. HOW CAN REGIONAL PR IMPROVE ITS SERVICES TO YOU?
5. WHAT ELSE CAN REGIONAL PR DO FOR YOU?

To be able to help, please state your Group and/or your Area's name:

Questionnaire due by 9/21/08 at the CRSC. Use back if necessary. THANKS!!

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**SEE FLYERS: Attachments A & B**

**Detached Group List**

**Southern Area**

**Canon City**

Just for Today (Canon City) - Alano Club -- 719 Main Monday 8 -9 PM  
Just the Basics - Meets at: Alano Club -- 719 Main Wednesday 8 - 9PM,

**La Junta**

Vagabonds - North La Junta Community Center --17 Trail Hwy 194  
Monday 8 – 9 PM Thursday 8 – 9 PM

**Pueblo**

Last Chance - Alano Club -- 320 Clark St  
Monday 12 - 1 PM Tuesday 12 - 1 PM Wednesday 12 - 1 PM Thursday 12 - 1 PM  
Friday 12 - 1 PM Saturday 12 - 1 PM

Newcomers in Recovery – CDU -- 58 Club Manor Dr.  
Friday 7:30 - 8:30 PM

New Beginnings - Alano Club -- 320 Clark St  
Monday 6 – 7PM Thursday 7:30 – 8:30 PM

Really Last Chance Group – Colorado Mental Health Institute 1600 West 24<sup>th</sup>  
Thursday 2 - 3PM

**Walsenberg**

Clean & Regular - Church of Christ -- 400 Walsen Av  
Monday 6- 7 PM Thursday 6- 7 PM

Convicts in Recovery NA Group – Huerfano County Correction Center --304 Ray Sandoval  
St Tuesday 7 – 8PM Friday 2 – 3 PM

**Crestone**

No Group Name Provided -- Baca Grande Library --Crestone and Moffat on County Road  
T Tuesday 7:30 - 8:30 PM

**Raton**

The Miracles on Rio Grande - 220 4th Ave  
Tuesday 7:30 - 8:30 PM Friday 7:30 - 8:30 PM

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**Alamosa**

Peace of Freedom Living Water Bible Fellowship --1022 Main St  
Thursday 7 – 8 PM Saturday 7 – 8 PM

**Florence**

Just for Today United Methodist Church -- 1032 E Main  
Friday 8:30 - 9:30 PM

**Trinidad**

Who Knows - United Presbyterian Church -- 801 San Pedro  
Friday 7 – 8 PM Saturday 4 – 5 PM

**Monte Vista**

Continued Hope Group – Delta Center – 345 E Prospect  
Wednesday 7 - 8PM

**Pike's Peak Area**

**Salida**

Salida Group – 220 G St  
Sunday 7:30 - 8:30 PM Friday 7:30 - 8:30 PM Saturday 7:30 - 8:30 PM  
Church of God 1140 I st Thursday 7:30 – 8:30 PM

**Off The Wall Area**

**Burlington**

Tumbleweed Group - Kit Carson Correction Facility  
Sunday 7:15 PM Saturday 7:00 PM

**Serenity Unlimited**

**Ouray**

3D NA group – St Daniel's Church 614 5<sup>th</sup> St  
Friday 7:30 – 8:30 PM

**Question and discussion:**

- The plan is to attend meetings in pairs. It may not be a good idea to show up in large numbers.
- The committee will remain financially prudent and not stay at hotels if not absolutely necessary.
- Intent is just to show up, let them know the region exists, make sure the meeting list is accurate, and leave literature.
- These groups have not asked for our assistance, therefore it seems prudent to go just to let them know what we have to offer and not to tell them how to do NA

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- Several times it was mentioned not to go as "police" and give them an NA stomping, but just to get to know them and see how things are working in the hinterlands.
- If we don't teach what we know, how will they learn it?
- Maybe with loving guidance.
- Discussed if Pueblo needed to be on the list as we were just there for the assembly and returning this soon may be perceived as "pushy". It will remain on the list.
- As for the funding, should there be some way of tracking the success for future reference? What would be the best measure of the cost/benefit?
- The subcommittee will track future contacts from these groups as the measure.
- If we measure success in growth of the fellowship we need to remember there has been very little. We are a small fellowship relative to areas of similar population.
- Have phone and mail contact been considered? Yes, and given the nature of meeting places and the intent of reaching out, direct contact seemed the best approach.
- The subcommittee will not proceed with action at a meeting that seems to be in direct violation of the traditions without additional input.
- We should be careful not to create a backlash. It doesn't feel good to get an "NA stomping"
- It was clarified that the questionnaire did not need full regional approval, it's OK to distribute things like that via email if expediency is needed.

**REPORT FROM REGIONAL PHONE AD HOC: by Carlos**

**RCM BOULDER REPORT: by Leslie**

RCM report from the BASC for August and September 2008

Hello All,

All is doing fairly well in the Boulder Area fellowship of Narcotics Anonymous. We do have a need for speakers at the Boulder Tuesday Night 6:30-8:00pm So Fresh and So Clean Young People's meeting (speakers specifically who got clean young and have multiple years of recovery), the Thursday night 8:00-9:00pm Storytellers meeting (one or more years clean and sponsor), and the Friday Retune at Noon 12:00-1:15 meeting (same requirements as the Storytellers).

The phonenumber chair and I have had conflicting schedules and have not had an opportunity to meet. However, within the Boulder area, the system we are using for phonenumber is working well. We have a low enough call volume and enough volunteers that there really is no need to change it at this time. The cost is affordable and all is well with it.

All positions are filled with the exception of H&I Chair. This is creating some issues, which will be discussed at a later point in this report. The positions are as follows:

Chair: Chuck C.

Vice Chair: Autumn K.

Secretary: Dani F.



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Treasurer: August T.  
PI Chair: Carrie S.  
RCM: Leslie S.  
RCM 2: August T.  
Literature Chair: Gigi G.  
Activities Chair: JJ Z.

According to JJ Z., our activities chair, the next BASC sponsored event will be the New Years Dance.

We had a request from a member of AA for donations of Spanish literature for an AA/NA meeting in Spanish. While we are willing to cooperate by letting other addicts who are fluent in Spanish know about this meeting, while following the traditions of NA, we were not able to donate literature and asked the individual to kindly respect our traditions and not include NA in the name. He agreed, after some clarification to uphold the traditions of his fellowship and respect ours.

We are in desprite need of H&I help. We had a request from the Commerce City treatment center Stout Street for Literature. There was speculation that this request also made it's way to the Mile High area, as that treatment center is in the Mile High area. We were asked to verify that this is the case, and if not, to notify the RCMs from Mile High that Stout Street is requesting literature. The other issue we are facing in Boulder Area in regard to H&I is the Boulder County Jail despritly needing women to hold H&I meetings at the jail. The thought was just to get some volunteers, but clarification was made that there was the application process through the judicial system as well as a training session through an H&I committee to inform the addicts carrying the message proper procedures for doing so. We are requesting help from the regional H&I committee in this regard.

We had an issue within our area of a group of addicts who provide entertainment at NA events putting up a website the advertised an NA sponsored event as well as a meeting. Contact was made with NAWS in this regard. First and foremost, the 11<sup>th</sup> tradition was not being observed, as regards to attraction rather than promotion. While NAWS was none too happy about the service symbol and NA logos being used, that issue was secondary. The primary issue was this event was not set up as a Public Relations event. In an internet domain that is public, posting a flyer is no different than tacking a flyer up to a telephone pole. And, unless the group was prepared to make this a PR presentation and event, it was not a good idea to advertise it to the public. While there were a few hurt feelings, the individuals involved also contacted NAWS, talked to their sponsors, got clarification and agreed to take the flyer off the website.

The donation from the BASC to the CRSC for August and September is: \$244.52

Thanks for letting August and me be of service.

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Leslie S. and August T.

**Question and discussion:**

We appreciate the way you guys worked through the entertainment issue

**RCM REPORT MHA: by  
Mile High Area RCM Report to Region**

September 21, 2008

Joann D

In the last two months the Mile High Area has been doing well. It has been business as usual with some focus on moving forward using the Area Planning Tool.

Subcommittees are doing well.

The Activities committee continues to plan and have events, usually once every two months. The last event was Step into Service that was a service learning day, potluck, and a dance.

H & I continues to run strong. They are always looking for volunteers and currently have five facilities requesting new meetings. H & I is still in need of men to serve on this committee. At our last training we had thirty volunteers scheduled to attend.

Literature is going well and inventory is being managed at more acceptable levels. We continue to see a steady level of orders.

Outreach consistently receives about 40 letters for inmates and returns about 30-35 letters per month. Outreach has seen some new volunteers.

Public information is running steady. They have been placing literature racks in the Denver area Emergency Rooms. The committee has been setting up restocking plans with home groups that are close to these hospitals.

We have several Phone line slots open and continue to need volunteers. The committee is closing in on a new vendor for our phone line and will be presenting some options at our next area meeting.

Our Website is running well and gets updated regularly. We also continue to update our meeting list monthly.

The Area Planning Tool Ad-Hoc continues to move forward through the process. They are now in the final stages of the tool. The focuses of our findings are on the review and rewrite of our guidelines, training and mentoring, and willingness to ask for help. This committee has asked the subcommittees to review and suggest changes to their individual guidelines and has scheduled meetings prior to our Area meetings for the review and changes to the general guidelines. We had our first GSR training session prior to our last Area meeting and have instituted volunteer mentors for new GSR's at each meeting.

In Service,

Joann D

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RCM Mile High Area

**Question and discussion:**

- It's good to hear the area planning tool has worked in your area. It would be beneficial to talk about how the process worked for you.
- Torri F would be a good contact, or come to the meetings which are 1 hour before the ASC.

**RCM REPORT MOUNTAIN HIGH: by Reece**

Good Morning,

Steamboat meeting attendance is 4-10 people and we have a regional donation of \$200.00

Hayden group attendance is 6-10 people with a number of core members. They have 1 meeting a week, Sat at 6:30 in the 1<sup>st</sup> Congregational Church of Hayden. The third Sat of the month is a step study. Newcomers have been able to find the meeting from the website. Regional donation of \$25.00

Meeker group has 1 meeting a week, Sunday at 6:30. Attendance is 5-12 people depending on how many the jail sends over. The GSR gives inmates rides to the meeting.

All 3 groups would like to have the phone service mentioned at the last region.

Grateful to be of service

Reece

**RCM REPORT MOUNTAIN WEST: RCM absent**

An addict from the area was present and wanted share an open report about his travels through the area

An open report to the Regional Service Committee of the  
Colorado Region of Narcotics Anonymous

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As most of you, if not all of you, know my name is Alan H. I am a member and trusted servant of the Vail Valley Candlelight Meeting, located in Avon Colorado, in the Mountains West Area of the Colorado Region. Our area consists of Rifle, Glenwood Springs, Basalt, Carbondale, Aspen, Eagle, Avon, Leadville and Breckenridge. I'm here today as a member at large to provide you a written report on what I call "Alan's Excellent Adventure." First let me provide you a brief history of how this adventure got started.

Earlier this year I attended our May Regional Assembly, with two things on my personal agenda. First, to be of service to my home group as I am their GSR. And second, to possibly express interest in serving on the Regional Committee as the vice chair. As it turned out, a most worthy and competent nominee, other than myself, was elected. As I drove home from that meeting I was pondering a familiar thought. What is there left to do. As I rode with my

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sponsee, discussing the outcome of that meeting, an option seemed to present itself without much thought. If the fellowship would not elect to me to a lower service position, then perhaps I would promote myself to the highest. Service on the front lines of Narcotics Anonymous recovery.

Here's what I did. As some of you may know, the accuracy of information about our fellowship in outlying areas, or in my case remote or rural areas, is often times inaccurate or difficult to come by. So I took it upon myself to start with gathering accurate information about meetings listed in my area, the Mountains West Area. The best way I thought, would be to attend these meetings myself, check out the times, locations etc., and insure the accuracy of our meeting schedule. Hence began "Alan's Excellent Adventure."

Well, it's done. My journey consisted of some 30 hours driving and close to 2000 miles traveled. Actually, quite a few more miles as many of these meetings I've attended five or six times, and maybe more. Here's what I found. Every time I or my crew arrived at a meeting we were made to feel welcome. All the meetings listed on our schedule were indeed present and accounted for. Suffice it to say, Narcotics Anonymous is alive in the Mountains West Area of the Colorado Region. Whether it is well or not is open to some interpretation. Allow me to elaborate. It's fair to say in some places the message may be a little "blurry." Technically, all 16 meetings use a format that the "tradition police" would most likely consider acceptable.

That's to say it's similar to any format you may find at a meeting held in a major metropolitan area. In some cases the trusted servants or leaders of that meeting may hold "dual citizenship" and use language that is not necessarily from the Narcotics Anonymous Basic Text. In other cases, there was no representation by members of the local fellowship at all. For instance, one experience was that of a meeting held in a treatment facility where the attendees went as follows. One client of the facility, one member just out of the penitentiary and in a halfway house, and a carload from a treatment center down the street. Oh yeah, and myself.

Another meeting in a rather remote area, and for that matter the only meeting held on a weekly basis was chaired by a person who used AA language in all they said. In attendance was a van load, eight or so guys, from some sort of detention center, and two other members of the fellowship at large and myself. This experience was not an uncommon one. In Glenwood Springs for instance the meetings are dominated by a treatment facility of adolescent teens who attend all three meetings.

At those meetings the kids interject sayings or phrases taught to them by current clients of the facility, and encouraged by the chairpersons. Things like, after somebody reads the word "over" at the bottom of 12 traditions etc. the group speaks up and says "it's never over." Or when we read "Why Are We Here" toward the end it says "After coming to NA, we realize we were sick people," the kids say "sick sick sick, but getting better," etc. And at the

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end of the meeting after the prayer, they finish with a profanity laden cheer (for lack of better terms), as their way to end. In short these meetings are like an H&I meeting on the outside. Our real concern is that if someone went through the effort of attending their first meeting of NA and experienced some of the things that go on there, would they find it to be attractive. We think not.

There's one difference in Glenwood, her name is Santana S. She has enlisted the support of the addicts from the Vail Valley, and has the willingness to initiate some changes with the meetings in Glenwood. Specifically, to bring clarity to our message of recovery. Through rewriting formats, physically supporting the meetings and educating the staff of the treatment facility, it's our hope that we can improve the atmosphere of recovery at those meetings. Already, simply by attending those meetings on a regular basis, and adding four or five mature members of our fellowship, attendance has begun to increase and the clarity of our message has changed noticeably. More will be revealed. (update September 14, 2008) The format for two of the three meetings have been rewritten and implemented. The Monday Glenwood meeting is now a full on Text study of the first 103 pages. The Friday meeting topic comes from the "Just for Today" meditation book. A clarity statement is read at both meetings and attendants has noticeably increased regarding members at large.

Aspen: those meetings are for the most part well attended. The Tuesday and Thursday night meetings have approximately 30 to 40 in regular attendance. The Monday, Wednesday and Friday meetings average 10 or so. The Saturday meeting in Carbondale at the J. Walker Lodge may be of some concern. It doesn't seem to have a service structure, i.e., members who are responsible for that meeting. I could be wrong about that-- maybe I was there on an off night. The Sunday night Basalt meeting is anchored by David L. and I have known this man for 10 years. I trust him with my life. That meeting has 5 to 10 members on a regular basis and is in good hands.

Breckenridge and Leadville are very similar. Very small meetings, with a mixed message of recovery. Nevertheless, members attend them regularly, opening the doors. I would say they put out literature, but that's not the case. Most meetings, maybe 10 of 16, don't have literature available for the attendees. For that matter most of them have a mixed message of varying degrees. 6 of the 16 groups make a noticeable attempt to provide a clear message of recovery. Quite simply, it's due to the trusted servants of those groups and the way in which they facilitate that message being provided in the meeting. We could talk about that all day, but I know you know what I'm talking about.

Lastly, regarding meetings. There are a few I have not mentioned. The Avon meeting is doing quite well. I have never been this confident that a meeting could become self-sustaining in the Vail Valley. As a matter of fact, this group has begun to do some serious outreach work, and is focusing on providing the local jail with a library of Narcotics Anonymous Texts and literature. A second meeting has now started in Eagle. A woman who was not

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attending the Avon meeting started this meeting on her own. She had only a few days completely clean you know - drugs "and" alcohol. Some of the members from the Avon meeting jumped right on it. We must let that meeting find its own way. But the dedication of the members from the Tuesday night group, to support that meeting and help provide experience, strength and hope has been impressive. I know they will continue to do so indefinitely. (update September 19, 2008) The Eagle meeting voted on September the 18<sup>th</sup> to change the meeting format to a literature discussion group. They will be reading exclusively from the Text. It also has a completely revised format, including a clarity statement and a new name.

So, taking into consideration the information gathered on "Alan's Excellent Adventure," what does the Mountains West Area, and the members living there, do with the information gained? First things first. Those members who have this information met Aug. 19 and came to one resolve. We need to clean up our side of the street. Making a commitment to provide a clear message of Narcotics Anonymous recovery in all we say and do. Second, is to provide accurate information. Done! Don T. helped and provided a new meeting schedule in a Word document, that is both accurate and attractive at the same time. Thanks Don, I was running out of "whiteout."

And how about in the bigger picture? We have compiled a list of some 30 e-mail addresses as well as physical addresses for those without email, to begin some sort of communication/newsletter updating interested members on what's happening in our area. That first newsletter has been written and is being sent. In short it thanked everyone for welcoming myself and my crew, gave a short, soft interpretation of my travels, and lastly invites them all to attend a meeting of the Mountains West Area to be held Saturday, October the 25<sup>th</sup> 1:30 p.m. in Ballroom C at CRCNA XXII. Thanks CRCNA XXII committee for the idea, time and space.

Frankly, I don't know who will attend or what we will discuss. I don't feel compelled to bring up the things I experienced in my travels. Actually, I feel honored to have fulfilled this commitment. And, regarding the specific things I experienced which some of us may find puzzling or troubling, I guess in some way it's like what Jimmy K. and our predecessors faced years ago when there was no such thing as N.A. language. Even today, in many areas Narcotics Anonymous is still a foreign language. Actually, when you think about it this makes a lot of sense. After all, when we get clean in an area with only one meeting, that's probably the only experience, those members have with NA. In addition to that, some of them attend 2 or 3 meetings a week, may be more of the other fellowship because were told to go to as many meetings as possible.

Naturally as a result, we can only share what we know. So, we hear a lot of "addict-alcoholic", "clean and sober", "one day at a time" etc. It's my opinion that it's OK. After all, Jimmy K. used those terminologies into the mid-eighties himself. It's probably similar to

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growing up in a house where our family speaks only their native tongue at home and we speak another language on the streets. I personally am filled with gratitude that these trusted servants show up, unlock the door, put out the literature and conduct a meeting. **Thank you to everyone who unlocks the door and provides the opportunity for someone, anyone to hear the lifesaving message of Narcotics Anonymous recovery.**

In conclusion, many people who I met in my travels had interest in reforming the Area in some way, shape or form. I think we'll start with the basics, one big group hug of my brothers and sisters from the Area, and then we'll see what happens from there. More will be revealed on "Alan's Excellent Adventure."

With gratitude and loving service,

Alan H.  
Member of Narcotics Anonymous  
Mountains West Area  
Colorado Region

**Question and discussion:**

- Many thanks to Alan, it speaks volumes to what can be done
- It's great to express to these groups that we care.
- Since 6 of 16 groups did not put out literature, we would like to provide them some. A motion to get a basic literature pack for each group will be submitted.
- Alan and others will bring the literature to the groups.
- He will be sending around a "newsletter" to the meetings in the area as a means of communication.

**RCM REPORT OTW: by Karen**

RCM Report to Region  
Sept 20, 2008

Our last ASC met in Ft Morgan last month, it was well attended.

**Activities:** Cosmic bowling Sat 20, in Greeley. The committee play is this Friday Sept. 26<sup>th</sup> in Fort Collins.

**H&I:** Island grove and Harmony facilities are going well. LCDC would like to see a noon meeting in there; we are not able to accommodate them at this time.

**PI:** not present at this time

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**ELECTIONS:** New PI Chair, Jared

Open positions:

Vice-Chair

Merchandise

Newsletter

Questionnaires for the addicts in Colorado were given out at the Sept ASC, therefore we don't have them back at this time. Our area is thrilled, involved, and ready for CRCNA XXII!!!!

Grateful to Serve,

Karen C. RCM 1

Newt RCM 2

**RCM REPORT PPANA 1: report by Steven**

**RCM Report  
September 21<sup>st</sup> 2008**

The Pikes Peak Area of Narcotics Anonymous has met twice since our last regional Assembly. First on August 7<sup>th</sup> and again on September 4<sup>th</sup>. Unfortunately, at our last Area Service meeting, near the beginning of this month, we were unable to conduct area business due to a lack of qualified voting members in attendance. Our donation to the Region this month is 200.00.

Most Area Service positions are now filled in the Pikes Peak Area with the exception of a Public Relations chair and CRCNA Liason. There have been several new meeting that have begun recently in the Pikes Peak Area and all of those new meeting have been added to both the regional and NAWS websites. Be sure and check them out when you have the chance.

**PPAH&I**

The Pikes Peak Area H&I Committee is doing well and growing. All of its service and coordinator positions are now being filled. After holding an H&I orientation last month for interested members of the fellowship, several new volunteers have stepped up to do service. Currently the H&I subcommittee is in the process of organizing a learning days and Jayme and I will keep you posted as this event approaches, the next PPA H&I meeting will be held on 09/ 28.

In response to the regional PI questionnaires, Jayme did make them available to the local fellowship of the Pikes Peak Area for review and discussion, but unfortunately neither Jayme nor I have received any of the completed forms to return to Don at this time. However on the brighter side we have been provided with our phone line information and I have given this information to Carlos for his review. As usual the difficult part of this process has been in getting volunteers to complete and turn in their phone line logs. But what information we have has now been made available.



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As many of you may know the Pikes Peak Area formed an Ad Hoc committee several months in order to pursue the bid for next years CRCNA and they have been a busy little ad-hoc. Since our last regional assembly in their attempts to choose the right venue for the event, The committee met to decide which hotel would be the best to host CRCNA. Tina W. and Denise W. toured three hotels and met with other interested members and chose.... Crowne Plaza for next Years CRCNA. Thanks to Kevin W for all his hard work.

All other service committees in the Pikes Peak Area are running smoothly. And finally Happy NA anniversary to Tina W. who celebrated 10 years clean on September 11<sup>th</sup>.

In Grateful Service  
Steven R.  
PPARCM

**RCM FROM SERENITY UNLIMITED: absent**

**RCM FROM SOUTHERN: absent**

**OLD BUSINESS**

Many people had left for an activity, but it was determined we had a quorum

**Proposal #1: Out of Order, the makers are gone and the ad hoc dissolved**

To provide an information line and phone service to the Area's which currently do not have service if requested by the Areas

Intent: To provide them with functional phone line services during the investigation stages of the 1-800 line

Maker: Tina W CRCNA Vice Chair

Second: Leslie S BASC RCM

Question and discussion:

- Reece and Alan discussed sharing the Mountain West phone line for meeting information
- Staying in contact by phone is easy. The 2 areas split more in response to travel distance than phone contact.

**Proposal #2: does not pass, 6 stand asides**

To Make Outreach a standing subcommittee of the CRSC

**Intent:** Since the creation of a PR Subcommittee did not occur, the work needing to be done in Outreach far exceeds the abilities of the RDA and the Regional PI Committee as defined in the currently approved CRSC guidelines. Therefore, Outreach needs to be a separate standing subcommittee if we (the CRSC) truly are going to fulfill our primary purpose of caring the message of NA and accomplish our vision.

Maker: Linda L

Second: Joann D

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**Question and discussion:**

- This can wait until after the PR ad hoc is finished
- We have outreach to do now and we should get too it. It has been getting pushed forward for too long
- There is a provision in the CRSC to create and use guidelines to be ratified at the next assembly
- If it gets moved forward, PR ad hoc chair will not allow the ad hoc subcommittee to become outreach
- It is not that the current work is unappreciated, but it's putting the cart before the horse
- Opinions of those with reservations
  - It is a long time until the assembly, but the CRSC has to give the GSRs a voice
  - It is inefficient to set it up now , then redo it in April with the PR proposals
  - Flip flopping is not efficient. We do not need more guidelines and subcommittees, we need action
  - We already appointed a resource person to fill the gap. We currently have the ability to do the work
  - We had a proposal at the last assembly that wasn't heard, another that wasn't passed and we're stilling going down the same path. It gives region a bad rep when we don't do as the assembly directed.
  - This is why the ad hoc was created, let them address outreach through their process
  - It will cause a new budgetary category that will than need rewritten, it is not efficient
  - Opinions of those pro
  - We need the services now
  - H&I and PI are standing committees now, this is more of an addition to guidelines not changing them

**ELECTIONS**

PI Chair: Tawni C. nominated and elected. She qualified with 21 years clean, served as PI chair for Foothills Area. She is willing to serve and understands she must be present at all CRSC meetings. She has a strong background in PI.

RDA: Chuck C. nominated and elected. He accepted and sees this as an opportunity to make amends for an unfinished RD commitment. He qualified with 21 years clean, experience as RD, RDA, H&I and PI chair. He has been involved in service from the beginning. Job will not be in conflict, as it was the last time.

We discussed conflict with his wife serving for the CRSC and determined there was none.

**NEW BUSINESS**

**Proposal #1: Passed, full consent**

To financially support (literature, flyers, travel, per diem, possible motels, etc.) the outreach efforts of the PR Adhoc Committee to gather information (1st of the planning steps in the Area Planning Tool) about nonfunctioning Areas and detached Groups. This info will be gathered through road

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trips to these locations. NOTE: PR encompasses a 2 pronged approach: the general public/professional and the NA Fellowship

**Intent:** Therefore, the intent of this proposal is to gather information: (1) about Regional PR needs, (2) to establish lines of communications while doing outreach to detached Meetings/Groups (those NA bodies who do not participate in Areas and/or Region), and (3) to contact H&I and PI facilities and professionals while out of town

Maker: Linda L Chair PR adhoc subcommittee

Second: Joann D RCM MHASC

**Question and discussion:**

- It's great idea, but the wording is a bit loose
- Costs will be set by the per diem formula set forth in the CRSC guidelines

**Proposal #2: Passed, full consent**

Request not to exceed \$30.00 for secretary supplies, two notebooks and plastic sleeves

**Intent: To continue the paper copies of CRSC minutes**

Maker: Teresa K

Second: Peggy Z

**Question and discussion:**

**Proposal #3 : Passed, full consent; note that \$300, instead of literature, was given to Alan H.**

To give Alan H literature for the 6 groups in Mountain West area, not to exceed \$300.00

**Intent:** To get literature to groups in the area

Maker: Teresa

Second: Don T

**Question and discussion:**

- Alan will order the literature, distribute it, and bring back a receipt for reimbursement

**Proposal #4 : tabled for group input**

To separate the regional assemblies to occur in April and September

**Intent:** For our region to function in a timely manner without having to wait until April

Maker: Karen

Second: Brian S

**Question and discussion:**

- There is too much time between the July assembly and the next one in April. Many things that need GSR approval have to wait.
- The current schedule is set because of the bi-annual CAR report, which requires a conscious in April and is reported on in July
- The report could wait until September
- Have to keep winter driving conditions in mind
- The CRCNA bid is due in July, September could be too late and the April assembly is full with the CAR

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- We need to ask the groups, but be sure they are aware of the scheduling needs discussed.

**Open Discussion:**

The United Way wanted to list us as a contact for Addictions Service, but they also add us to their list of supporters. It was declined due to tradition violations

**DISBURSEMENTS:** rent (\$50.00), literature (\$300), supplies (\$30.00)

**CLOSING TREASURER REPORT:**

in	\$ 831.61
out	\$ 380.00
total	\$ 2624.10
<b>DONATION TO WORLD</b>	<b>\$ 500.00</b>
Ending balance	\$ 2124.10

**DECISIONS MADE:**

**Regarding webpage request:** Decided that the Webservant will pass the request on to those best suited to answer the individual situation. Everyone should "reply all" when they answer an email both to allow the Webservant to track that request and so that others can frame additional replies in a unified manor.

CLOSE at 4:20 pm

**ADDENDUM A:** complete CRCNA Treasure report with details

	Sep 17, 08
<b>Income</b>	
01 · Interest Income	0.34
<b>02 · Total Pre-Registration</b>	
02.1 · Early Bird Registration	2,125.22
02.2 · Pre-Convention Registration	275.00
02.3 · Full Priced Registrations	0.00
02.4 · Online Early Bird Registrations	1,300.00
02.5 · Online Pre-Conv Registrations	1,675.00
02 · Total Pre-Registration - Other	0.00
<b>Total 02 · Total Pre-Registration</b>	<b>5,375.22</b>
<b>03 · Registration Merchandise Sales</b>	
03.1 · By Mail	900.00
03.2 · At Events	270.00
03.3 · Out of State Sales	0.00
03.4 · On-Site	0.00
03.9 · Cash Bank Return	0.00

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03 · Registration Merchandise Sales - Other	0.00
<b>Total 03 · Registration Merchandise Sales</b>	1,170.00
<b>04 · Registrations On Site</b>	
04.1 · Daypass Registrations	0.00
04.2 · On-Site Registrations	0.00
04 · Registrations On Site - Other	0.00
<b>Total 04 · Registrations On Site</b>	0.00
<b>05 · For The Newcomer</b>	
05.1 · Newcomer Donations	493.94
05 · For The Newcomer - Other	0.00
<b>Total 05 · For The Newcomer</b>	493.94
<b>06 · Merchandise</b>	
<b>06.1 · Pre-Convention Sales</b>	
06.1.1 · Sponsee Breakfast	607.00
06.1.2 · Mexican Dinner	80.00
06.1.3 · Chili Cookoff	0.00
06.1.4 · Unity Days	400.00
06.1.9 · Unknown Meetings / Events	2,596.00
06.1 · Pre-Convention Sales - Other	0.00
<b>Total 06.1 · Pre-Convention Sales</b>	3,683.00
<b>06.2 · On-Site Merchandise Sales</b>	
06.2.1 · Cash Sales	0.00
06.2.2 · Credit Sales	0.00
06.2.3 · Gift Certificates	0.00
06.2 · On-Site Merchandise Sales - Other	0.00
<b>Total 06.2 · On-Site Merchandise Sales</b>	0.00
06.3 · Commission - Jewelry Sales	0.00
06.4 · Commission - Tape Sales	0.00
06.9 · Cash Bank Return	50.00
06 · Merchandise - Other	38.75
<b>Total 06 · Merchandise</b>	3,771.75
<b>07 · Fundraising &amp; Entertainment</b>	
<b>07.1 · Convention Auction</b>	
07.1.1 · Auction - Cash Sales	0.00
07.1.2 · Auction - Credit Sales	0.00
07.1 · Convention Auction - Other	0.00
<b>Total 07.1 · Convention Auction</b>	0.00
07.2 · Convention Raffle - (INACTIVE)	0.00
07.3 · Convention Live Entertainment	0.00
07.4 · Convention Dance	0.00

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<b>07.5 - Pre-Convention Admissions</b>	
07.5.1 - Sponsor/Sponsee Breakfast	897.00
07.5.2 - Mexican Dinner/Dance	1,005.00
07.5.3 - Chili Cookoff	0.00
07.5.9 - Minor/Unknown Event Admisssion	1,053.42
07.5 - Pre-Convention Admissions - Other	<u>0.00</u>
<b>Total 07.5 - Pre-Convention Admissions</b>	<b>2,955.42</b>
<b>07.6 - Pre-Convention Prizes/Drawings</b>	
07.6.1 - Sponsee Breakfast	355.00
07.6.2 - Mexican Dinner / Dance	220.00
07.6.3 - Chili Cookoff	0.00
07.6.4 - Poker Run	110.00
07.6.9 - Minor/Unknown Fundraising	0.00
07.6 - Pre-Convention Prizes/Drawings - Other	<u>0.00</u>
<b>Total 07.6 - Pre-Convention Prizes/Drawings</b>	<b>685.00</b>
07.9 - F&E Cash Bank Return	100.00
07 - Fundraising & Entertainment - Other	<u>0.00</u>
<b>Total 07 - Fundraising &amp; Entertainment</b>	<b>3,740.42</b>
<b>08 - Hotel Food &amp; Beverage Sales</b>	
08.1 - Banquet Sales	3,575.00
08.2 - Breakfast Sales	1,560.00
08 - Hotel Food & Beverage Sales - Other	<u>0.00</u>
<b>Total 08 - Hotel Food &amp; Beverage Sales</b>	<b>5,135.00</b>
<b>09 - Misc Income</b>	
09.1 - Donations	0.00
09 - Misc Income - Other	<u>4.50</u>
<b>Total 09 - Misc Income</b>	<b><u>4.50</u></b>
<b>Total Income</b>	<b>19,691.17</b>
<b>Expense</b>	
101 - Admin - Bad Check Fees	4.25
102 - Admin - Bad Checks	0.00
103 - Admin - Bank Charges	141.94
104 - Admin - Insurance	0.00
105 - Admin - Equipment Rental	330.00
106 - Admin - Credit Card Fees	66.60
107 - Admin - Postage / Supplies	0.00
108 - Admin - Sales Permits / Tax Lic	16.00
109 - Admin - Misc Expense	8.57
110 - Newcomer Fund Year End Purchase	844.81
201 - P&D - Banner Design	0.00
202 - P&D - Banner Printing	169.47

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203 · P&D - Signs	0.00
204 · P&D - Logo Development	0.00
205 · P&D - Prize for Logo Winner	0.00
206 · P&D - Shipping	0.00
207 · P&D - Brochure Development	0.00
208 · P&D - Brochure Printing	0.00
209 · P&D - Program Development	0.00
210 · P&D - Program Printing	0.00
211 · P&D - Postage / Supplies	0.00
299 · P&D - Misc Print Expense	0.00
301 · F&E - Convention Dance	450.00
302 · F&E - Convention DJ	550.00
303 · F&E - Conv Live Entertainment	0.00
304 · F&E - Misc Conv Entertainment	0.00
305 · F&E - Convention Decorations	0.00
306 · F&E - Sponsor Breakfast	
306a · Hall Rental	300.00
306b · Food & Beverage	135.00
306c · Prizes	90.00
306d · Misc Expense	0.00
306 · F&E - Sponsor Breakfast - Other	<u>0.00</u>
Total 306 · F&E - Sponsor Breakfast	525.00
307 · F&E - Poker Run	
307a · Hall Rental	0.00
307b · Food & Beverage	0.00
307c · Prizes	0.00
307d · Misc Expense	0.00
307 · F&E - Poker Run - Other	<u>0.00</u>
Total 307 · F&E - Poker Run	0.00
308 · F&E - Chili Cookoff	
308a · Hall Rental	150.00
308b · Food & Beverage	300.00
308c · Prizes	0.00
308d · Misc Expense	0.00
308 · F&E - Chili Cookoff - Other	<u>0.00</u>
Total 308 · F&E - Chili Cookoff	450.00
309 · F&E Mexican Dinner	
309a · Hall Rental	335.00
309b · Food & Beverage	552.50
309c · Prizes	487.50
309d · Misc Expense	0.00
309 · F&E Mexican Dinner - Other	<u>0.00</u>
Total 309 · F&E Mexican Dinner	1,375.00

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<b>310 · F&amp;E Boulder Pig Roast</b>	
310a · Hall Rental	125.00
310b · Food & Beverage	524.09
310c · Prizes	0.00
310d · Misc Expense	0.00
<b>310 · F&amp;E Boulder Pig Roast - Other</b>	<u>0.00</u>
<b>Total 310 · F&amp;E Boulder Pig Roast</b>	649.09
390 · F&E - Postage / Supplies	0.00
391 · F&E - Misc Expense	0.00
399 · F&E - Cash Bank	200.00
401 · Merch - Bags	0.00
402 · Merch - Non-Conv CC Phonedines	0.00
403 · Merch - Pre-Conv Merchandise	1,382.70
404 · Merch - On-Site Merchandise	1,983.16
405 · Merch - Shipping	216.82
406 · Merch - Equipment Rental	0.00
407 · Merch - Sales Tax	63.60
408 · Merch - Postage / Supplies	32.24
410 · Merch - Misc Expense	0.00
499 · Merch - Cash Bank	100.00
501 · PRG - Mail Speaker Hotel Rooms	0.00
502 · PRG - Main Speaker Registration	0.00
503 · PRG - Main Speaker Meals	55.00
504 · PRG - Main Speaker Travel	485.00
505 · PRG - Speaker Gifts	0.00
506 · PRG - Creative Project Expense	0.00
507 · PRG - Postage / Supplies	0.00
508 · PRG - Misc Expense	19.44
599 · PRG - Cash Bank	0.00
601 · REG - Badges & Lanyards	0.00
602 · REG - Registration Packet Items	1,059.66
603 · REG - Registration Merchandise	1,060.00
604 · REG - Reg Merch Sales Tax	0.00
605 · REG - Equipment Rental	0.00
606 · REG - Postage / Supplies	217.56
607 · REG - Misc Expense	0.00
699 · REG - Cash Bank	50.00
701 · H&H - Audio Visual	0.00
702 · H&H - Power Fees	0.00
703 · H&H - Staging / Risers	0.00
704 · H&H - Center Pieces	0.00
705 · H&H - Hospitality Room Rental	0.00
706 · H&H - Hospitality Room Supplies	500.00
707 · H&H - Marathon Mtg Room Rental	0.00
708 · H&H - Room Security (Re-Keys)	0.00
709 · H&H - On-Site Office Rental	0.00



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<b>710 · H&amp;H - Facility Fees</b>	
710a · Facility Rental	0.00
710b · Service Fees	0.00
710c · Phone Lines	0.00
710d · Room Turn Fees	0.00
710 · H&H - Facility Fees - Other	<u>0.00</u>
<b>Total 710 · H&amp;H - Facility Fees</b>	0.00
711 · H&H - Conv Center Deposit	0.00
712 · H&H - Hotel Service Charges	
712a · Service Fees (no F&B fees)	0.00
712b · Phone Lines	0.00
712 · H&H - Hotel Service Charges - Other	<u>0.00</u>
<b>Total 712 · H&amp;H - Hotel Service Charges</b>	0.00
713 · H&H - Hotel Deposit	1,000.00
714 · H&H - Room Turns	0.00
715 · H&H - Banner Hanging Fees	0.00
716 · H&H - Food & Beverage	
716a · Meals	0.00
716b · Coffee	0.00
716c · H&H - Sheet Cakes	0.00
716d · 20% Service Fee	0.00
716 · H&H - Food & Beverage - Other	<u>0.00</u>
<b>Total 716 · H&amp;H - Food &amp; Beverage</b>	0.00
717 · H&H - Postage / Supplies	0.00
718 · H&H - Sales & Use Taxes	0.00
719 · H&H - Misc Expense	46.86
720 · H&H - Table Giveaways	440.00
801 · H&I - Literature	0.00
802 · H&I - Shirts	400.00
803 · H&I - Registration Packets	0.00
804 · H&I - Postage / Supplies	0.00
805 · H&I - Misc Expense	<u>0.00</u>
<b>Total Expense</b>	<u>14,892.77</u>
<b>Net Income</b>	<u><u>4,798.40</u></u>



# For the Group: You Are Not Alone

**The Colorado Regional Service Committee of Narcotics Anonymous exists to support our member groups and areas in their effort to carry the message to the addict that still suffers. It is our vision that every addict has the opportunity to find recovery in Narcotics Anonymous regardless of where they live within the Colorado Region.**

*Colorado Regional Service Committee of Narcotics Anonymous Vision Statement*

***Some of the ways and means we can support your group in your effort to carry the message to the addict who still suffers:***

- ✓ Provide a two-way line of communication from your members to the rest of the Narcotics Anonymous Service structure.
- ✓ Keep your meeting information accurate
- ✓ Provide "printable" meeting lists for your group to distribute.
- ✓ Provide ideas on how to solve any problems as they arise.
- ✓ Provide a place to vent when your members feel isolated and alone.

## **To contact the Colorado Regional Service Committee:**

**by e-mail:**

**by snail mail:**

CRSC  
PO BOX 1437  
Denver, CO 80201

**by phone:**

Don T CRSCNA WEB Servant  
(720) 555-1212

## **On line Resources for your Group**

CRSCNA Website:

<http://www.nacolorado.org/index.php>

NA World Services:

<http://www.na.org/>



# For the Professional:

**Narcotics Anonymous** is a nonprofit, international, community-based organization for recovering addicts, which is active in over 130 countries. Narcotics Anonymous (NA) members learn from one another how to live drug-free and recover from the effects of addiction in their lives.

Membership in NA is not limited to addicts using any particular drug. Those who feel they may have a problem with drugs, legal or illegal, including alcohol, are welcome in NA. Recovery in NA focuses on the problem of addiction, not on any particular drug. Since no attendance records are kept, it is difficult to estimate what percentages of those who come to Narcotics Anonymous ultimately achieve long-term abstinence. The only sure indicator of our success is the rapid growth in the number of Narcotics Anonymous groups over the last several years and the rapid spread of Narcotics Anonymous outside North America, as of April 2008, there are over 50,000 weekly meetings in 130 countries.

*Reprinted with permission from: Narcotics Anonymous: A Resource In Your Community*

***The Colorado Regional Service Committee of Narcotics Anonymous does provide support to our local groups' effort to carry the message and some of the services that the Colorado Regional Service Committee can provide to professionals are:***

- ✓ **Facilitating Community Awareness Meetings.**
- ✓ **Attending local Health Fairs and Conferences.**
- ✓ **Conducting Presentations for informational purposes.**
- ✓ **Providing accurate Meeting Lists for your local community.**
- ✓ **Conducting meetings or presentations in local hospitals, jails, addiction treatment facilities, detox centers, and other institutions.**

## **To contact the Colorado Regional Service Committee:**

**by e-mail:**

**by snail mail:**

CRSC  
PO BOX 1437  
Denver, CO 80201

## **On line Resources:**

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